

# GABI SOLOMON

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## OBJECTIVE

Highly-dedicated, passionate and ambitious "Physiotherapist" seeking position with a medical center to provide excellent treatment to patients, and ensure ease in mobility as well as increase physical independence. My aim is to help people at a physical, mental and emotional level by using tailored treatment plans which fit their individual needs.

## PERSONAL DETAILS

- Date of Birth : 05/05/1999
- Marital Status : Unmarried
- Nationality : Indian
- Religion : Christian (Latin Catholic)

## EDUCATION

2022	<b>St. John's Medical College, Bangalore, Karnataka</b> Bachelor of Physiotherapy 67.94% (First Class)
2017	<b>Kendriya Vidyalaya, Thrissur, Kerala</b> 12th STD 82%
2015	<b>Kendriya Vidyalaya, Thrissur, Kerala</b> 10th STD 9.4 CGPA

## EXPERIENCE

15th February 2022 - 16th August 2022	<b>St. John's Medical College Hospital</b> Physiotherapy Intern Currently working as a Physiotherapy Intern at St. John's Medical College Hospital, Bangalore in the following departments for a duration of 6 months: Neurophysiotherapy, Musculoskeletal and Sports Physiotherapy, Cardiorespiratory, Critical care, Community Physiotherapy, Paediatric Physiotherapy and Women's Health.
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## VOLUNTEERING

- **Khelo India (Sports Physiotherapist)**  
Was a part of Sports Physiotherapy team in Khelo India University Games 2022 at Kanteerava Stadium, Bangalore for on- field assessment and management of sports injuries.

## SKILLS

- Goal Setting
- Treatment Plan
- Patient Communication
- Electrotherapy

- Empathy for patients
- Computer Skills

## PROJECTS

- **Post COVID-19 Rehabilitation Guidelines: A Review**

This study was to summarize the different Post COVID-19 Rehabilitation Protocols put forward by different organizations in the management of Post-COVID syndrome.

## CONFERENCES

- St. John's Health Care Summit 2020
- Cerebral Palsy Symposium 2019

## CERTIFICATION

- **Basic Life Support (BLS) Certification**

Certified in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillators (AED) and relieving airway obstructions of patients of every age.

## ACHIEVEMENTS & AWARDS

- Participated in Intercollege Sports Meet (Volleyball tournament) by RGUHS (2018)
- Intracollege Sports Women's Volleyball: First Prize (2017) Women's Volleyball: Second Prize (2018)
- Intracollege Culturals Group Dance: Second Prize (2017)
- Intracollege Culturals Glitter the Litter: First Prize (2020)
- Participated in Digital Poster Making Competition organized by Department of Psychiatry, SJMCH on occasion of World Suicide Prevention day

## LANGUAGES

- English: Full professional proficiency
- Malayalam: Native or bilingual proficiency
- Hindi: Professional working proficiency
- Tamil: Professional working proficiency
- Kannada: Professional working proficiency
- Telugu: limited working proficiency

## REFERENCE

- **Prof. Venkatesan R. - "St. John's Medical College Hospital, Bangalore "**  
Associate Professor  
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- **Prof. Arun Stephen Solomon V. - "St. John's Medical College Hospital, Bangalore "**  
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