

NISHA MOHAN



Age, DOB	30, 4/11/1991
Gender	Female
Religion	Hindi
Marital Status	Married
Nationality	Indian
Mother Tongue	Malayalam
Language Known	Malayalam, English, Hindi
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Membership	All India Association of Physiotherapist

OBJECTIVE:

To achieve a challenging position in an organization and to working a team efficiently, to spend my life in serving the sick with utmost dedication and service, utilizing all the skills and expertise acquired over the years of physiotherapy career.

PROFESSIONAL EXPERIENCE:

Type	Institution	Place	Duration
Internship	Medical Trust Institute of Medical Science	Kochi	July 2016 - January 2017
Physiotherapist	Lifecare Clinic	Palarivattom	3/3/2017 – 18/10/2017
Physiotherapist	Medical Trust Hospital	Kuzhuppilly	20/8/2019 – 19/8/2020
Physiotherapist	Medical Trust Hospital	Kuzhuppilly	20/8/2020 - 31/1/2022

EDUCATION QUALIFICATION:

Course	Board	Year	Name of Institution	Percentage
Bachelor of Physiotherapy	Kerala University of Health Science	2010 -2016	Medical Trust Institute of Medical Science	59.11
Higher Secondary School	Kerala State Board of Education	2010	Bishop Hodges Higher Secondary School, Mavelikkara	73
Senior Secondary School	Kerala State Board of Education	2008	Govt Girls Higher Secondary School, Harippad	85

PROFESSIONAL SUMMARY:

Graduated and licensed Physical Therapist well versed in broad range of programming treatments and modalities for restoring functioning and mitigating disability. Eagerly seeking a role as Physical Therapist in healthcare setting.

- Had worked as Physiotherapist for over 2 years and 5 months at Medical Trust Hospital Kuzhuppilly. Medical Trust Hospital, Kuzhuppilly is a division of the Medical Trust Hospital, a 750 bed multi-speciality acute-cum-critical care referral hospital & one of the most well-equipped and premier hospital in South India.
- Worked as a fulltime staff physiotherapist for a period of seven months in Life Care Clinic (Physical medicine and Rehabilitation hospital). Life Care Clinic is a single specialty hundred bedded hospital with inpatient and outpatient wings.
 - Treatment involving various orthopaedic conditions such as
 - ✦ Low backache
 - ✦ Arthritis
 - ✦ Ligament Sprain
 - ✦ Fracture mobilization
 - ✦ Various pre-operative and post-operative neurological and neurosurgical conditions like IVDP, Head Injury and Spinal Cord Injury
 - Paediatric rehabilitation involving Cerebral Palsy and other developmental anomaly
- Completed 6 months compulsory internship in Medical Trust Hospital, MG Road Ernakulam (NABH accredited, more than 750 bedded, super specialty tertiary care). During the daily posting, expertise in evaluation, assessment, planning treatment strategy and implementation of the treatment plan for the patients under supervision in the below.
 - Neurology& Neurosurgery
 - Orthopaedics
 - Cardiology and cardiac surgery
 - Broncho respiratory
 - Paediatrics & Gynaecology
 - Pre-operative & Post-operative ICU's and wards
 - Gastric and General medicine
 - Plastic surgery
 - Physiotherapy department
 - Orthotic and Prosthetic department
 - Worked with senior physical therapist and other heads in Medical trust hospital to mould my skills in various areas.

SKILLS:

Gentle and Skilled with Therapy procedures | Empathetic and Patience | Culturally aware | Observant | Pain management techniques | Geriatric experiences | CPR training | Time management proficiency | Case management expert | Team training and supervision.

COMMUNITY SERVICES

- ✦ Volunteered as a Medical Staff in **Cochin International Half Marathon** in 2013 and 2014.

OTHER EXPERIENCES

- Was involved in clinical case discussions and guidance to junior students during their clinical postings
- Was part of on field medical team for various **International/National/State level** sports events in Kerala, India

- Participate as a physiotherapist trainee in **15th United India Insurance-RSC, All India Junior Ranking Badminton Tournament2015**

HONORS & AWARDS

- Course work in Brunnstorm's Approach in Stroke Rehabilitation.
- Course work on basic Pranic Healing Therapy

STRENGTH AND WEAKNESS:

- My family has always been my strength. They stood by my side in all difficulties that I had to face since my childhood.
- Caring people around me.
- I have trouble saying "no" and sometimes lack confidence.

HOBBIES, INTERESTS:

- Cooking South Indian dishes for my family and try out new recipes over the weekend.
- Fitness and health are my other concerns which I take it seriously and do regular workouts.

REFERENCES:

- Mr. Sandeep T Menon – 9895665563, Chief Operating Officer, Medical Trust Kuzhuppilly
- Dr. Biju Ravindran – 9895135610, Medical Director, Life Care clinic
- Mr. Arun Thachil – 9895191924, Associative professor, MTIMS
- Mr. M A Joseph – 9846091844, HOD, Dept of Physiotherapy, MTH Kochi
- Dr. Harikumar – 9388634666, CMO, Emergency department, MTH Kochi

DECLARATION:

I hereby solely and sincerely acknowledge that statements made, and information mentioned above are true to the best of my knowledge.