



LINI PR

PHYSIOTHERAPIST

Contact

-  Pulikkottil House
P O Arthat
Kunnamkulam
thrissur
-  linipr2016@gmail.com
-  9633612759

Skills

- Patient Handling
- Listening Skills
- Physical Evaluation
- Good communication skills

Language Proficiency

- English (Fluent)
- Malayalam (Fluent)
- Hindi (Elementary)
- Tamil (Elementary)

Career Objective

I am a dedicated and hardworking professional seeking responsible position to utilise my clinical and educational experience in the field of physical therapy and rehabilitation that offers best professional growth and challenging opportunities.

I have the confidence and courage to treat and care for any type of patient with humility and modesty. My efforts will be excellent for each patient I care for and I will be fully responsible for their well-being.

Academic History

Bachelor of Physiotherapy 2016–2021 71%

Little Flower Institute of Medical Sciences and Research,
Angamaly, Ernakulam

Higher Secondary Education 2014–2016 91%

Government Model Higher Secondary School,
Kunnamkulam

Secondary School Education 2014 98%

Bethany Convent Girls Higher Secondary School,
Kunnamkulam

Clinical Experience

During course of UG

Little Flower Institute of Medical Sciences and Research,
Angamaly, Ernakulam

During Internship

- Sreechitra tirunal institute for medical sciences and technology, trivandrum
- Elite mission hospital koorckenchery , Thrissur (Sports Physiotherapy)
- Believers church medical college hospital, Thiruvalla
- Little flower Institute of Medical Sciences and Research Center, Angamaly

During Internship I was posted in following departments;

- Physiotherapy OPD
- Orthopedics preoperative and post-operative
- Sports Rehabilitation
- Cardiothoracic (including icu and post-operative) Neurology and neurosurgery
- General medicine& General surgery
- Pediatric and neonatal
- Plastic surgery & Hand rehabilitation
- Physical medicine rehabilitation
- Multidisciplinary intensive care unit

Work Experience

- Worked as a physiotherapist at Thrissur Rehabilitation Centre, Clinic for Advanced Physiotherapy & Occupational Therapy, Thrissur ,kerala, India from the date 14th March 2022 to 30th June 2022.

Professional Development

- **STROKE REHABILITATION BASIC AND NDT APPROACH** –conducted by Dr prabhat Ranjan, on 24th april 2022 at Cochin Kerala
- **POST PANDEMIC PAEDIATRIC PHYSIOTHERAPY** – WEBINAR organised by COMPOSITE REGIONAL CENTRE FOR SKILL DEVELOPMENT, REHABILITATION & EMPOWERMENT OF PERSONS WITH DISABILITIES, KOZHIKODE on 03 August 2020
- **INTERNATIONAL DRY NEEDLING PRACTITIONER (BASIC MODULE)**–workshop conducted on 12th and 13th march 2022 in kochi
- **BONE AND MUSCLE PALPATION** –Workshop Organised by PT Training at Thiruvananthapuram on February 2022
- **Assisted in physiotherapy** organised by **WOHL PHYSIO** for Navy marathon held at Cochin port trust ground, Kochi on 17 November 2019
- **PHYSIOTHERAPY CONFERENCE – QINETICS 2018** organised by LITTLE FLOWER INSTITUTE OF MEDICAL SCIENCES AND RESEARCH, ANGAMALY ,on 13 March 2018 at LIMSAR, Angamaly.
- **PHYSIOTHERAPY UPDATE IN CRITICARE**– Symposium organized by MEDICAL TRUST INSTITUTE OF MEDICAL SCIENCES , COLLEGE OF PHYSIOTHERAPY , IRIMPANAM , On 23 February 2019

- **PHYSIOTHERAPY NATIONAL CONFERENCE 2018** organised by CHARTERED SOCIETY OF PHYSIOTHERAPY TEACHERS, Kozhikode on 12 & 13 May 2018
- **PHYSIOTHERAPY AND COVID-19 – WEBINAR** organised by LITTLE FLOWER INSTITUTE OF MEDICAL SCIENCES AND RESEARCH, ANGAMALY ,on 8 September 2020
- **BEHAVIOURAL SKILLS IN TREATING LOW BACK PAIN – WEBINAR** organised by COMPOSITE REGIONAL CENTRE FOR SKILL DEVELOPMENT, REHABILITATION & EMPOWERMENT OF PERSONS WITH DISABILITIES, KOZHICODE on 27 July 2020
- **PHYSIOTHERAPY IN BREAST CANCER REHABILITATION – WEBINAR** organised by COMPOSITE REGIONAL CENTRE FOR SKILL DEVELOPMENT, REHABILITATION & EMPOWERMENT OF PERSONS WITH DISABILITIES, KOZHICODE on 15 October 2020

Research Study

Effect of smart phone overuse on neck posture and deep neck flexor endurance in college students.

Personal Details

Father's name : P I Rajan
Mother's name : Maggy Rajan
Religion : Christian Jacobite
Marital Status : Unmarried
Nationality : Indian
Area of interest : I love the area which I am in.
Hobbies : Reading, Teaching, Travelling

Reference

Prof. Mrs. Remya N
HOD of physiotherapy
Little flower Institute of Medical Sciences
and Research Center, Angamaly
PH: 9567148491

Declaration

I hereby declare that the information furnished above is true and correct to the best of my knowledge and belief.

Place :
Date :

Yours faithfully,
LINI PR