

Dr. ARPITHA UMESH

Travancore Cochin Medical Councils
(Council of Modern Medicine)
REG. No. 86475

Arpitha Umesh
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**CAREER OBJECTIVE**

To join a reputed and growth oriented Health Organization/Hospital to challenge my Skills and Techniques, to work with various patients and to enhance my Knowledge and Reputation as an Outstanding Medical Practitioner.

EDUCATIONAL DETAILS

- Bachelor of Medicine and Bachelor of Surgery (MBBS) from KMCT Medical College, Kozhikode.
- CBSE Plus 2 education in BIO-IP Stream from VIDYODAYA SCHOOL – THEVAKKAL-KOCHI
- CBSE LKG to X from VIDYODAYA SCHOOL – THEVAKKAL-KOCHI

SKILLS

- Thorough knowledge of General Patient Psychology
- Ability to demonstrate about prescription and Medicines
- Good communication skills (Verbal) to support patients during treatment
- Suturing skills
- Good leadership quality
- Quick learner
- Extremely motivated towards career, ambitious
- Flexible and adaptable
- Experienced to handle medical emergencies like MI, CVA, SVT, RTA,

INTERNSHIP

Feb. 2021–Feb. 2022

Undergone internship at KMCT Medical College for 12 months, out of which had worked in rural area for one month. Had taken COVID-19 duties during the period April 2021 and September 2021. I have mainly assisted in the following procedures:

- Suturing Wound
- Intubation
- Gynecology cases like Fibroid and Prolapse
- Major surgery case of appendicitis and Hernia
- Management of Burns
- Ryle's Tube Insertion and Lap Cholecystectomy
- Management of Asthma
- Management of Eclampsia
- Cesarean Sections
- Minor Procedures

WORK EXPERINACE

March 2022 to Till Date

Currently working as a Jr. Registrar Endocrinology Dept. **VPS Lakeshore Hospital** at Kochi. The following has been attended various cases in Endocrinology by me during this period:

- Management of Hyperglycemia and Hypoglycemia
- Management of Diabetic Keto Acidosis
- Initiate Insulin and oral Hyperglycemic Medications
- Management of Osteoarthritis
- Management of Hypocalcemia and Thyroid Disease
- Duties in various depts. like Family Medicine, Pulmonology, Neuro Medicine, Dialectology, Dermatology and Pediatrics.
- Attended to various cases and had managed situations like Stroke, Seizures in Neuro Medicine.
- In Pulmonology attended a case of acute exacerbation of Bronchial Asthma, Acute Exacerbation of Copd Pneumonia.
- In Pediatrics managed a case of Burns.
- In Family Medicine Management of Dengue, and Fever.
- COVID-19 duties along with the main duties and had managed various critical COVID cases.

AWARDS AND ACHIEVEMENTS

- Had got Certification of Appreciation for the indefatigable and perpetual service rendered during COVID-19 pandemic.

CONFERENCES ATTENDED

- Participated in KMCT PED 2020, conducted by the Department of Pediatrics, KMCT Medical College.
- Had attended various seminars at KMCT Medical College.

INTERESTS

- Reading
- Travelling

DATE OF BIRTH: 06th February 1996

MARITAL STATUS: Single