



BENCY SUSAN CHACKO

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OBJECTIVE

I WISH TO BECAME A NURSE SPECIALIST. I WILL UTILIZE MY SKILLS FOR THE GROWTH AND PROSPERITY OF YOUR HOSPITAL. I AM EAGER TO ACHIEVE GREAT TARGET IN MY CAREER WITH MY SINCERE SERVICE THAT WOULD RAISE THE ACHIEVEMENTS OF YOUR CONCERN.

EDUCATION

- **St. Anne's High School, Chengannur**
2014
High School - Secondary School Leaving Certificate
85%
- **Metropolitan Higher Secondary School, Puthencavu**
2016
Higher Secondary Education
78%
- **Choithram College Of Nursing , Indore - Madhya Pradesh**
2020
BSC NURSING
76%

EXPERIENCE

- **Registered Nurse - Fresher**
-
Completed Internship training (Integrated Practice) hours of 1150 in areas of parent hospital Choithram College Of Nursing are -
 - * Midwifery and Obstetrical Nursing
 - * Community Health Nursing
 - * Child Health Nursing
 - * Mental Health Nursing

DUTIES & RESPONSIBILITIES

- * MANAGEMENT OF PATIENT'S CARE INCLUDING ADMISSION, TRANSFER AND DISCHARGE.
- * ASSESSMENT OF PATIENT NEEDS AND PLANNING CARE FOR THEIR NEEDS.
- * INTER PERSONAL RELATION WITH HIGHER AUTHORITIES, CO-WORKERS, PATIENTS AND PATIENT'S RELATIVE'S.
- * MANAGEMENT OF SUPPLIES, EQUIPMENTS AND ENVIRONMENTS.
- * ENSURING THOSE VENTILATORS, MONITORS AND OTHER TYPES OF MEDICAL EQUIPMENT FUNCTION PROPERLY.
- * RESPONDING TO LIFE SAVING SITUATIONS, USING NURSING STANDARDS AND PROTOCOLS FOR TREATMENT.
- * KEEPING REPORTING AND RECORDS.
- DEMONSTRATION OF PROCEDURES TO STUDENTS AND CLEANING DOUBTS.
- * HEALTH EDUCATION EDUCATION TO PATIENTS AND RELATIVES.
- * MEETING PSYCHOLOGICAL, SOCIAL, SPIRITUAL AND ECONOMICAL AND REHABILITATION NEEDS OF PATIENTS.

INFECTION CONTROL

- **PRACTICING INFECTION CONTROL PROTOCOLS LIKE**

1. DISINFECTION OF SOILED LINEN
2. STRICT ASEPTIC TECHNIQUES FOR ALL STERILE PROCEDURES
3. HAND WASHING
4. SENDING EQUIPMENTS FOR AUTOCLAVING AND GAS STERILIZATION.
5. PROPER DISPOSAL OF BIOLOGICAL AND NON BIOLOGICAL WASTE MATERIALS.
6. ISOLATION AND TREATMENT OF INFECTED PATIENTS.
7. USE OF GOWN, MASK, CAP, GOGGLES.
8. USE OF ANTISEPTIC SOLUTION FOR MOPPING CLEANING ETC...

RESPONSIBILITIES OF AN INFECTION CONTROL NURSE

- 1)Aims to prevent pathogens being passed from one person to another.
- 2)Preventing and stopping the transmission of Infections.
- 3)Gathering and analyzing infection data to make evidence - based decisions.
- 4)Educate medical and public health professionals on infection prevention protocols to facilitate emergency preparedness.
- 5)Conduct daily ward rounds to inspect the documentation on infection control measures.

SKILLS

- Patient Care Assessment
- Patient Education
- Adaptability
- Time Management
- Patience
- Critical thinking
- Observation
- Compassion and empathy
- Leadership and teamwork
- Good Communication

LANGUAGES

- English
- Hindi
- Malayalam

ACHIEVEMENTS & AWARDS

- Elected as SNA hostel incharge for Student Nurses Association.
- Participated in International Webinar on current Clinical challenges faced by nursing fraternity.
- Participated for the national webinar series on the topic 'Strengthening Health Care System at Grass-Root Level- Role of community Health workers'.
- Participated in International seminar on "Leadership & Tactics".

PUBLICATIONS

- **IN JOURNAL - CHOITHRAM COLLEGE OF NURSING INDORE**

"A descriptive study to assess the impact of covid-19 pandemic on physical, financial and social dimensions of health of people of selected community area in the year 2020".

INTERESTS

- Reading books
- Gardening
- Playing Guitar

REFERENCE

- **Dr. Aradhana Michael - "Choithram College Of Nursing ,Indore"**
Principal
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07314939909
- **Prof. Sheethal Saxena - "Choithram College Of Nursing, Indore"**
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