# **Curriculum Vitae**

Name : Dr Shwetha S Date Of Birth : 17/08/1992 Mobile : 8892135291,8431005805 E-Mail : <u>shwetas.lizzie@gmail.com</u> Address: No 49, 2<sup>nd</sup> Cross, Nanjamma Layout, Manorayanapalya, R T Nagar, Bangalore-560032.

### **CAREER OBJECTIVE:**

Looking for the position of Consultant ENT Surgeon/Senior Resident in ENT in your reputed hospital to learn advanced skills and gain more knowledge to enhance my clinical skills.

### **PROFILE:**

Responsible Doctor. Adept in properly diagnosing and strategizing for the best treatment plans for patients. Bringing forth an empathetic and professional attitude, committed to providing patients with the best care possible. An inquisitive learner with a positive outlook. I intend to use my career to further elevate my clinical otorhinolaryngological skills in terms of quality, patient satisfaction and use of progressive technology.

### **EDUCATIONAL QUALIFICATION:**

- SSC (ICSE) 2008.
  Florence Public School, R T Nagar, Bangalore, Karnataka.
- PRE-UNIVERSITY COLLEGE 2008 – 2010.
  Mount Carmel PU College, Bangalore, Karnataka.
- MBBS (BACHELOR OF MEDICINE AND BACHELOR OF SURGERY) August 2010 – December 2014.
  S S Institute Of Medical Sciences & Research Centre, Davanagere, Karnataka.
  Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka.
- INTERNSHIP March 2015 – March 2016.
  M.S.Ramaiah Medical College, Bangalore, Karnataka.
  Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka.
- DLO (DIPLOMA IN OTORHINOLARYNGOLOGY) May 2017 – May 2019.
  Father Muller Medical College, Mangalore, Karnataka.
  Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka.

 DNB ENT – July 2020 – July 2022.
Dr.R.N.Cooper Muncipal General Hospital (Associated with H B T Medical College), Mumbai, Maharshtra.
Diplomate Of National Board, New Delhi.

### <u>SKILLS :</u>

- Sound knowledge of medical terminology.
- Well trained in surgical skills with good knowledge of otorhinolaryngology.
- Good command over handling surgical equipments.
- Can handle patients at the outpatient and emergency.
- Maintaining proper patient records and vital data.
- Outreach and IEC activities.

#### **RESPONSIBILITIES HANDLED AS AN INTERN AND POSTGRADUATE :**

- Performed basic surgeries independently in Otorhinolaryngology and Head and Neck Surgery.
- Assisted in variety of Head and Neck Oncosurgery cases.
- Handling OPD's, ward patients and ward rounds.
- Assisted the Senior Doctor in surgeries, checking the patients, ward rounds.
- Diagnosing the disease as per symptoms.
- Learning the diagnostic methods and use of equipments.
- Periodically meeting the patients and observing their improvements and making reports.
- Basic treatment of medical emergencies.
- Helping other staff in performing their duties.
- Seminars, Paper, Poster Presentations and Publications.

#### **PG THESIS DISSERTATION :**

Otorhinolaryngological Manifestations In Covid-19 Patients : An Observational Study. (2020-2021)

#### **COLLEGE/LIBRARY DISSERTATION :**

Clinicopathological and Audiological Study of Tympanosclerosis. (2017-2018)

### WORKSHOPS/CME/CONFERENCES ATTENDED :

- BLS and ATLS, June 2017 at Father Muller Medical College, Mangalore.
- "Writing a Thesis Synopsis", August 2017 at Father Muller Medical College, Mangalore.
- "Workshop on Current Trends in the Management of Respiratory Allergy and Hands-on Training on Skin-Prick Test for Respiratory Allergy, September 2017 at Kasturba Medical College & Hospital, Manipal University, Manipal.
- "RADIOLOGY OF TEMPORAL BONE", November 2017 at A.J.Institute Of Medical Sciences & Research Centre, Mangalore.
- "FABFESS 2018", February 2018 at Father Muller Medical College, Mangalore.
- "Sensitization Training on RNTCP Technical & Operational Guidelines(TOG) 2016", February 2018 at Father Muller Medical College, Mangalore .
- "KSHEMA-OSCE WORKSHOP 2018", February 2018 at K.S.Hegde Medical Academy, Mangalore.
- "ORAL CANCER UPDATE 2018", March 2018 at Yenepoya Dental College, Mangalore.
- "LASERS IN ENT", September 2018 at A.J.Institute Of Medical Sciences & Research Centre, Mangaluru.
- "36th Annual Karnataka State Conference & 14th South Zone ENT Conference", October 2018 at Mandya Institute Of Medical Sciences, Mandya.
- "Sensitization Training on RNTCP Technical & Operational Guidelines(TOG) 2016, February 2019 at Father Muller Medical College, Mangalore.
- CALMED ENT 2019 & OSCE WORKSHOP, February 2019 at Government Medical College, Calicut, Kerala.
- "RHINOPLASTY SIMPLIFIED WORKSHOP", October 2019 at H B T Trauma Care Municipal Hospital and HBTMC & DR. R N Cooper Hospital, Mumbai.
- Online "HRCT Temporal Bone Course", KENT Innovative Masterclass 2020, April-May 2020 at Karnataka ENT Hospital & Research Centre, Chitradurga.
- "TEMPORAL BONE DISSECTION WORKSHOP" for Micro Ear Surgery, October 2021 at Bharatratna Dr. Babasaheb Ambedkar Hospital, Mumbai.

- "CME ON RADIOLOGY IN ENT" by AOI MUMBAI BRANCH & NANAVATI MAX HOSPITAL, March 2022 at Nanavati Max Hospital, Mumbai.
- "MASTERCOURSE ON ORAL CANCER MANAGEMENT AND CADAVER DISSECTION WORKSHOP", July 2022 at TATA MEMORIAL HOSPITAL, Mumbai.

### **POSTER/PAPER PRESENTATION:**

- E-POSTER PRESENTATION titled "A RARE PRESENTATION OF MASS IN THE NASAL CAVITY NON-HODGKIN'S LYMPHOMA" during FABFESS 2018, February 2018 at Father Muller Medical College, Mangalore.
- E-POSTER PRESENTATION titled "THYROID GLAND NEOPLASM WITH MEDIASTINAL EXTENSION" during 36th Annual Karnataka State Conference & 14th South Zone ENT Conference, October 2018 at Mandya Institute Of Medical Sciences, Mandya.
- PAPER PRESENTATON titled "NON-HODGKIN'S LYMPHOMA OF THE NOSE A RARE SITE" during 36th Annual Karnataka State Conference & 14th South Zone ENT Conference, October 2018 at Mandya Institute Of Medical Sciences, Mandya.

## LIST OF PUBLICATIONS:

- Vivek Dokania, Harish Kinnera, Shweta S, Neeraj Shetty. CASE REPORT.
  "ECTOPIC DECIDUOUS MAXILLARY TOOTH IN THE NASAL CAVITY FOLLOWING TRAUMA" published in CUREUS. (March 28, 2021) DOI: 10.7759/cureus.14154.
- Shweta S, Shashikant Mhashal, Neeraj Shetty, Ninad Subhash Gaikwad, Vivek Dokania. CASE REPORT.
  "SINONASAL ANEURYSMAL BONE CYST MIMICKING HEMANGIOMA" published in The Egyptian Journal Of Otolaryngology. (January 28, 2022)
  Egypt J Otolaryngol 38,16 (2022). DOI: 10.1186/s43163-022-00204-2.

I hereby declare that all the above mentioned details are true as per best of my knowledge.

DR SHWETHA S



HINDUHRIDAYSAMRAT BALASAHEB THACKERAY MEDICAL COLLEGE AND

DR. R.N. COOPER MUNICIPAL GENERAL HOSPITAL, BMC

JUHU, VILE PARLE (W), MUMBAI-400056 Tel: 022-26207254 / 26205892 Email:entdeptcooper@gmail.com

Dr. NINAD S. GAIKWAD (Prof & HOD) Dr. SHASHIKANT MHASHAL (Assoc. Prof) Dr. VINOD A. GITE (Assoc. Prof)

# **LETTER OF RECOMMENDATION**

It is my pleasure to write this letter of recommendation for **Dr. Shwetha S.** I have known her in my capacity as Professor in Otorhinolaryngology & Head and Neck Surgery at H. B. T. Medical College and Dr. R. N. Cooper Hospital, Mumbai. She worked in the Otorhinolaryngology department of the hospital from 29/07/2020 till 28/07/2022 as a Secondary DNB Resident Doctor.

During her stint in the Otorhinolaryngology department in our medical institute, she has performed a broad spectrum of surgeries under guidance, including OPD-based procedures, Emergencies, tonsillo-adenoidectomy, endoscopic sinonasal surgery like FESS, Mucor debridement, and septoplasty, head and neck surgeries for both benign and malignant lesions including thyroidectomy, submandibular gland excision, parotidectomy, microscopic ear surgeries including tympanoplasty and tympanomastoidectomy, maxillo-mandibular fracture reduction, coblation procedures involving adenoids and sinonasal tumors, microlaryngeal surgeries for vocal cord lesion and Cricopharyngoscopy-Esophagoscopy for aero-digestive foreign body, among others.

During her long rigorous hours in the operating rooms, she remained composed even during hightension situations. She has steady surgical hand. This reflects her ability to excel and perform carefully under pressure which is considered a great quality in a doctor. Additionally, she earned quite a reputation for coordinating diligently with senior surgeons while assisting them in complex surgeries like cochlear implant, endoscopic skull base surgery, rhinoplasty, head and neck oncosurgeries, bronchoscopy amongst others.

Dr. Shwetha S. demonstrated strength and resilience during the outbreak of the COVID-19 pandemic. She was posted in COVID-19 Intensive Care Units (ICU) and wards where she treated infected patients with due diligence.

She has passed her DNB Theory and Practical Examinations in first attempt. She also has an additional qualification of Diploma in Otorhinolaryngology. She has actively published articles. I eulogize her propensity for such exceptional work. She has worked actively participated and presented seminars and case presentations. She has actively attended CME's and workshops.

Also, Dr. Shwetha S. excelled as a teacher who always kept the medical students motivated through her cordial and intriguing teaching. During her clinical posting, she taught medical undergraduate students about the various surgical instruments, radiological images, audiograms, physical examination, and basic history-taking requirements for otorhinolaryngology. She also supervised

Dr. Shwetha S. is not only an excellent doctor, but she is also a wonderful human being. She bears a good moral character. She garnered adulation from her patients, their families and colleagues alike for being extremely polite, calm and humble. Her excellent communication skill makes her a better doctor. She is respectful to her seniors.

In conclusion, I would like to say that Dr. Shwetha S. holds all the traits of an excellent doctor. Considering her work ethic, intelligence, and reliable nature, I believe she would make an excellent addition to your team of doctors. I strongly recommend her candidature as I believe she will be an exemplary fit for it. I wish her best in all her endeavours.

Sincerely,

Stether.

Dr. Samir K. Bhargava, MBBS, DLO(London), MS(ENT), DNB ENT, Honorary Consultant & Professor, Department of Otolaryngology-Head & Neck Surgery, H. B. T. Medical College and Dr. R. N. Cooper Hospital, Juhu, Mumbal, India- 400056. National President 2020 & 2021, Association of Otolaryngologists of India. Ph: +91-9820055743. Email: drsamirbhargava@yahoo.co.in.

Dated: 03/08/2022.

DR. SAMIR K. BHARGAVA MS (ENT) DLO (LONDON) HON. CONSULTANT DEFT OF ENT OBTMC & OR. R.N. Cooper Municipal General Hospital, Juhu, Voleparle (W), Mumbai - 56



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Dr Ninad S. Gaikwad, MBBS, DORL, MS(ENT), DNB ENT, Head of Department & Professor, Department of Otorhinolaryngology-Head & Neck Surgery, H. B. T. Medical College and Dr. R.N. Cooper Hospital, Juhu, Mumbai, India- 400056.

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Dated: 03/08/2022.

DR. NINAD S. GAIKWAD PROFESSOR & HOD. DEPT. OF ENT H. B. J. MEDICAL COLLEGE & DR. R. N. COOPER HOSPITAL, MUMBAI-56, AND HBT TRAUMA CARE MUNICIPAL HOSPITAL. MMC 69651



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Dr. Vinod A. Gite, MBBS, MS(ENT), Associate Professor, Department of Otorhinolaryngology-Head & Neck Surgery, H. B. T. Medical College and Dr. R.N. Cooper Hospital, Juhu, Mumbai, India- 400056.

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Dated: 03/08/2022.



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Dr. Shashikant K. Mhashal, MBBS, MS(ENT), Associate Professor, Department of Otorhinolaryngology-Head & Neck Surgery, H. B. T. Medical College and Dr. R.N. Cooper Hospital, Juhu, Mumbai, India- 400056.

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