

# **R. JAYARANI**

STAFF NURSE – Medical and Cardiac ICU

Diligent Nursing profesional, agile and responsive to dynamic patient needs and environmental conditions. Team-oriented and reliable with expert healthcare knowledge, clear verbal and written communication skills and sound clinical judgment.

#### **EDUCATION**

2014 – 2018 B.Sc (Nursing) Thiruchendur,TN - India PADMASHRI DR.SIVANTHI ADITANAR COLLEGE OF NURSING

\_\_\_\_\_

2013 – 2014 HSE Sivakasi,TN – India

1988 – 2000 SSLC Sivakasi,TN – India

THE CORONATION GILRS HR.SEC.SCHOOL

THE CORONATION GILRS HR.SEC.SCHOOL

#### WORK EXPERIENCE

# SKILLS

Communication Attitude and Confidence Teamwork Critical Thinking Professionalism Empathy Adaptability Strong Work Ethic Time Management Patient Care and Management Patient Triage Clinical Judgement Clinical Documentation VELLAMMAL MEDICAL COLLEGE AND RESEARCH

Dec,2018–Feb,2022 (Madurai,Tamilnadu, India)

- Staff Nurse Medical and Cardiac ICU
- Monitor exact, detailed reports and records of the critical ICU patients.
- Monitor and record symptoms and changes in patients' conditions and information to the physician.
- Order, interpret and evaluate diagnostics tests to identify and assess the patient's condition.
- Carefully observe and document patient medical information and vital signs.
- Document patients' medical histories and assessment findings.

# CONTACT

52/2491 A2, First Floor, Lane 7, L.M. Pylee Road, Vyttila P.O., ERNAKULAM, KERALA 682019

PHONE: +91-6382240995 EMAIL:<u>rjayaraniravi96@gmail.com</u>

## REGISTRATION

TamilNadu Nurses and Midwifes Council RN/RM 204891 Valid through : 23/01/2024

# LANGUAGES

English: Read, write and speak

Tamil: Read, write and speak

## PERSONAL DETAILS

Date of birth :14-12-1996 Sex : Female Marital status : Married Nationality : Indian

#### Hobbies

Listening Music Reading Drawing

- Document patients' treatment plans, interventions, outcomes, or plan revisions.
- Consult and coordinate with health care team members about whole patient care plans.
- Modify patient treatment plans as indicated by patient's response and conditions.
- Monitor the critical patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.
- Administering intravenous fluids and medications as per doctor's order.
- Monitor patients' fluid intake and output to detect emerging problems such as fluid and electrolyte imbalances.
- Monitor all aspects of patient care, including diet and physical activity.
- Identify patients who are at risk of complications due to nutritional status.
- Direct and supervise less-skilled nursing/health care personnel, or supervise a particular unit on one shift to patient's response and conditions.
- Treating wounds and providing advanced life support.
- Assist physicians with procedures such as bronchoscopy, endoscopy, endotracheal intubation, and elective cardioversion.
- Ensuring that ventilators, monitors, and other types of medical equipment function properly.
- Ensure that equipment or devices are properly stored after use.
- Identify malfunctioning equipment or devices.
- Collaborating with fellow members of the critical care team.
- Responding to life-saving situations, using nursing standards and protocols for treatment.
- Critical care nurses may also care for pre-and post-operative patients when those patients require ICU care.
- Besides, some act as managers and policymakers, while others perform administrative duties.
- Assess patients' pain levels and sedation requirements.
- Prioritize nursing care for assigned critically ill patients based on assessment data and identified needs.
- Assess family adaptation levels and coping skills to determine whether intervention is needed.
- Acting as a patient advocate.
- Providing education and support to patient families.

#### ACKNOWLEDGEMENT

The above stated details are true and correct to the best of my knowledge and belief