

# Dr Ashly Shibu

Consultant Psychiatrist

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Life Ordinary Member - Indian Psychiatry Society

## Research Projects

1. “The study of association between Internet Addiction and social anxiety among 981 medical and paramedical students”
2. “Clinical Audit of Thyroid profile before Initiation of Lithium therapy among Inpatients”
3. “A Cross sectional study of prevalence and predictors of psychological distress during COVID - 19 pandemic among Indian population” -GLOBAL PSYCHIATRY
4. “Challenges faced by caregivers of children with Autism Spectrum Disorders during the COVID - 19 pandemic” - SAGE OPEN

## Paper and Posters

1. **Award Poster presentation** on “**Psychosis in Systemic Lupus Erythematosus**” in TANPSYCON 2020, Annual Conference of Indian Psychiatry Society - Tamil Nadu Chapter (3<sup>rd</sup> place)
2. **Paper presentation** on “**The war within you in COVID - 19: A cross sectional study among the diverse population**” in KANCIPS 2020, Annual Conference of Indian Psychiatry Society - Karnataka Chapter
3. **Case presentation** on “**Lupus Psychosis**” in **National Case presentation Competition**, Indian Psychiatry Society, **Women’s Mental Health specialty section**
4. **Poster presentation** on “**Gender differences in the Diverse perceptions of the COVID - 19 Pandemic**” in **National Post Graduate CME - YENMIND - 6**, Yenepoya Medical college, Mangalore, India
5. **Prof. P.V Balan Award paper presentation** on “**Barriers to treatment for parents of Children with Autism Spectrum Disorders during COVID - 19**” in

### Other accomplishments

1. Presented a talk on “*Motivating a person with Alcohol Dependence to get admitted to Rehab*” in the *Blitz competition*, IPSOCON 2021, Annual conference of *Indian Psychiatry Society*, South Zone, Madurai
2. Directed a Short film “*Genie in a Bottle*” which won 2nd in the Short Film Competition (*Barriers to Mental Health care*) in IPSOCON 2021, Annual conference of Indian Psychiatry Society, South Zone, Madurai.
3. 2<sup>nd</sup> place for *Theatre play “Family and Social Support is essential for recovery from Schizophrenia”* on *World Schizophrenia Day* at SRIHER, Chennai, India
4. Passed **MRCPsych Paper A**

### Education

M.D PSYCHIATRY - Sri Ramachandra Institute of Higher Education and Research, Porur, Chennai, Tamil Nadu	2019-2022
M.B.B.S - Pushpagiri Institute of Medical Sciences and Research Centre, Thiruvalla, Kerala	2010- 2016

### Areas of Interest and expertise

Clinical Psychiatry, Child and Adolescent Psychiatry, School Mental Health, Neuropsychiatry, Psychotherapy, Consultation liaison Psychiatry, Electroconvulsive therapy, Women’s Mental health, Deaddiction, Behavioral addiction, Academics and research