

Dr. SELEN. B.RACHEL

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selenbrachel@gmail.com



CAREER OBJECTIVE

Organized, goal-oriented, team player seeking a position in an established medical office supporting physicians, nurses, and other medical staff to facilitate patient care and to be part of an excellent work culture that provides me with the opportunity to put my skills to its best use by serving the society and my country and in turn assist my development both clinically and on a personal basis into a complete human being.

EXPERIENCE

- Worked as **NHM Medical officer** at **Government Taluk Hospital Kayamkulam** (August 2020 to February 2022), also worked as **Covid brigade staff Under NHM** during the same period.
- Worked as **NHM medical officer** at **Community Health Center, Vilapilsala, Trivandrum** (August 2019 to August 2020)
- Worked as an intern at **Government Women and Children Hospital, Thycaud** from January 2019 to April 2019.
- Worked as an intern at **Government General Hospital, Trivandrum** from May 2018 to December 2018.
- Worked as an intern at Department of Community Medicine (March – May, 2018) in **AJ Institute of Medical Sciences, Mangalore**

ACADEMICS

Year	Qualification	Institute
2017	MBBS	AJ Institute of Medical Sciences
		MBBS Reg. No. 70528 (The Travancore-Cochin Council of Modern Medicine)
2010	12 th HSE Board	Sarvodaya Vidyalaya, Trivandrum
2008	10 th ICSE Board	Sarvodaya Vidyalaya, Trivandrum

SKILLS

- Performing basic duties like checking the vitals, giving IV/IM injections, catheterization, Ryle's tube, immunization etc.
- Assisted surgeons in surgeries including Laparoscopy and Cesarean Section.
- Assisted in Dermatology Department doing Phenol cauterization/ Electro cauterization.
- Assisted more than 75 normal deliveries and episiotomy suturing.
- Managed Out Patient Clinic during Internship – Medicine, Dermatology, Pediatrics, and Surgery.
- Monitored patients in Medical ICU/Surgical ICU
- Monitored patients in Dialysis Unit
- Diagnosing and treating diseases based on the symptoms and investigation reports.
- Assisted the senior Doctors for patient checkup.
- Have given proper care and treatment for all patients in emergency department.

CONFERENCES & CAMPS

- Participated in various awareness programs and CME's.
- CME's attended :
 - a) Subclinical Hypothyroidism on 21st Feb, 2019 at SP Grand Hotel.
 - b) Breast Feeding and its importance by Dr. Benet on 30th January, 2019 at Hotel Hycinth.
 - c) Seizure in Emergency room by Dr. Thomas Iype on 3rd March, 2019 at KSIHFW Conference Hall, Thycaud
 - d) Updates in Insulin Therapy by Dr. V Sasi Kumar on 20th October, 2018 at Central Residency.
 - e) Insulin Aspart by Dr. Aneesh Ghosh and Dr. Thushanth Thomas on 24th November, 2018.
 - f) Current Trends in Inhalation Therapy on 25th November, 2018 at Hotel Hycinth.
 - g) Hypertension in Children below 10 years on 2nd September, 2018 (HSICON) at Hotel Uday Samudra.
- Participated in free medical checkup and camps for poor people conducted by Govt. General Hospital, Trivandrum
- Participated as Compere for National Conference HSICON-2018.
- Presented seminars on various medical topics during internship.

STRENGTHS

- Self-disciplined and punctual.
- Good public relations and organizational skills.
- Quick learner, flexible and adaptable.
- Good communication skills.
- Takes good care of patients.
- Good theoretical knowledge and clinical skills.

EXTRACURRICULAR ACTIVITIES AND ACHIEVEMENTS

- Good debater
- Participated in various debates in college
- Participated as compere in National Conference HSICON 2018

LANGUAGE KNOWN

- English
- Malayalam
- Tamil
- Hindi
- Kannada

PERSONAL INFORMATION

Date of Birth : 15th October 1991
Gender : Female
Religion : Christian
Marital Status : Married
Nationality : Indian
Residential Address : 281/7-4 , Panachamootil
House Kizhakan Muthoot
Thiruvalla, Kerala, 689103

REFERENCE

1. Dr. Manoj. L
Superintendent
THQH Kayamkulam
Ph: 9447860543
2. Dr. Stanley
Resident Medical Officer,
Government General Hospital,
Trivandrum.
Ph: 0984603994

DECLARATION

I hereby declare that the details furnished above are true and correct to the best of my knowledge.

SELEN B. RACHEL