



PRINCE SEBASTIAN

MEDICAL AND PSYCHIATRIC
SOCIAL WORKER

My Contact

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📍 vattakunnel (h), vilangad (po),
kozhikode (dis), Kerala, India.

Hard Skill

- Basic computer skills
- Ability to work in a team.

Soft Skill

- Observation
- Decision making
- Communication
- Multi-tasking
- Empathy.
- Active listening

Education Background

- ST ALOYSIUS COLLEGE (AUTONOMOUS)
MANGALURU
MASTERS IN SOCIAL WORK
2020-2022
- KRISTU JAYANTI COLLEGE, AUTONOMOUS
BENGALURU
BACHELOR OF COMPUTER APPLICATION
2016-2019
- CRESCENT HIGHER SECONDARY SCHOOL,
VANIMEL
HSE 2016
- ST.GEORGES HIGH SCHOOL, VILANGAD
SSLC 2014

About Me

To provide adequate care, support, and working for the wellness of the patient as well as the family by assessing the social situations of the patient and the family through the methods of social work and by using the skills of a medical and psychiatric social worker.

Professional Experience

IMHANS : Institute of Mental Health and Neurosciences.
August 2022 - August 2022

As part of the multi-disciplinary team of the institute the psychiatric social worker work in different units like adult psychiatry, child development services, family therapy, community extension clinics and in de addiction services

Father Mullers Medical College and Yenepoya Medical College, Mangaluru

August 2021- September 2021

- The social worker worked in the psychiatric and de-addiction departments of the hospital; and had been a part of multi-disciplinary team of the department ad work fro the improvement of patient in curing the mental illness as well as the addictive behaviors.
- For the improvement of the patient the social worker built rapport with the patient, provide psycho-social education, group therapies etc..
- In the medical ward the social worker observes the patients and were work in different departments in the medical ward of the hospital.

Achievements

- Represented college mime team and won prizes in participating mime completions that conducted by various colleges in Bengaluru.
- Took up classes for students in various places, and colleges on life skill, time management and how can avoid addiction to game., as part of field work of MSW

PROJECTS.

- Effectiveness of physical activities, fitness and impact on health and well being., A study in Mangalore city, Dakshina Kannada district , Karnataka

Research project.

PERSONAL PROFILE.

Date Of Birth : 06-OCT-1998
Marital Status : Single
Nationality : Indian
Known Languages : English, Malayalam
Hobby : *playing badminton, learning new unknown terms, listening to music.*
Religion : Christian.
linkedin : www.linkedin.com/in/prince-sebastian-400223234

St. Anne's Pauline Counselling Centre Mulki,
Mangaluru

Psychiatric Social worker

November 2021 - January 2022

- Provided sessions for both individual and group therapy.
- Brought about a dedication to assisting others in leading happier lives.
- Successfully handled a heavy caseload on an continual basis.
- Worked with people who were suffering food, drug, and a serious solution must be found for phone addiction. delivering treatments to customers (EFT, relaxation,taping, laughter)

DECLARATION

I hereby declare that all the information that I have provided is true to the best of my knowledge. I will be glad to provide further details, if required.

PRINCE SEBASTIAN

DATE: 08-AUG-2022

PLACE: Kozhikode