#### **ASWATHY SANKAR**



#### CONTACT

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#### **SKILLS**

Initiate for doing work.

Leadership and Teamwork

**Patience** 

Hardworking

Individual Contributor.

Effective Communication.

Counselling Skill

Programme co-ordination

Documentation

Report writting

#### LANGUAGES

English

Malayalam

# ACHIEVEMENTS & AWARDS

First class in Diploma in computer application

First class in Word Processing & Data entry

## **OBJECTIVE**

Social work is a very dignified profession which focuses more on the human values. This profession helped me a lot in thinking from others perspective and also to be empathetic. I look for a professional growth and experience and search for a platform where I can fully commit myself with dedication and sheer perseverance

#### **EXPERIENCE**

Assisi Shelter Home Mundakkayam( Aided by Kerala State Social Welfare Board And Govt of Kerala Department of Women and Child Development For Domestic Violence Victims)

November 2021 - April 2022

Family Counselor

Providing Counselling Services for Domestic Violence Victims.

Counselling services for women and children.

Took educational classes for shelter home inmates.

Coordinated programs for for inmates and staffs.

### INTERNSHIP

#### DCPU Kottayam June 2021 - January 2022 ORC Trainer.

Conduct SMART 40 camp for school children. Aim of ORC project is enhance life skill education for the children. In this camp life skills like communication skill, self awareness, empathy, interpersonal relationship, decision making and problem solving, creative and critical thinking, copying with emotions and stress. I had conducted these sessions.

SAMRIDHY SURAKSHA TG PROJECT ( A project of Kerala StateAids Control Society) July 2020 - August 2020 Social worker

Counseling Transgenders about the safety, heath, and sexually transmitted diseases.

BOSCO BANGALORE February 2020 - March 2020 Social worker

I was involved in the rescue and rehabilitation for the children and other related activities conducted during the placement period.

#### Childline Kottayam September 2019 - October 2019 Social Worker

During the placement period I had involved

inoutreach, openhouse programes.

Also done awareness class for the children about Drugs abuseand alcohol abuse.

I also done case work and counseling.

Diuring this period I provide psycho social intervention for thechildren who faced different abuses.

#### DCPU Ernakulam February 2019 - May 2019 Social Worker

I led rescue and sheltering of street children.counseling for adolescent girls with different behaviouralproblems. Also work with KAVAL Project of DCPUTook awareness classes for both boys and girls about the abuses, addiction, and life skill educations.

## KUNNUKARA GRAMAPANCHAYAT August 2018 - August 2018 Social worker

Flood related activities done

Provide psycho social intervention for the flood affected people.

## **EDUCATION**

#### **MG University**

2018 - 2020

MSW(FAMILY AND CHILD WELFARE)

B Grade

#### **MG University**

2014 - 2017

**Bsc.Botany** 

C Grade

#### **Board of Vocational Higher Secondary**

2012 - 2014

Agriculture

74%

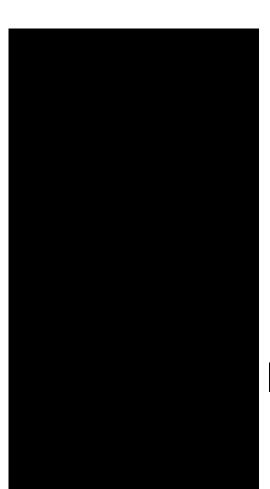
#### **Board of Public Examination**

2012

SSLC

84%

## **PROJECTS**



A study on the perception of educated women about the roll of social Media in women empowerment

In this study the use of social media highly empower the women for their women.

violence cases, giving awareness to women to adopt impressive lifestyle. Moreover it is promoting social awareness among women and educating them about their rights, responsibilities and problems in society. It has suggested socialmedia to educate people about the benefits of women empowerment to society, family and men and aware people about techniques to raise status of women in society.

## REFERENCE

Sr. Ann jose - "Assisi Shelter Home Mundakkayam"

Manager beenajose9744@gmail.com 8281958113

Jijo joy - "De Paul Institute of Science and Technology, Angamaly"

Head of the Department of social work jijojoy@depaul.edu.in 8078340725