

CURRICULAM VITAE



ASWATHY PV MPhil (PSW)
PSYCHIATRIC SOCIAL WORKER



PUTHUKALAYIL HOUSE
KARAKKAD P O
CHENGANNUR, ALAPPUZHA
KERALA, 689504



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Objective

To seek the Post of Psychiatric Social Worker in the institution, where I can use my academic and clinical experience to deal with the mental health issues of patients and also it may help me to update my knowledge and skills in accordance with latest trends in psycho social interventions along with updating my research skills.

Short Introduction

Master of Social Work (2016), UGC-NET in Social Work for Lectureship (2019), M Phil in Psychiatric Social work (2019-2021 First Rank, KUHS) with nearly three year experience of social work in psycho social rehabilitation and 2 years clinical experience in psychiatric social work. I have experience in conducting qualitative research and attended national and international conferences.

EDUCATIONAL QUALIFICATIONS

M Phil

Psychiatric Social Work, IMHANS,
Government Medical College, Kozhikode,
Kerala University of Health Sciences
(KUHS), (First Rank , Kerala University of
Health Sciences)

MSW

Medical and Psychiatric Social Work, BCM
College, Kottayam
Mahathma Gandhi University, Kerala

UGC-NET

UGC- NET for Lectureship, National
Testing Agency

BA

English Language and Literature,
Christian College, Chengannur
Kerala University, Kerala

No	Course	Name of Institution	Year of passing	University /Board	Marks Obtained
1	M Phil in Psychiatric Social Work	IMHANS, Govt. Medical College Campus, Kozhikode	2021	Kerala University of Health Sciences (KUHS)	74% (University 1 st Rank)
2	Post Graduation MSW	B.C.M College Kottayam Kerala	2016	University of Calicut	85.25%
3	Graduation (B.A. English Language and Literature)	Christian College Chengannur Kerala	2014	University of Kerala	84%
4	Higher Secondary (BioMaths)	Angadical South Government Higher Secondary School Angadical South Chengannur Kerala	2011	Board of Higher Secondary Education Kerala	76%
5	SSLC	S.H.V.High School Karakkad P.O. Chengannur Alappuzha Kerala	2009	Board Of Secondary Education, Kerala	91%

AREA OF EXPERTISE

Child - Behaviour Therapy, Parent Management Training, Life Skill Training, Educational Counselling, Adolescent Education, Child Sexual Abuse Prevention, Stress Management Programmes, Student Enrichment Programme.

General Services

Admission Counselling Intake -Reception- Accepting the patient, Case History, Mental Status Examination, Psycho-Social Diagnosis, Psycho-Social Assessment

Interventions Psycho Education, Case Work with Patient, Case Work with Relative, Group Work with patient and Families, Co-ordination of Multi Disciplinary Team, Grief Counselling, Pre-Surgical Counselling, Individual Therapy, Family Therapy, Breaking the Bad News, Mental Health Education, Social Skill Training,

Other Activities Community Development Programmes, Liaison and Networking, Disaster Counselling, Discharge Counselling, Follow- Up : after care, Rehabilitation of Patient, Orientation of the Staff, Mental Health Research.

EXPERIENCES

Clinical Experience in Psychiatric Social Work at **Institute of Mental Health and Neuro-Sciences (IMHANS), Government Medical College, Kozhikode** (2019- 2022)

Experience in working with children in **Child Development Services (CDS) of Institute of Mental Health and Neuro-Sciences (IMHANS)**, Government Medical College, Kozhikode

Experience in working with children in Paediatric Oncology of **Government Medical College, Kozhikode**

One month training as Medical Social Worker in **LISIE HOSPITAL**, Ernakulam, Kerala.(01/04/2016- 30/04/2016)

Experience in providing Behaviour Therapy, Child Counselling, Parent Management Training and Life Skill Training.

Administrative and Counselling experience as a Psychiatric Social Worker in a Psycho Social Rehabilitation Centre, Snehatheeram, Vilakudy P O, Kollam (Dt), Kerala (2016- 2019)

Experience in conducting qualitative research study (2020)

Experience in working in **Government Mental Health Centre, Kuthiravattom, Kozhikode**

Experience in working with **District Mental Health Programme (DMHP), Kozhikode**

Field Work experience in Life School Education Skill Training Programme as a Community Teacher (2016)

One month training as Psychiatric Social Worker in **Cadabam's Group of Rehabilitation and De-addiction Centres.**

Worked as a community teacher for **the LIFESCHOOL TRAINING PROGRAMME** conducted by **World Vision.**

Worked in **KSSS(Kottayam Social Service Society)** as Social Work Trainee

Worked as a Psychiatric Social Work Trainee in **Gilgal Ashwasa Bhavan**, Eraviperoor, Thiruvalla Kerala, A charitable organization providing care and shelter for people with psychiatric illness aged people destitute and people who are physically handicapped from 09/07/2016- 10/08/2016

One month training of **ASAP** (Additional Skill Acquisition Programme)by Kerala Government and successfully completed APTIS Test conducted by British Council

Worked in **OASIS**, A Child Focussed Community Development Programme Kuruppumthara as Social work Trainee.

FIELD OF INTEREST

Community Mental Health, Child and Maternal Mental Health, Family, Social Work Education, Research in the area of Mental Health and Child are the interested areas. Use social work methods as tools for social change and find new and effective intervention plans through research.

ACHIEVEMENTS

Editor of the Malayalam translation of a handbook for health workers during COVID 19“BREATHE” published by St. Johns hospital, Bangalore.

Best Social Work student of the year 2016 from BCM College, Kottayam, MG University

Magazine Editor of the first magazine published by Institute of Mental Health andNeurosciences, Calicut, KUHS, Kerala

LIST OF INTERNATIONAL / NATIONAL CONFERENCES/ SYMPOSIA ATTENDED

Participated in **International Training Conference for Brief Psychotherapies (ITCBP)** at IMHANS.

Participated in a two day workshop on “**Practice Skills in Counselling and Psychotherapy**” conducted by Department of Social Work, BCM College, Kottayam

Organized and participated in SAMANWAYA 2015 and SAMANWAYA 2016 (**National Seminar** and Social Work Students Meet)

Participated in a “ **National Conference on the Impact of Social Media on Behavioural Pattern and Personality**” conducted by Kodaikanal Christian College.

Participated in **De-Novo** (Social Work Meet of De-Paul College Angamali Kerala)

Participated in a national seminar on “**Promotion of Mental Health among Mentally Challenged Lives**”(AWAKE) conducted by Kuriakose Elias College, Mannanam, Kottayam

Participated in the workshop on **PRA (Participatory Rural Appraisal)** conducted by BCM College and Aymanam Panchayat.

Participated in the Kerala Social Work Students Congress 2015 and seminar on “**Promoting Dignity and Worth of People**” conducted by KAPS

Participated in **District Youth Convention and Cultural Fest-2014** conducted by Nehru Yuva Kendra.

PERSONAL PROFILE

Sex	: Female
Date of birth	: 20-01-1994
Nationality	: Indian
Marital status	: Married
Blood Group	: B+ve
Hobbies	: Reading, listening music, writing and Travelling
Guardian	: P. Vijayachandran

DECLARATION

I hereby declare that all the statement made above are true and correct to the best of my knowledge and belief.

Place : Karakkad

ASWATHY P V

Date : 04/07/2022

Reference:

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| <ul style="list-style-type: none">• Dr.Seema P Uthaman
M.Phil (PSW), Ph.D
HOD, Dept. of Psychiatric Social Work
IMHANS, Government Medical
College, Kozhikode, Contact No.
9074277506 | <ul style="list-style-type: none">• Dr. P. Krishnakumar MD
(Psychiatry), DCH, DNB
(Pediatrics)
Director, IMHANS, Government
Medical College, Kozhikode
Contact No. 9846922186 |
| <ul style="list-style-type: none">• Dr.Jobin Tom M.Phil (PSW), Ph.D
Asst. Professor
Dept. of Psychiatric Social Work
IMHANS, Government Medical
College, Kozhikode, Contact No.
9742169395 | <ul style="list-style-type: none">• Dr. P.K Anish MD (Psychiatry)
Assistant Professor,
Dept. of Psychiatry
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