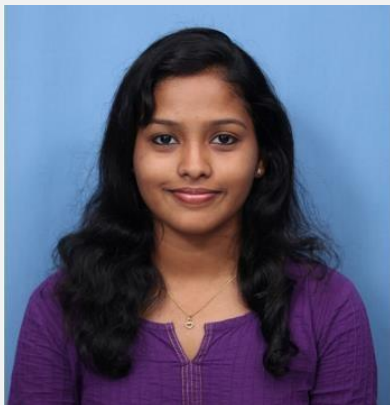


Rima Mary Philip



Experienced in assessing patients and collaborating across disciplines to address various illnesses and injuries. Connects with and supports patients of diverse backgrounds and socioeconomic statuses to deliver fair & equitable healthcare services. Trained in building personalized treatment approaches to improve patient health, wellness and long-term outlooks.

Contact

Address: Chackupurackal house, Aishwarya Lane, Kottayam 686513

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7592057883

Email: rimaoccupationaltherapist@gmail.com

Languages

Malayalam
English,
Hindi
Tamil

Skill Highlights

- Patient assessments
- Treatment programme development
- Familiarity in administering standardized assessment tools
- Care of clients especially children
- Service-focused
- Establishing rapport

Experience

Tutor - 02/2020 to 10/2021

Sri Ramachandra Institute of Higher Education, Porur, Chennai

- Planned and scheduled client assessment, treatment and follow-up therapy sessions in addition to supervising and training U.G students.
- Conducted general assessments, Sensory Integration assessments, Pre-vocational assessments, Physical and Psychiatric assessments based on the diagnosis of the client using standardized assessment tools.
- Conducted video consultation sessions during the COVID 19 pandemic.
- Devised customized home programs for Neurological, Psychiatric and pediatric conditions.
- Documented the details of all my assessments maintaining high standards of integrity and confidentiality.
- Managerial responsibilities included scheduling therapy sessions, maintenance of daily client record, monthly census, annual census, inventory of therapy equipment and supervision of Occupational therapy student's records.
- Provided orientation and supervision to BOT students from the 1st-4th year in various clinical areas such as Paediatrics, Psychiatry, Neurology, Orthopedics, Geriatrics, Hospital Wards and Outpatient Departments
- Guided the students in evaluation, goal setting, intervention planning, and re-evaluation of clients, as needed.
- Supported students by taking theory and practical classes to reach curriculum goals with tailored coaching style.

Rima Mary Philip

- Assisted in coordinating, and independently moderated 11 webinars organized by the department on a wide range of topics.
- Collaborated with different medical faculties in scheduling classes, while preparing a clinical posting roster and timetable.
- Assisted in conducting university theory and practical examinations, organized parent-faculty meetings.
- Functioned as: Department coordinator for Moodle (online-course management system), Department coordinator for Faculty of allied health sciences, and Department coordinator for National Service Scheme (NSS).

Consultant Occupational Therapist- 10/2019 to 12/2019 Vidyasagar (Disability services & support), Chennai

- Provided individual therapy sessions for children by customizing therapy to meet the goals of their intervention.
- Assisted in the fabrication of writing aids and feeding aids
- Aided in developing classroom activities for children, in partnership with the special educators
- Assisted in providing aids and adaptation for children to participate in recreational activities, and conducted group therapy to facilitate ADL simulation and play
- Provided pre-vocational training for children in the senior class.
- Assisted and coordinated with special educators and volunteers to develop games during the annual school fair.

Occupational Therapist- 05/2017 to 06/2019 CSI Mission Hospital, Tirur, Kerala

- Designed rehabilitation plans for patients based on their diagnosis.
- Consulted with patients to assess conditions, obtain histories and discuss objectives.
- Personalized typical treatment plans for specific abilities and goals of each patient.
- Treated patients with therapeutic equipment & exercises.
- Collaborated with other professionals to design treatment programme.
- Helped patients improve, regain and develop skills needed to embark on daily activities.
- Volunteered at the CSI Karunalayam residential school for intellectually disabled children; - Performed developmental screening for all the children at the school, worked along with the special educators, provided handwriting training, oro-motor exercises for dysphagia and taught physical exercises to children to maintain their structural and joint integrity.

Rima Mary Philip

Occupational Therapy Intern - 10/2016 to 04/2017

Christian Medical College, Vellore

- Worked under the supervision of qualified and experienced therapists in the following areas for one month each- Paediatrics, Orthopedics, Community based Rehabilitation, Neurology, Psychiatry, and Physical Medicine & Rehabilitation
- Administered assessments (General and standardized) and goal setting, documentation of the assessment/ reassessment/ discharge summary/ progress of clients, implementation of therapy sessions and recommendation of home programme of assigned clients.
- Presented patients to the treatment team at clinical rounds conferences demonstrating progress made and present treatment objectives.
- Assisted the staffs in fabrication of splints for rheumatoid arthritis and implemented biofeedback technology into therapy.
- Conducted house visits to rural villages of Vellore to do follow up and also to identify potential clients
- Conducted health education in the villages on topics of management of Osteoarthritis and early identification of developmental delay by co-coordinating with CBR workers.
- Coordinated with Nurses to conduct developmental screening for babies and toddlers to identify early signs of disability through assessing reflexes and developmental milestones.
- Conducted project level, ego centric, ego centric co-operative groups in psychiatry OPD.
- Prescribed wheelchairs by taking measurements in PMR
- Conducted two case presentations and one journal presentation relevant to the clinical area of practice.

Education

- **Bachelor of Occupational Therapy - 2017**
Christian Medical College, Vellore, Tamilnadu

Achievements

- Dr. Paul Brand's award for the Best Undergraduate Research paper of 2016 by Christian Medical College, Vellore.
- Co-author of the article 'Activity Based Group Therapy Reduced Maternal Anxiety In The Neonatal Intensive Care Unit-A Prospective Cohort Study' published on Elsevier early human development, vol 123, august 2018