



Dr. AMITHA KARMAL MICHAEL M.B.B.S

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® TCMC Reg. No: 85432

EDUCATION



Under Graduate

2014-2022

Bachelor of Medicine & Bachelor of Surgery (MBBS) –

K.V.G Medical College & Hospital, Sullia, D.K., Karnataka.

Schooling

1998-2012

Seventh - Day Adventist Higher Secondary School, Kaloor.

EXPERIENCE



Internship (CRR)

March 2021 – March 2022

K.V.G Medical College & Hospital, Sullia.

1. Rotational Postings in various departments of KVG MCH, Sullia as follows:

- Casualty
- Otorhinolaryngology
- Orthopaedics
- Paediatrics
- General Surgery including Anaesthesiology
- Obstetrics & Gynecology including Family Welfare Planning
- General Medicine including Psychiatry & Pulmonology and Clinics of :
 - Cardiology
 - Gastroenterology
 - Nephrology
- Community Medicine
- Ophthalmology
- Dermatology
- Radio diagnosis
- Blood Bank

2. COVID Duty at Screening/Fever Clinic & Ward

3. Community Health Centre Posting

- Underwent medical training for 10 days (Jan 2022) while being posted in Taluka Hospital, Sullia.

4. Currently working as Junior Doctor ↓ Cardiothoracic & Vascular Surgery at Lisie Hospital, Kaloor

SKILLS



Basic Life Support (BLS): AHA Accredited from HCI, Kochi (March 2022).

Advanced Cardiac Life Support (ACLS): AHA Accredited from HCI, Kochi (March 2022).

Key Skills:

- Proficient in undertaking patient consultations and physical examinations.
- Liaising with medical staff and senior doctors of own and other departments as well as with auxiliary staff.
- Sound knowledge of clinical practices and protocols.
- Adept at basic interpretation of ECG, X-rays and ABGs.
- Keeping senior doctors updated about the care of their patients.
- Capable of documenting patient reports and other relevant records, carrying out admission and discharge related documents and aiding physician's diagnoses and management.
- Team player with excellent communication skills and good bedside manners.
- Keen about continuing to learn and gain more hands-on experience.
- Capable of learning from mistakes and not repeating them.

Procedural Skills:

1. IV Cannulation - independently & under guidance.
2. Phlebotomy and ABG Sampling - independently.
3. Basic suturing - independently.
4. Catheterisation - independently.
5. Vaccinations and injections (IM/SC/IV) - independently.
6. NG Tube insertion - independently.
7. Wound debridement and dressings - independently & under guidance.
8. Fracture splinting, cast application and removal - under guidance and assisted many times.
9. Ascitic tap - only under guidance.
10. Intubation - only under guidance.
11. Normal delivery - under guidance and assisted many times.

Personal Attributes:

- Highly career driven.
- Strong sense of punctuality and discipline.
- Compassionate towards patients and bystanders.
- Excellent verbal and written communication skills.
- Respectful and efficient team player.
- Attentive to details & perfectionist.
- Easily adaptable & practical.

Languages:

- Malayalam
- English
- Tamil
- Kannada