CURRICULUM VITAE

Sheethal sunny Viruppamattathil House Elanji (PO) Ernakulam District Kerala, India

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PERSONAL DETAILS

Name : Sheethal Sunny

Age : 36

Sex : Female

Marital status : Married

Date of Birth : 25.08.1986

Religion : Christian

Language and Literacy:

Read and Write : English, Malayalam.

Speak : English, Malayalam, Tamil, and Hindi Basics

Academic Qualifications

| Qualification | Board/university | Year of Pass | Institute |
|--------------------------------|---------------------------|-----------------|----------------------------------------------------------|
| MSW Medical & Psychiatry | Bharathiyar University | 2011 | CSI. Bishop Appasamy college of arts &science Coimbatore |
| BSc Physics | M G University | 2008 | St.Stephens College Uzhavoor |
| Plus Two | State board | 2005 | St.Peters HSS Elanji |
| SSLC | State board | 2002 | St: Peters HSS Elanji |

DIPLOMA QUALIFICATION

POST GRADUATE DIPLOMA IN COUNSELLING AND GUIDENCE

PROJECT

❖ A STUDY ON ANXIETY AMONG SCHOOL CHILDREN

AREAS OF SPECIALTY

- Sexual Abuse
- Substance Abuse
- Counseling Centers
- Child Care homes
- Mental Health Rehabilitation Centers
- Community Organization

FIELD EXPERIENCE

- * KOVAI REHABILITATION AND INFORMATION SERVICES FOR THE HANDICAPPED (KRISH), KOVAI THIRUNAGAR, COIMBATORE from 13 December 2009 to 1 April 2010. Under the guidance of Mrs.YOGAVATHI, Director
- ❖ MADHU HARI COUNSELING CENTER; COWLEY BROWN ROAD, R.S. PURAM, COIMBATORE from 30th June 2010 to 6th October 2010. Under the guidance of Dr.N.LAKSHMANAN.MA.MPHIL(M&SP).PhD, clinical psychologist
- * KASTURBA GANDHI MEMORIAL DE-ADDICTION, REHABILITATION
 & RESEARCH CENTER, VARADARAJAPURAM, COIMBATORE (1st December 2010 to 13th January 2011. Under the guidance of Dr.K.REGUNATHAN, PSYCHIATRIST
- **❖ COIMBATORE SPASTIC TRUST, R.S.PURAM, COIMBATORE** from 19th January 2011 to 3rd march 2011 under the guidance of **Mrs. PREMA V. JOSEPH, programme Director**
- **❖** CARDINAL SPECIALITY HOSPITAL, CHEENKALLEL, KOTTAYAM; from 5 may 2011 to 4 June 2011, under the guidance of Dr. George, psychologist.

WORK EXPERIENCE:

- **❖** AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR; from 7th may 2012 to 10th September 2013, as medical social worker.
- **❖ SREE SUDHEENDRA MEDICAL MISSION HOSPITAL, ERNAKULAM;** From 1.8.2015 TO 1.11.2016, as Patient Relations Executive.
- **❖ LISIE HOSPITAL, ERNAKULAM; From 28.12.2017 to 3rd February 2020, as Emergency Medicine Public/Customer relation officer**

SEMINAR PARTICIPATION:

- MEDICAL AND PSYCHIATRIC SOCIAL WORK ASSOCIATION COIMBATORE held on 20th February 2011
- 2. Orientation Workshop on "DISABILITY MANAGEMENT" on 17th and 18th September 2010 at Dr.USHA KIRTILAL MEHTA CONVENTION CENTRE, BHARATHIAR UNIVERSITY.
- 3. THE YOUNG WOMEN'S CHRISTIAN ASSOCIATION held on 8th march 2010

SUMMARY OF QUALIFICATION:

- Remarkable ability to develop trusting relationships with clients without becoming emotionally involved.
- Deep knowledge of family violence treatment and child sexual abuse assessments and therapeutic interventions.
- Excellent interpersonal, listening and communication (both written and spoken) skills.
- Ability to work independently and handle pressure.
- Deep love and interest in people's care and well-being.
- Sound organization skills, goal-oriented, excellent at reporting, and tremendous persistent.
- Emotionally mature and ability to handle responsibility.

CAREER OBJECTIVE

- 1. To be an effective future and have both personal and professional gains, that may contribute to the society and my organization itself.
- 2. To seek a full-time & growth oriented career in your organization that will utilize my abilities and contribute my best to achieve employer objectives.
- 3. To secure a challenging position in the hospital or NGO's by utilizing my inner skills and abilities that offers professional growth while being resourceful, innovative and flexible.

MY STRENGTHS:

• A team player, Initiative, Positive attitude, Hardworking and dedication

I do here by declare that the information furnished above are true and correct to the best of my knowledge and belief.

| Place: Elanji | |
|---------------|------------------|
| | Yours Faithfully |
| Date: | |
| | [SHEETHAL SUNNY] |