

CURICULAM VITAE

Position Applied for : Staff Nurse
Carrier Objective : To seek a challenging job in nature My talent
in nursing care and to upgrade my
knowlegde

PERSONALDETAILS

Name : Mrs.Arsha.M
Permanent address : Karimbinkalayil(H)
Thathampally (P.O)
Housing colony Road, Alappuzha
688013
Date of birth : 15 /08 /1997
Gender : Female
Father's name : Mr.Sasidharan.M
Nationality : Indian
Marital Status : Married
Husband's name : Mr.Arun.A
Religion/Cast : Hindu/Mannan
Language Known : English,Malayalam,
Email : arshamannarakkal@gmail.com
Contact Number : 7356971172,7994231272

ACADAMIC QUALIFICATION

Year	Name of Institution	Board/University	Qualification	%ofm ark
2013	M V H S S Ariyallur	Govt. of Kerala, Board of Public Examinatin	S S L C	86.6%
2015	M V H S S Ariyallur	Govt. of Kerala, Board of Higher secondary Examination	Plus Two	75%

PROFESSIONAL QUALIFICATION

Course	Name of Institution	Board/ University	Year of Passing	Percentage
BSc.Nursing	INDIRA GANDHI COLLEGE OF NURSING KADAVANTHARA	Kerala University	<u>2019</u>	<u>71%</u>

CAREER SUMMARY

REGIONAL CANCER CENTRE, TRIVANDRUM, KERALA

04/05/2021 to 23/05/2022

- Experience in Medical ,Surgical ,Radiation Oncology ward and ICU
- Paediatric Onco Ward and ICU
- Operation Theatre ,Chemotherapy unit ,Bone marrow transplantation unit
- Brachtherapy Theatre
- Palliative care and pain clinic
- **Speciality clinics**(Lymphedema/Stoma care/head and Neck Rehabilitation/CVAD)
- Community Oncology

CARE HOSPITAL HI TECH CITY , HYDERABAD

14/08/2020 to 27/01/2021

Experience in Surgical ICU , Covid ICU , Critical Care ICU

SYMPOSIA & SEMINARS ATTENDED

- Breast Feeding
- Vaccination
- Basic Life Support Provider
- Quality in Nursing
- I V Therapy Course
- Roll of Nurse in infection control
- Nursing care presentation
- Criteria setting in Nursing
- Nursing care planning
- Effective Communication
- Hospital Hygiene and infection management
- Anaemia Appendicitis
- Pre-operative and Post operative care
- Diabetis Mellites

ASSISTING DOCTORS FOR CERTAIN PROCEDURES

- Central line Inspection
- Tapping
- Tracheostomy
- Lumbar Puncher
- Bonmarrow aspiristion
- Insertion of Perineal Dialysis Cathterization
- Insertion of Arterial Line
- Pleural Tapping
- Intubation
- Extubation
- Chemotherapy Administration
- Swab Collection
- Biopsy
- Trucut Biopsy
- Brachytherapy

EQUIPMENTS FAMILIAR WITH

- Oxygen Cylender
- Nelson's Inhaler
- Pulse Oxymeter
- Infusion Pump
- Cardiac Monitor
- Ventillator
- Endotracheal intubatuation set
- Nebulization machine
- Suction machine
- Glucometer
- Thermometer
- Syringe Pump
- Laryngoscope
- Cathterization set
- Ambu Bag
- Pressure Mattress

DUTIES AND RESPONSIBILITIES

- Management of patient care including admission and orientation of the patient
- Assessment of patient need and planning care for their needs

- Interpersonal relationship with the higher authorities, co-workers, patient and patient relatives
 - Management of supplies equipments and environment.
 - Keeping records and reports
 - Demonstration of procedure to students and clearing doubts.
 - Administer the medication using proper sterile techniques and administer to the right patient in the right drug, in the right usage, in the right time and route
 - IV cannulation for patients
 - Insertion of Naso-gastric tube and feeding and jejunostomy feeds
 - Urinary catheterization
 - Handling of syringe pump and infusion pump
 - Blood Transfusion
 - ABG Monitoring
 - Diabetic dressing and suture removal
 - Management of emergencies and complication like cardio respiratory arrest and intubation
 - Management of patient on ventilator.
 - Prepare patients, physically and psychologically before doing special procedures
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- Health education about personal hygiene.
 - Tracheostomy care and Drain care

MY CONCEPTS

- I believe in God
- Hardworking & practice are the key of my success
- Positive attitude & Optimism

REFERENCE

1. MRS JINCY JHON
VICE PRINCIPAL
INDIRA GHANDHI COLLAGE OF NURSING, KADAVANTHARA
PH:9446106026
2. MRS JESSY CYRIAC
PRINCIPAL
INDIRAGANDHI COLLAGE OF NURSING, KADAVANTHARA
PH:7012335715
3. CNO

REGIONAL CANCER CENTRE , TRIVANDRUM
cno@rcctvm.gov.in

DECLARATION

I do hereby humbly declare that the above given particulars are true and correct to the best of my Knowledge and belief.

Thanking you,

ARSHA.M

Place : Alappuzha

Date: 01/07/2022