

RESUME

Ashna Donal

25y/f

Parthaveetil (H), Kothamangalam (P.O),
Malayinkeezhu, Ernakulam,

Kerala 9947143935

9387173271

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- **MSW Specialized in Medical and Clinical Psychiatry**
- **Diploma in Indian and Foreign Accounting (private)**

EXPERIENCE

PRO In Mar Baselios Medical Mission Hospital Kothamangalam (1 Year)

CAREER OBJECTIVE

Looking forward to an opportunity for working in a dynamic challenging environment where I can utilize my skills for developing my career and for the growth of the organization.

EDUCATION

Qualification	Institution	Board/University	Year of Passing
SSLC	St. Augustine's Girls Higher Secondary School, Kothamangalam	Board of Public Examination, Govt. of Kerala	2011
Plus Two	St. Augustine's Girls Higher Secondary School, Kothamangalam	Board of Public Examination, Govt. of Kerala	2013
Degree, B.Sc Statistics	Mar Athanasius College Kothamangalam	MG University	2016
DIFA(Private)	G-Tec		2018
PG, MSW (Medical and Clinical Psychiatry)	Yeldho Mar Baselios College Kothamangalam	MG University	2019

SOCIAL WORK INTERNSHIPS

- Kuttampuzha Panchayat, Kothamangalam
- ATMA Foundation, Thrissur
- Chaithanya Institute for Mental Health, Pune
- Amala Institute of medical Sciences, Thrissur.
- Kidwai Memorial Institute of Oncology, Bengaluru

SEMINAR ATTENDANCE & VOLUNTEERING

1. Best India Record (National record)
Dr. Thomas K George Director, LEAD College of management, successfully set a new record in longest Marathon training by conduct his own youth development programme titled 'Turning point' Continuously for 63 hours.
2. National seminar 'ALMONERS'-Crisis intervention with survivors of disorders: Approaches and strategies-Amala institute of medical sciences, Trissur.
3. Life skill development-Jyothidarsana institute for counselling and mental health
4. Media seminar-Press club Muvattupuzha.
5. Wetlands for a sustainable Urban Future-Dept. of Social Work, Rajagiri College of Social Sciences, Kochi
6. Career counselling program conducted by Sevakiran charitable society for Tribal students

RESEARCH UNDERGONE

A Study On The Health And Hygiene Problems of Tribal In Kuttampuzha Panchayath.

DECLARATION

As I see myself broad minded individual have a determined approach towards my work and understand the importance of my responsibilities. If given a chance, have confidence of handling my challenging jobs with ease.

Place: Kothamangalam

ASHNA DONAL