

# CURRICULUM VITAE

**MS. DAINY PJ**

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## Career Objective

- To obtain a position in a Healthcare facility where I can utilise my skills, knowledge to provide quality Healthcare
- Registered nurse with experience at department of neurosurgical ICU/HDU to provide critical nursing services to patients recovering from neurological conditions and to utilise expertise to enhance Healthcare.

## ACADEMIC QUALIFICATION

### Educational qualification

Qualification	Board / University	Institution	Year
S.S.L.C	Council for the Indian school certificate examination	Seventh day Adventist Higher Secondary School Thrissur	2010
Plus Two	Council for the Indian school certificate examination	Seventh Day Adventist Higher Secondary School Thrissur	2012

## PROFESSIONAL QUALIFICATION

Qualification	University	Completion year	University
Bachelor of Nursing	Aswini College of Nursing, thrissur, Kerala	2014- 2018	Kerala University of Health Sciences

## PROFESSIONAL EXPERIENCE

### Max Super Speciality Hospital

Total Year of Experience : 07/01/2019 to 03/12/2021

Name of Hospital : Max Super Speciality  
Hospital  
Position Held : Staff Nurse  
Name of the department : Neurosurgical ICU and HDU  
Bed Capacity : 500+

### PROFESSIONAL REGISTRATION

Registration	Registration number	Date of Registration
Delhi Nursing council	79681	20/03/2019 - renewed till18/03/2024

### DUTIES AND RESPONSIBILITIES

- Provide compassionate care to critically ill patients by planning and prioritising the patient care
- Assess the patient's condition, observe for any behavioural changes and report to on-call physician.
- Close monitoring for vital parameters and documentation
- Immediate post operative care of patients after neurosurgery
- Management and care of arterial and Central lines
- Manage life support equipments and administration of IV Fluids and medications

- Care of drains
- Procedure assistance
- Urinary catheterization and catheter care
- Administration of blood and blood products
- Care of patients and ventilator
- Providing isolation and practicing barrier technique to prevent cross infection in immunosuppressed patients
- Preparing the unit in case of emergency
- Evaluating the effect of rendered care
- Nursing documentation

### **ADDITIONAL ROLES AND RESPONSIBILITIES**

- Admission of patients
- Participating in the day to day in the bedside rounds
- Taking over the report from the previous shift
- Referring patients to social workers, if needed, coordinating with the physician and other team members.
- Maintaining the cleanliness of the unit
- Providing environment to the patients( proper ventilation, lighting, control of excessive noise and proper sanitization)
- To monitor emergency equipment regarding the safety and working conditions

### **EQUIPMENTS KNOWN TO HANDLE**

- THERMOMETER
- SPHYGMOMANOMETER
- PULSE OXIMETER
- NEEDLE AND SYRINGE
- GLUCOMETER
- ECG MACHINE
- OXYGEN FLOW METRE
- CARDIAC MONITORS
- SUCTION APPARATUS
- NEBULISER MACHINE
- STEAM INHALER
- VENTILATOR
- LARYNGOSCOPE
- INFUSION PUMP
- SYRINGE PUMP
- FEEDING PUMP
- DVT PUMP
- ABG ANALYSER MACHINE
- STETHOSCOPE
- BAIR HUGGER
- DEFIBRILLATOR

### **PERSONAL DETAILS**

Name : MS. DAINY P.J  
Date of Birth : 09/01/1995  
Gender : Female

Marital Status : Single  
Nationality : Indian  
Languages Know : Tamil, Hindi, Malayalam &  
English  
Personal Interests : Listening Music, Reading  
Books

### **OTHER ACHIEVEMENTS**

- ★ Conducted a research on “ A study to assess the knowledge regarding Kangaroo Mother Care among antenatal mothers in selected hospitals, Thrissur
- ★ undergone short-term training for learning experience in community health nursing at Gandhigram Institute of rural health and family Welfare Trust.
- ★ Participated in online covid-19 quiz competition conducted by National Health Mission.
- ★ Participated in an online course essential upskilling for nurses on covid-19 pandemic management certified by TNAI.
- ★ completed the online educational activity mechanical ventilation for covid-19 conducted by Harvard Medical School.
- ★ completed a course on heart failure certification for nurses conducted by HFAI and TNAI.
- ★ participated in an international seminar on nursing career: An Overseas perspective .

- ★ participated in National E-Conference ‘Critical Care Nursing management on covid-19 pandemic’ conducted by CCNE
- ★ BLS for nurses
- ★ Attended a workshop on reflective practice

### **PERSONAL SKILLS**

- Good patient relationship
- good communication skills
- teamwork/ group work/ individual work

### **REFERENCE**

- Mr. Roby Ullahanan  
Nursing supervisor Max Hospital New Delhi  
Contact no. 9810429472  
Email Id: Roby.ullahannan@maxhealthcare.com
  
- Mr. Tiju C. Joy  
Nursing supervisor Max Hospital New Delhi  
Contact no. 8586014840  
Email Id : [Jithytiju@gmail.com](mailto:Jithytiju@gmail.com)  
:tiju.joy@maxhealthcare.com

## DECLARATION

I hereby declare that the details above mentioned are true and correct to the best of my Knowledge and belief.

Date :

MS. DAINY P.J