

ELIZABETH MATHEW

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PERSONAL DETAILS

- Date of Birth : 27/05/1999
- Marital Status : Single

OBJECTIVE

An enthusiastic, licensed physical therapist seeking full-time opportunities. Proven record of effective observational and problem-solving skills to evaluate patients' needs and prepare appropriate treatment plans and therapy programs. As a recent graduate, I am seeking a role which allows me to continue learning and perfecting my skills as I provide high-quality work, and encourages me to flourish as a successful "Physical Therapist".

EXPERIENCE

February
15, 2022 -
August
16, 2022

St. John's Medical College & Hospital, Bangalore

Physiotherapy Intern

Working as an intern at St. John's Medical College Hospital, Bangalore for 6 months. Areas of expertise in critical care, community physiotherapy, cardiorespiratory, women's health, orthopaedic, paediatric, neurological and post-surgical rehabilitation.

EDUCATION

2022

St. John's National Academy of Health Sciences(RGUHS), Bangalore

Bachelor of Physiotherapy

68%

2017

Chavara CMI Public School, Pala, Kerala

12th CBSE

83%

2015

Carmel Public School, Pala, Kerala

10th CBSE

9.8/10

VOLUNTEERING

• Khelo India, 2021 (Sports Physiotherapist)

Worked as a sports physiotherapist on field for Khelo India University Games, 2021 held in Kanteerava Stadium, Bangalore.

SKILLS

- Patient Assessment
- Problem-solving

- Manual Therapy & Electrotherapy
- Computer Literacy
- Quality Patient Care

CERTIFICATIONS

- **Basic Life Support (BLS) Certification, 2022**
Certified in cardiopulmonary resuscitation (CPR), using automated external defibrillators (AED) and relieving airway obstructions in patients of every age.

PROJECTS

- **Role of Physiotherapy in ICU-Acquired Weakness: An Appraisal**
The objective of the study was to establish the role of physiotherapy in the prevention and management of intensive care unit-acquired weakness and to scrutinize the effectiveness of different physiotherapy intervention strategies used in the management of the same.

LANGUAGES

- English - Full professional proficiency
- Malayalam - Native or Bilingual proficiency
- Tamil - Professional working proficiency
- Kannada - Professional working proficiency
- Hindi - Professional working proficiency
- Telugu - Limited working proficiency

ACHIEVEMENTS & AWARDS

- Intracollege culturals - 3rd prize for Indian Music in 2019 at St. John's Medical College, Bangalore
- Intraschool Culturals - 1st Prize for English Versification in 2014 at Carmel Public School, Pala
- Interschool Culturals (Sahodaya CBSE Competition) - 'A' Grade for English Versification in 2014

CONFERENCES

- St. John's National Healthcare Summit (2020)
- Cerebral Palsy Symposium (2019)

REFERENCE

- **Mr. Arun Stephen Solomon - "St. John's Medical College & Hospital, Bangalore"**
Associate Professor
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+91 99167 83259
- **Mr. Venkatesan R. - "St. John's Medical College & Hospital, Bangalore"**
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