



DR. SONIA ANN VARGHESE

Objective

A self-motivated Pharm-D professional, looking forward to associate with an organization that promises a creative career in progressive environment with committed & dedicated people, which will help me to explore myself fully and realize my potential.

Experience

- **GG HOSPITAL, TRIVANDRUM, KERALA** 08/2020-STILL WORKING
CLINICAL PHARMACIST
2 YEAR EXPERIENCE

1. Educated patients on appropriate use of prescription and OTC medications, including side effects, drug interactions, storage, and dosage regimens. Demonstrated proper techniques for using blood glucose monitoring, inhalation, and insulin delivery devices.

2. Developed and mentored pharmacy staff and students. Set objectives, provided training, monitored performance, and coached team members to maximize workflow and deliver quality pharmaceutical care.

3. Medication Reconciliation

All patient files are subjected to medication reconciliation in which

- Dosage, route and timing of each medication is checked along with
- Drug-drug / Food-drug interaction and
- Therapeutic duplication.

Past medication history is collected from patient / bystanders cross checking therapeutic duplication, drug interaction and informed to consultants if any.

4. Medication Chart Review Checklist

5. Prescription audit

6. Antibiotic Audit

7. Crash cart checking

- **TRAVANCORE MEDICAL COLLEGE** 11/2019-03/2020
CLINICAL PHARMACIST
3 MONTHS

Contact

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☎ 9539180835

📍 Anathattu house, Angadical P. O Chengannur

Personal Details

- Date of Birth : 05/12/1993
- Nationality : Indian
- Marital Status : Married

Skills

| | |
|------------------------------|------|
| Clinical applications | 100% |
| Patient care and counselling | 100% |
| Diagnosis and analysis | 100% |
| Teamwork | 100% |
| Problem solving | 100% |

Language

- English
- Malayalam

• **PUSHPAGIRI MEDICAL COLLEGE HOSPITAL,** 08/2018-08/2019
THIRUVALLA, KERALA
CLINICAL PHARMACIST
INTERNSHIP PHARM D -1 YEAR

• **MARTHOMA MEDICAL MISSION HOSPITAL,** 11/2015-05/2016
RANNY
PHARMACIST
6 MONTHS

Processed new prescriptions and briefed customers on the prescribed dosage

Counsel and provide over-the-counter medication to customers

Connect with doctors regarding prescription changes and provide alternatives to customers

Education

• **PUSHPAGIRI COLLEGE OF PHARMACY** 2011-2014
FIRST CLASS
B-PHARM

• **PUSHPAGIRI COLLEGE OF PHARMACY** 2016-2019
FIRST CLASS
PHARM D (DOCTOR OF PHARMACY)

Projects

• **Advances of Anti-Tubercular Drugs in perspective of medicinal pharmacy**
B PHARM PROJECT

• **PHARM- D PROJECT:A comparative study on the effect of Atorvastatin and Rosuvastatin on cholesterol level and liver enzyme elevation in patients undergoing CABG.**
PUBLICATIONS
: A comparative study on the effect of Atorvastatin and Rosuvastatin on cholesterol level and liver enzyme elevation in patients undergoing CABG.
Mathew George, Lincy Joseph, Leena P.N, Sonia Ann Varghese, Sufia A.S, Akshaya G, Sheffin Sarah Thomas, "A comparative Study on the effect of Atorvastatin And Rosuvastatin on Cholesterol Level And Liver Enzyme Elevation in Patients Undergoing CABG", International Journal of Pharmaceutical Sciences Review and Research, Volume 51, Issue 2, July – August,2018

Reference

- 1 Prof. Dr. Santhosh Mathews - Pushpagiri College of Pharmacy
Thiruvalla, Kerala, India-689101.
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- 2 Prof. Dr. Lincy Joseph - Department of Pharmaceutical Chemistry
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Thiruvalla

Former HOD
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SKILL

- **COMPUTER SKILLS**

Good knowledge in MS word, excel, power point and internet.
Medical application software such as Micromedex, Medscape.

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