

CURRICULUM VITAE

ASISHA ANTONY

C/o Mr.Binukumar
Mackey house
Kadavanthra (P.O)
Elamkulam
Ernakulam
Kerala, India 682019.
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CARRIER OBJECTIVE

To achieve success through hard work and perseverance and establish myself in the Medical commerce. To look for a Position as a Staff Nurse, to make use of my professional knowledge competence for a carrier growth.

PROFILE

- 2 Years Experience in cardiac Medical and Surgical Ward
- A well educated, highly dedicated competent Registered Nurse with 3 years and 6 months of working experience in Gynaec and Obstetric Department.
- Ambitious & motivated person with self confident, loyal, caring, helpful& reliable, pay close attention to people's needs &wants.
- Hard working, ready to adjust & adapt into any environment, eager to learn & ready for self development.

PROFESSIONAL QUALIFICATION

COURSE	YEAR OF PASSING	COURSE DURATION	INSTITUTION	UNIVERSITY /COUNCIL	% Obtained
Diploma in General Nursing and Midwifery	2011	3 year and 6 months	Brite School of Nursing Bangalore	Rajivgandhi University	76%

EDUCATIONAL QUALIFICATION

COURSE	YEAR OF PASSING	INSTITUTE	UNIVERSITY/BOARD	% OBTAINED
SSLC	2005	BEMHSS Palakkad	Board Of Public Examination, Kerala	64%
PLUS TWO	2007	BEMHSS Palakkad	Board of Higher Secondary Education, Kerala	76%

WORK EXPERIENCE

INSTITUTE	PERIOD	DESIGNATION	DEPARTMENT
Care Hospital, Banjara Hills Hyderabad	02/07/2012 to 02/07/2014	Staff Nurse	Cardiac Medical and surgical Ward
Paalana Institute of Medical Science, Palakkad	10/07/2015 still continuing	Staff Nurse	Labour Room

PERSONAL PROFILE

Name : ASISHA ANTONY
Age : 32 years
Sex : Female
Father's Name : M.Antony
Date of Birth : 21/10/1987
Permanent Address : C/o Mr. Binu Kuma
Mackey House
Kadavanthra P.O
Elamkulam,Eranakulam
Kerala, India -682019
Contact : +91 9847252952
Email : asishaantony2017@gmail.com
Nationality : Indian
Marital Status : Married
Religion : Christian
Profession : Registered Nurse and Midwife
Languages Known : English , Hindi, Tamil, Thelugu, Kannada and Malayalam
General Health Physique : got a good health physique with good personality

PASSPORT DETAILS

Passport No : M3538372
Date of Issue : 14/11/2014
Date of Expiry : 13/11/2024
Place of Issue : Malappuram

CARRIER ACHIEVEMENT

Present

Paalana Institute of Medical Science, Palakkad

TYPE OF EQUIPMENT HANDLED

Vacuum, Forceps, Non stress test machine, Gluco meter, Nebulizer, Steam inhaler, Pulse Oxi meter, Cardiac monitors, Infusion pumps, Electro cardio graph machine, Laryngoscope, Defibrillators, Tourniquets, Suction apparatus, Syringe pump, Oxygen cylinder, Electrical breast pump, Fluid Warmer, Phototherapy Machine.

CLINICAL/ PROCEDURAL SKILLS

SKILL NAME	SKILL LEVEL
Patient Assessment	Competent
Documentation Skill	Competent
Communication Skill	Competent
I.V. Cannulation	Competent
Drug Administration	Competent
Handling Various Equipments	Competent
Sterilization Techniques	Competent
Catheterization	Competent
Blood transfusion	Competent
Removal of Epidural catheter, central line , arterial line,	Competent
Sponge bath and Baby Bath	Competent

OTHER SKILLS

Computer (MS Office, Internet)	Competent
Leadership and management	Intermediate

DUTIES AND RESPONSIBILITY

- Can successfully carry out functions as a staff nurse/midwifery care.
- Admission discharge and transfer out of patients.
- Responsible for assessing, planning and implementing midwifery care.
- Maintaining a good interpersonal relationship with the clients and co- workers.

- Managing emergency situations and development of the maternity service.
- Communicating effectively and sympathetically with mothers and relatives.
- Carrying out the Doctor's orders, attending rounds, administering medications co-ordinates unit's activities.
- Explanation of procedures and maintenance of therapeutic environment.
- Initiate fetal heart monitor, interpret fetal heart tones & determine frequency duration and intensity of contractions.
- Monitor progress of labouring mothers, interpret fetal heart monitor.
- Knowledge of usage of non stress test machine to monitor the changes in baby's heart beat.
- Prepare mothers for elective or emergency caesarean section by following written C-section protocol
- Drug calculation.
- Acting as the mothers advocate and promoting their own health and wellbeing.
- Maintenance of records and reports accurate, birth certificates, and up to date.
- Evaluated patient conditions through physical and laboratory test results and coordinate smooth transfer to surgery.
- Provided post screening counselling to mother.
- Observe the following in patient after delivery: vital signs, bleeding, episiotomy and fungus.
- Perineal care
- Blood transfusion
- Reporting to nursing supervisor
- Collaborate with Biomedical department regarding equipments fault.
- Care of baby in phototherapy machine.
- Provide daily infant care education to parents, including bathing and breast feeding and also self care to mother.
- Provide new born care.
- Perform discharge teaching for all patients.
- Keep a check on the inventory of the department and prevent miss placement of the inventory.

OTHER DUTIES

- Follow correct measures for the safe removal and disposal of used linen, equipment and wastes according to the hospital policy.
- Care of specimens and sending for appropriate investigation in correct medium.
- Disposal of waste according to the hospitals waste management policies.
- Practice of the infection control measures (hand washing, universal precautions, isolation precautions, standard precautions, sterile items checked for expiry etc.)

CASE COME ACCROSS

- PIH
- GDM
- PLACENTA PREVIA
- OLIGOHYDROMIS/POLYHYDROMIS
- BREECH PRESENTATION
- ECLAMPSIA & PRE-ECLAMPSIA
- PREVIOUS LSCS
- ANEMIA
- TWINS
- IUGR
- PLATELETS DYSFUNCTION
- PPROM
- ABORTIONS
- BACTERIAL VAGINOSIS
- VAGINAL BLEEDING DURING FIRST TRIMESTER
- ECTOPIC PREGANANCY
- HPYEREMESIS
- SWINE FLU
- UTI
- POST VAGINAL HYSTERECTOMY, TOTAL ABDOMINAL HYSTERECTOMY.
- PRETERM PAIN

- LAPAROTONY
- COLOSTOMY
- ABOVE KNEE AND BELOW KNEE AMPUTATION
- CRANIOTOMY
- KIDNEY TRANSPLANTATION
- CABG
- PTCA
- CAG

- ALL ORTHOPAEDIC SURGERIES

NURSING PROCEDURES DONE ROUTINELY

- Medical and surgical hand washing
- Monitoring fetal heart sound (NST)
- Monitoring vital signs
- Recording and reporting
- Inventory of all equipments
- Intravenous cannulation
- Medication administration via
 - Intravenous
 - Intramuscular
 - Subcutaneous
- Perform vaginal exams
- Collection of blood specimens
- Blood transfusion
- Nebulisation
- Catheterization
- Newborn care
- Electrical breast pump

REGISTRATION HISTORY

Kerala Nurses and Midwives Council:KL02201202415

REFERENCE

- 1. DR.M.A.SALEEM
GENERALSURGERY
CARE HOSPITAL
BANGARA HILLS HYDERABAD
INDIA**

- 2 DR.RAJEEV MENON
CARDIOLOGYCONSULTANT
CARE HOSPITAL
BANJARA HILLS
HYDERABAD INDIA**

- 3 SR.LINDA
NURSING SUPERINTENDENT
PAALANA INSTITUTE OF MEDICAL SICENCE
PALAKKAD-678701
KERALA,INDIA**

DECLARATION

I hereby declare the above said information given in this curriculum vitae is accurate and a fair reflection of my ability.

Place : ERANAKULAM

Date : 27-07-2022

ASISHA ANTONY

