

CURRICULUM VITAE



Reshmi Alex

Punnackal, Thaickal P O
Cherthala, Alappuzha- 688530
Kerala, India
Mobile: 9446366691
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PROFILE:

Two and half years' experience in nursing field in various Medical departments in a reputed Hospital (Fatima Hospital and Research Centre, Perumpadappu, Cochin, India).

Under gone Return to Practice Program (8th Oct-2017 to 08th Feb-2018) in Tawam Hospital (Affiliation with Johns Hopkins Medicine), Al Ain, Abu Dhabi, United Arab Emirates.

License:

1. Former HAAD RN Passer.
2. Kerala Nurses and Midwives Council (Register No: 57311).

PROFESSIONAL OBJECTIVE:

A challenging carrier in a reputed firm, contribute the level best and become an asset of the Organization.

QUALIFICATIONS:

Qualification	University	Year of Passing	Percentage
PLUS TWO	Kerala State Board	2007	81%
S.S.L.C	Kerala State Board	2005	87%

PROFESSIONAL QUALIFICATIONS:

Qualification	University	Year of Passing	Percentage
BSC Nursing	M.G University, Kottayam	2011	Second Class

WORK EXPERIENCE:

Name of the Hospital	Period	Department
Fatima Hospital & Research Centre, Perumpadappu, Cochin, India	20 th July 2012 to 2 nd March- 2015	Medical – Surgical Ward
Return to Practice Program, Tawam Hospital , Al Ain ,UAE	08 Oct 2017 to 08 Feb 2018	Medical One

WORK EXPOSURE:

- Admission and discharge of patient
- Care of Critically ill patient
- Pre and Post-surgical care
- Long standing and terminally ill patients
- Performance of minor surgical procedure (Suturing suture removal, Dressing)
- Assisting in major surgical procedure
- Ward management
- Care of Dying patients & Care of Death
- Tracheostomy care
- Emergency accident and trauma care
- ECG and Telemetry
- Administering Medication
- Intravenous fluid therapy
- Blood Transfusion
- Assisting Doctors for Procedures
- Urinary Catheterization
- Use of Restraints
- Venipuncture
- Enteral Management

EQUIPMENTS USED:

- Thermometer
- BP Apparatus
- Pulse Oxymeter
- ECG Machine
- Nebulizer
- Suction apparatus
- Glucometer
- Alaris Pump
- Feeding Pump
- Telemetry

Computer Skills:

Familiar with Windows 7/XP, Windows Vista, MS Office, Internet surfing and E-mail operations.

Personal Details:

Father's Name : Mr. K.J Alex
Date of Birth : 04-07-1989
Sex : Female
Religion : Christian
Marital Status : Married
Nationality : Indian
Qualification : Registered Nurse Midwife
Languages Known : English, Hindi & Malayalam

REFERENCE:

1. Suzanne Oakley
Acting Nurse Manager,
Nursing Midwifery Education & Research Unit,
RTP Program Coordinator,
Tawam Hospital, Al Ain, UAE
Email: soakley@seha.ae
2. Sana Yaghi
Senior Charge Nurse, Medical One,
Tawam Hospital, Al Ain, UAE
Email: syaghi@seha.ae

DECLARATION:

I hereby declare that all the above-furnished details are true and correct to the best of my knowledge and belief.

Date : 10-09-2022

Place : Kochi

Reshmi Alex