



SHAHINA SHAMSUDHEEN

Dietitian

ABOUT ME

Seeking a job as Dietitian/Nutritionist consultant in a reputed Health Care Centre where i can utilize my knowledge and skills. Iam a highly organised self motivated Dietitian with a great passion for Nutrition and People's well-being.

CONTACT ME

Thrissur, kerala, India

+917034338225

shahushamz888@gmail.com

TOP SKILLS

Writing and verbal communication

Counselling patients on Diet and Health

Analytical and Decision making

Meal Planning

Organizing and Conducting Seminars



WORK EXPERIENCE

REGISTERED DIETITIAN TRAINEE

Caritas Hospital, kottayam 12/2021 - 06/2022 (6 months)

To obtain the Registered Dietitian license from the IDA.

E-INTERNSHIP PROGRAM IN CLINICAL NUTRITION

Institute of Health Intelligence and Research 05/2021 - 10/2021 (6 months)

NUTRITIONIST INTERNSHIP

Larcks, Thrissur 08/2019 - 02/2020 (7 months)



EDUCATION

PG DIPLOMA IN NUTRITION AND DIETETICS

Vimala College, thrissur 03/2020 - 02/2021 (1 year)

BSC FAMILY AND COMMUNITY SCIENCE

Calicut University, Vimala college, thrissur 03/2017 - 02/2020 (3 years)

HIGIER STUDIES

Concord Higher Secondary School, chramenkad 03/2015 - 02/2017 (2 years)

SSLC

New Indian School, Ras-al-khaima, UAE 04/2014 - 03/2015 (1 year)



FOREIGN LANGUAGES

BEC (B1) ★ ★ ★ ★