

AARATHI KRISHNA

PERSONAL DETAILS

Age : 17.09.1996
Address : A-5 Gulmohar Vatika,
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CAREER OBJECTIVE

To contribute most of my capabilities working as a dietitian by serving and modifying others lifestyle and grow a healthy nation

ACADEMIC QUALIFICATION

QUALIFICATION	BOARD/UNIVERSITY	YEAR OF PASSING	ACADEMIC STANDING
M.Sc. Food service management and dietetics	Avinashilingam university, Coimbatore, Tamil Nadu	2017-2019	71%
B.Sc. Food service management and dietetics	Avinashilingam university, Coimbatore, Tamil Nadu	2014-2017	68%
Higher secondary examination (XII)	St.Joseph's Sen. Sec.School(CBSC), Raipur, Chhattisgarh	2013-2014	56%
S.S.L.C Examination (X)	St.Joseph's Sen. Sec.School(CBSC), Raipur, Chhattisgarh	2011-2012	64%

OTHER QUALIFICATION

- Registered dietitian training has been completed at Believers Church Medical College Hospital, Thiruvalla, Kerala from 1.01.2020 to 18.03.2020 and continued from 6.07.2020 to 20.10.2020
- Research project done on the topic of organoleptic evaluation of pulse based low fatsnacks for diabetics (2019)
- Attended online MOOC course on Technology of Fermented, Cheese, Ice-cream and By-products (2017)
- Certificated in Soft skill course (2015 - 2017)
- Certificated in National service scheme (2016)
- Certificated in co-curricular course of General Awareness (online test 2016)
- Done a value-added course of First Aid Practicum (2014-2015) and got a provisional certificate

AWARDS AND PARTICIPATIONS

- Participated in International workshop on nutrition care process: beyond the basis (15.02.2020 to 16.02.2020)
- Participated in 51st IDACON 2018, Indore, M.P (30.09.18 to 2.10.18)
- Participated in "Home science towards young India, New India", DST CURIE sponsored national conference on 16 & 17 February 2018, Coimbatore (T.N) and presented E-posteron "Big deal with banana peel"

- Participated in “Pulse- The pulse of life”, UGC sponsored international seminar on 1.03.2017, Coimbatore (T.N)
- Participated in Obesicon II on 18.09.2016 and Obesicon III on 27.08.2017 at GEM Hospital and Research Centre, Coimbatore (T.N)
- Participated in “Live life education” in September 2014

STRENGTH

- Flexible to taking challenges
- Hard working
- Self-motivated
- Enthusiastic to work

EXPERIENCE

- Worked as a dietitian trainee at Believers Church Medical College Hospital, Thiruvalla, Kerala from 8.04.2021 to 30.04.2022
- Worked as a dietitian observer at Believers Church Medical College Hospital, Thiruvalla, Kerala from 21.11.2020 to 07.04.2021
- Worked as a dietitian observer at Believers Church Medical College Hospital, Thiruvalla, Kerala from 3.07.2019 to 12.12.2019
- Internship completed at CMC hospital, Vellore, Tamil Nadu from 1.06.18 to 30.06.18
- Internship completed at PSG hospital, Tamil Nadu from 25.05.16 to 8.07.16

JOB ROTATION

- Obstetrics, Gynaecology, Labour Room, Ortho, Ophthalmology, ENT, Male medical 1 & 2, Female medical, Psychiatric, Ortho, Dermatology, Paediatric ward, COVID ward- 4th PVT, 5th Isolation HDU, 5th Isolation ward, Isolation HDU, Isolation ICU, Female and Male Surgical ward, Labour Room, CCU, Oncology ward, Gynaecology Isolation, Obstetrics, 3rd PVT, HCU, Oncology ward, CCU, Paediatric ward Neuro HDU
- Diabetic educational program for geriatric age group at Kalloppa, Mallapally taluk of Pathanamthitta, Kerala

SKILLS

- Good communication skills – English, Hindi, Tamil, and Malayalam
- Software skills – Microsoft excel, word, and power point
- Excellent typing skill

DECLARATION

Hereby, declared that the information furnished in above are true to the best of my knowledge.

Aarathi Krishna