

**MS. Aleena Paul**  
aleenapaul1695@gmail.com  
MOB: 7736721098, 6282832226



**PERSONAL DATA**

**NAME : Ms. Aleena Paul**  
**AGE : 27 YEARS**  
**SEX : FEMALE**  
**DATE OF BIRTH : 16-04-1995**  
**PLACE OF BIRTH : Muvattupuzha**  
**RELIGION : Christian**  
**MARITAL STATUS: SINGLE.**

**PRESENT ADDRES**

**Kodikuthyel House**  
**Piravom PO**  
**Ernakulam**  
**Kerala - 686664**

**PERMANENT ADDRESS:**

**Kodikuthyel House**  
**Piravom PO**  
**Ernakulam**  
**Kerala - 686664**

**LANGUAGES KNOWN: ENGLISH, HINDI, MALAYALAM AND TELUGU.**

**OBJECTIVE:**

- **Dedicated Nurse with practical experience, now seeking a position, which will make use of comprehensive health care training, excellent communication skills and self directed prioritization.**

**PROFILE:**

- **Extensive Knowledge of medical equipments.**
- **Demonstrated aptitude for developing new skills.**
- **Readily develop rapport with patients, families, staff and other health care professionals.**
- **Relate well to people from a variety of cultures and socio-economic conditions.**
- **Strong analytical skills easily assess conditions and implements appropriate interventions.**
- **Possess special sensitivity to meeting diverse needs in varied situations.**
- **Proven record of reliability and responsibility.**
- **Recognized for excellent teaching and coaching abilities.**
- **Resourceful in completing projects, ability to multi-task effectively.**

**EDUCATIONAL QUALIFICATIONS:**

• **ACADEMIC QUALIFICATIONS:**

COURSE	BOARD	REG. NO	MEDIUM	YEAR	STATUS
SSLC	KERALA BOARD	255177	Malayalam	2011	PASSED
+2	KERALA BOARD	1230094	ENGLISH	2013	PASSED

**PROFESSIONAL QUALIFICATIONS:**

COURSE	INSTITUTION/UNIVERSITY	MEDIUM	YEAR	CLASS
BSc Nursing	Yashoda College of Nursing Science, Saroor Nagar, Hyderabad	ENGLISH	2017	FIRST CLASS

**CURRENT LICENSING AND CERTIFICATION MEMBERSHIP:**

**AP STATE NURSING COUNCIL**

❖ **REGISTRATION NO. ASSIGNED IN REGISTER OF NURSE : 14619**

**WORK EXPERIENCE:**

- ❖ **WORKED AS A REGISTERED STAFF NURSE IN YASHODA HOSPITAL,  
SECUNDERABAD FROM 16-04-2018 TO 28.07.2019.**
- ❖ **WORKED AS A REGISTERED STAFF NURSE AT CONTINENTAL HOSPITAL,  
HYDERABAD FROM 01-08-2020 TO 10.09.2021.**

**DURING COURSE,**

### **3<sup>RD</sup> YEAR POSTINGS**

- ❖ **2 MONTHS EXPERIENCE IN MENTAL HEALTH DEPARTMENT OF INSTITUTE OF MENTAL HEALTH, Yerragadda Mental Hospital, Hyderabad.**
- ❖ **3 MONTHS EXPERIENCE IN OBG DEPARTMENT OF GOVT. MATERNITY HOSPITAL, KOTTY, HYDERABAD.**
- ❖ **2 MONTHS EXPERIENCE IN PAEDIATRIC DEPARTMENT OF NILOFER HOSPITAL, TELANGANA.**
- ❖ **2 MONTHS CRITICAL CARE EXPERIENCE IN YASHODA HOSPITAL, Malakpet.**

### ❖ **4<sup>TH</sup> YEAR POSTINGS**

- ❖ **4 MONTHS EXPERIENCE IN ICCU OF YASHODA HOSPITAL, Secunderabad.**
- ❖ **2 MONTHS EXPERIENCE IN GOVT. MATERNITY HOSPITAL, KOTTY, HYDERABAD.**
- ❖ **1 MONTH EXPERIENCE IN COMMUNITY HEALTH NURSING IN NANADANAVANAM, HYDERABAD.**

### **SPECIAL TRAINING PROGRAMME:**

- ❖ **WORKED IN PHC GREENPARK COLONY AS PART OF COMMUNITY HEALTH NURSING during 4<sup>th</sup> year course.**
- ❖ **Polio Duty in Saroornagar in Jan 2014.**

### **RESEARCH UNDER TAKEN:**

**To evaluate the effectiveness of a structured teaching programme in Kangaroo Mother Care for Pre Mature Babys Maternity Hospital at King Koti, Hyderabad.**

**JOB DESCRIPTION:**

- **Assists in Invasive procedures.**
- **Assists doctors in operation theatre and Emergency trauma Centre.**
- **Nurses post-operative patients after Major and Minor surgeries.**
- **Administers medications through all routes.**
- **Monitors care and maintains nursing care plans and nurses notes.**
- **Records, reports and interprets all findings related to patient care.**
- **Follows instructions as per doctor's orders.**
- **Liaisons with all departments related to patient care.**
- **Gives patient teaching related to care during and after discharge.**
- **Maintains all equipments and supplies required for patient care.**
- **Takes nursing rounds with seniors and team members to improve standards of patient care.**
- **Participates in emergency care of patients reporting to trauma centre.**
- **Utilizes all nursing comfort measures for patients care.**
- **CPR**
- **Monitoring of C.V.P. & I.C.P.**
- **Care of pressure sore (eg. Frequent Back care & positioning**

- **“Morese” – Fall risk assessment**
- **GCS monitoring and close Neuro observation**
- **Blood Transfusion**
- **Care of invasive catheters (Eg. Central line, Arterial line, IV cannula, Foleys’s catheter, epidural catheter.**

### **PROCEDURES ASSISTED**

- **Resuscitation**
- **Endotracheal intubation and extubation**
- **Arterial Canulation**
- **Lumbar puncturing**
- **Central Venuous Catheterization**
- **Intercostal Drainage**
- **Suturing**
- **Extra Ventricular Drainage**
- **Tracheostomy**
- **ICD Placement**
- **Foleys Catheterization**

### **EQUIPMENTS HANDLED AND USED:**

- **GLUCOMETER**
- **PULSE OXYMETER**
- **SUCTION MACHINE**
- **ECG MACHINE**

- **CARDIAC MONITORS**
- **NEBULIZERS**
- **DEFIBRILLATOR**
- **INFUSION PUMP**
- **SYRING PUMP**
- **VENTILATOR**
- **LARYNGOSCOPE**
- **AMPUBAG**
- **STETHOSCOPE**
- **B.P. APPARATUS**
- **BIPAP**
- **WARMER**

**FUTURE PERSPECTIVES:**

- **To be an exemplary nurse, worthy friend and a caring human being.**
- **MSc NURSING and PhD.**

**REFERENCES:**

**Mr. Dr. Lingaiah  
Medical Director  
Yashoda Hospital  
Secunderabad.  
Phone: 040-27703999**

**Mrs. Meera Augustine  
Nursing Superintendent  
Yashoda Hospital  
Secunderabad  
Phone: 040-27703999**

**Dr. Palepu B Naga Gopal  
Critical Care Medicine Consultant - HOD  
Continental Hospital  
Hyderabad**

**CONCLUSION:**

**IF GIVEN AN OPPURTUNITY TO WORK IN YOUR INSTITUTION I WOULD FULLFILL  
MY RESPONSIBILITY TO THE BEST OF MY ABILITIES.**

**DECLARATION:**

**I DO HEREBY DECLARE THAT THE ABOVE FURNISHED INFORMATION IS TRUE TO  
THE BEST OF MY KNOWLEDGE.**



**PLACE:**

**DATE:**

**Aleena Paul**