

Dr. Gargi Pushpalal MBBS, MD Psychiatry

Education

2019 – 2022 MD Psychiatry

Mahatma Gandhi Medical College and Research Institute,
Sri Balaji Vidyapeeth University, Pondicherry – 607403, India.

<http://www.mgmcri.ac.in>

2011 – 2017 MBBS - Bachelor of Medicine, Bachelor of Surgery.

Kasturba Medical College, Manipal University,
Mangalore - 575001; Karnataka, India.

<http://www.manipal.edu/kmc-mangalore.html>

Clinical Experience

2019- 2022 Junior Resident

Department of Psychiatry, Mahatma Gandhi Medical College and
Research Institute, Pondicherry, India.

2016- 2017 Internship

Kasturba Medical College, Mangalore, Karnataka,
India.

Clinical Skills

Training in General adult Psychiatry, Acute Care & Emergency Psychiatry, Addiction
Psychiatry, Child and Adolescent Psychiatry, Consultation liaison Psychiatry & Psychosomatic
Medicine, Community Psychiatry, Electroconvulsive therapy, Geriatric Psychiatry, Peri-natal
Psychiatry at Mahatma Gandhi Medical College and Research Institute, Pondicherry, India.

Medical License

Tamil Nadu Medical Council Registration No: 144846 Year - 2020

Research

Areas of Interest

- Consultation liaison Psychiatry
- Child & Adolescent Psychiatry
- Addiction Psychiatry
- Community Psychiatry

Research skills

- Identification and recruitment of the patients for the research, including obtaining written informed consent
- Use of bio-statistical software like SPSS software to analyze and interpret data

Dissertation:

“Assessment of physical morbidity among psychiatric inpatients in a tertiary care centre: A study of the process and outcome” in Mahatma Gandhi Medical College and Research Institute, Pondicherry, under the guidance of Dr. Sivaprakash B., Dr. Karthick S. and Dr. Mohammed Hanifah.

Paper/Poster Presentations:

- **Gargi Pushpalal**, Sivaprakash B., Karthick S., Sukanto Sarkar, Mohamed Hanifah. Assessment of physical morbidity among psychiatric inpatients in a tertiary care centre: a study of the process & outcome – an interim analysis. Paper presented in the 35th Annual Conference of Indian Psychiatric Society- Tamil Nadu Chapter, October 2020.
- **Gargi Pushpalal**, Vigneshvar Chandrasekaran, Karthick S., Sivaprakash B. Utility patterns of telepsychiatry service in a tertiary care centre in south India during the COVID 19 pandemic. Poster presented in the 35th Annual Conference of Indian Psychiatric Society- Tamil Nadu Chapter, October 2020.
- **Gargi Pushpalal**, Sivaprakash B., Karthick S., Mohamed Hanifah. Assessment of physical morbidity among psychiatric inpatients in a tertiary care centre: a study of the process & outcome. Poster presented in the SBV Research week 2022 - Intra Collegiate Competition organized by Sri Balaji Vidyapeeth University, Pondicherry, India. March 2022.

Ongoing study:

- **Gargi Pushpalal**, Partheeban M., Karthick S., Sivaprakash B. “Knowledge and attitude towards COVID 19 vaccination among patients with mental illness in a tertiary care centre, Puducherry”

Conferences/CME attended:

- International Health Research Convention 2019- Bridging the mind-body divide: the frontiers of psychosomatic medicine, Mahatma Gandhi Medical College and Research Institute, Sri Balaji Vidyapeeth, Pondicherry. July 2019
- State level PG CME in Community Psychiatry, Government Chengalpattu Medical College, Tamil Nadu. August 2019
- 35th Annual Conference of Indian Psychiatric Society- Tamil Nadu Chapter, October 2020.
- Virtual International Conference on COVID 19 and Mental health organized by Chettinad hospital & Research Institute, Kelambakkam, Tamilnadu, July 2021

Workshops attended:

- American Heart Association – BLS and ACLS, MGMCRI, Pondicherry, September 2019
- PG Dissertation Workshop, MGMCRI, Pondicherry, September 2019
- Completed Basic Course in Biomedical Research (BCBR) conducted by Swayam, December 2019
- Training of Young Trainers, for Post Graduates, MGMCRI, Pondicherry, November 2021.
- Conversion of Dissertation to Research Publication, MGMCRI, Pondicherry, March 2022.

Awareness & Outreach Services

- Delivered Mental health care in rural health settings (Rural health centre, Seliamedu, Pondicherry)

Teaching Experience

- MBBS students and Interns – during Clinical postings in the Department of Psychiatry
- MBBS students - Psychiatry theory lectures
- Communication skills classes for MBBS students and interns (part of the curriculum for MBBS undergraduates)

Other Experiences / Resource Person Activities

- Organizing committee for International Health Research Convention 2019- Bridging the mind-body divide: the frontiers of psychosomatic medicine, Mahatma Gandhi Medical College and Research Institute, Sri Balaji Vidyapeeth, Pondicherry. July 2019

Other Achievements

- Journal article Presentation at the Statewide Journal Club and Research Lecture Series conducted by the Indian Psychiatric Society – Tamilnadu Chapter, September 2021

Personal Details

Date of birth: 19th March 1993

Languages known: Malayalam, English, Hindi, Tamil, Kannada

Permanent Address: Kutikkattu house, Chenappady, Kanjirappally, Kottayam, Kerala - 686520

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References

1. Dr. Sivaprakash B., MD
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3. Dr. Partheeban M., MD
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Declaration:

I do hereby declare that the above information is correct and true to the best of my knowledge.



(Gargi Pushpalal)