



LAWEEN LENOS

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Analytical, organized and detail-oriented Pharm D graduate dedicated to serve for the healthcare community and to gain experience to build my career in clinical pharmacy with special interest in clinical judgment, to contribute and actively participate in the treatment regimen of patients, serve as a reference to other healthcare providers and counsel patients, which significantly help me to explore the field of clinical pharmacy, sharpen my theoretical, hands-on knowledge of medication therapy and to develop my personality, who contribute to community with dedication.

SYNOPSIS

- Assisted in dispensing prescribed medication to patients in outpatient pharmacy.
- Worked as clinical research coordinator intern, with well-versed skills in post prescription auditing.
- Assisted in Antimicrobial stewardship programs, Medication chart review. Dosage adjustments.
- Assisted in performing Patient counselling to patients admitted in hospitals.
- Coordinated in identifying Drug-drug interactions, dosage errors.
- Possible Adverse drug events where reported, IV Incompatibility was analyzed during ward postings.

EXPERIENCE

MARCH 2022- Present

CLINICAL PHARMACIST TRAINE

DAYA GENERAL HOSPITAL, THRISSUR, KERALA

- Obtained 3 months training as clinical pharmacist, where I was trained practically in identifying inappropriate dosage errors, dosage adjustment in critically ill patients.
- Acquired practical knowledge in applying dosage adjustment for patients on antibiotics with other multiple comorbid conditions.
- Presented clinical cases during ICU and Ward posting on daily basis.
- Performed and assisted in dose adjustment of drugs in patients who require renal dose adjustments, hepatic dose adjustment, assisted in categorizing major Drug interactions.
- Possible Adverse drug events where reported, IV Incompatibility was analyzed during ward and ICU posting.
- Gained hands on experience in Antibiotic stewardship programs.

JANUARY 2021-MARCH 2021

COMMUNITY PHARMACIST

VISWAS COMMUNITY PHARMACY, TRIVANDRUM, KERALA

Assisted in dispensing the prescribed medication to the patients.

Provided patient counselling for patients taking antibiotics.

Educated patients to administer their medication as advised by the physician.

MARCH 2020 – JULY 2020

CLINICAL RESEARCH COORDINATOR INTERN

COLUMBIA ASIA REFERRAL HOSPITAL, KARNATAKA, BENGALURU

Assisted in post prescription audit of all Columbia Asia Hospitals for NABH accreditation.

DECEMBER 2019 – FEBRUARY 2020

CLINICAL PHARMACIST INTERN

BELIEVERS CHURCH MEDICAL COLLEGE AND HOSPITAL, THIRUVALLA, KERALA

- Performed 3 months' internship at Believers Hospital, during internship I gained knowledge from observational learning on disease diagnosis, interpreting x –rays during ward rounds.
- Performed and practiced patient history taking, patient counselling, assisted senior clinical pharmacist to gather individual patient reports.
- Assisted senior physician in EMR at outpatient clinic. Actively participated in CME programs, volunteered in medical exhibition as medical representative on behalf of Believer's church hospital.

AUGUST 2019 – MARCH 2020

CLINICAL PHARMACIST INTERN

ESIC MEDICAL COLLEGE & PGIMSR& MODEL HOSPITAL, KARNATAKA, BANGALORE

- Provided patient counselling to patients before and after discharge.
- Took initiative in taking patient medical history
- Identified drug-drug interactions and brought it to notice of the physician and nurse.
- Identified and notified major side effects during case follow up.
- Drug interventions was notified to staff nurse and physician.
- Performed activities such as case collection, daily follow up of case, prescription auditing
- Established a rapport with the patients, which provided a way identify non- compliance to medications.
- Counselling admitted patients on how to take their medication.
- Presentation on new clinical cases were done on daily basis.
- Participated in ward rounds with senior doctors.
- Assisted in performing inventory control in outpatient pharmacy.

EDUCATION

JULY 2020

DOCTOR OF PHARMACY, ACHARYA AND BM REDDY COLLEGE OF PHARMACY,
BANGALORE

- GPA: 3/4.0

MARCH 2014

12TH SCIENCE, EMIRATES FUTURE INTERNATIONAL ACADEMY,
ABU DHABI

- CBSE

MARCH 2012

10TH STANDARD, ABU DHABI INDIAN SCHOOL,
ABU DHABI

- CBSE

PROJECTS

MARCH 2019

**DESCRIPTIVE STUDY ON FACTORS ASSOCIATED
WITH ANTIFUNGAL MEDICATION ADHERENCE AMONG PATIENTS WITH
DERMATOPHYTOSIS**, BENGALURU

OBJECTIVE: To determine the factors that influences non- compliance among patients who are on antifungal medications as deramtophytosis is a common cause which in turn results in reoccurrence and worsening of the infection.

- The study was conducted at ESI MC-PGIMSR & Model Hospital, Rajajinagar, which is a 500 bedded Hospital with state of art facilities for patients.
- This study was a three -month observational study with sample size of 305 patients visiting the outpatient clinic.

OUTCOME: Observational study outcome showed that most of the patient were non-compliant to medication due to various factors such as age, gender, knowledge about the disease, inadequate hygiene.

- These factors where determined using medication KAP questionnaire and medication adherence in each individual was determined using Morisky Green Levine scale.

PUBLICATION

- Descriptive study on factors associated with antifungal medication adherence among patients with dermatophytosis in volume 12, issue 1, January 2021 at International Journal of Pharmaceutical Sciences.

SKILLS

- Willingness to learn
- Comprehensive problem-solving abilities
- Excellent verbal and written communication skills
- Ability to deal with people diplomatically
- Team facilitator.
- Microsoft Excel
- PowerPoint / Publisher
- Good team player
- Prescription Audit
- Inventory control & Auditing
- Patient counselling

ACTIVITIES & INTERESTS

1. Attended the workshop on Commandments In Antimicrobial Use held on 5th June 2022, At Daya General Hospital Ltd and Speciality Surgical Center.
2. Participated and volunteered in international conference on advanced pharmacy practice (ICAPP), Acharya and BM Reddy College of Pharmacy, Bengaluru – 18th& 19th December 2017
3. Participated in two Days national workshop on clinical skill development held at KVM college of pharmacy, Chertala, Kerala – 28th & 29th September 2018.
4. Enrolled for Uppsala Monitoring Center Online Course on introduction to Pharmacovigilance and signal detection and causality assessment - 13th and 17th June 2020.
5. Participated in poster presentation competition in 7th national conference ABMH PHARMACON on “pharmacy and medication management at Aditya Birla Memorial Hospital – 16th & 17th November 2019.
6. Participated in one-day international seminar on “cure disease with cells, not pills” by acharya & BM Reddy college of pharmacy on 12th March 2018.
7. Participated in 1st international conference on advanced pharmacy practice evolving the role of clinical pharmacist – 18th and 19th November 2017

REFERENCES

1. **Dr. JOSHUA KURUVILLA MATHEW,**
Pharm D, Clinical Pharmacist.
Believers Church Medical College and Hospital , Thiruvalla.
2. **Dr. PRIYANKA NAGARAJ,**
Clinical Research Coordinator.
Columbia Asia Referral Hospital Yeshwanthpur
3. **Dr. Mahria Moideen,**
Pharm D,
Daya General Hospital, Thrissur