



DEEPA K THAMPY

@ deepakthampy1995@gmail.com

+919136854581

Kalluvarickel(H) Kumbanad p.o Thiruvalla Pathanamthitta Kerala-689547



OBJECTIVE

Skilled nursing professional with more than 4 years of experience and passion for providing highest quality of behavioral and medical care. Compassionate and empathetic advocate for patients and families. Skillfully assesses health status, develops diagnoses and manages care for patients with acute and chronic concerns. Experienced in structured and unstructured environments, smoothly coordinating multiple activities and competing priorities.



PERSONAL DETAILS

Date of Birth : 29/09/1994

Marital Status : Single

Nationality : India



SKILLS

Patient Care .Patient Information Collection .Case Management .Medical Records Management .Health Education .Critical Care .Quality Improvement Activities .Emotional Support .Medication Management .Medication Administration .Treatment Planning . Teaching



EXPERIENCE

04/07/2018 -
31/10/2019

St.ELIZABETH'S HOSPITAL,MALABAR HILL, MUMBAI

STAFF NURSE(MEDICAL ICU)

*Performed various nursing interventions such as wound dressing, vital sign monitoring

Updated patient charts with data such as medications to keep records current and support accurate treatments. *Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.

*Managed elements of patient care from admission to discharge or transfer to other units.

*Assessed physical, psychological, physiologic and cognitive status of patients.

*Collected blood, tissue and other laboratory specimens and prepared for lab testing

16/12/2019 -
15/09/2021

**Kokilaben Dhirubhai Ambani
Hospital and Medical
Research Institute**

STAFF NURSE (MEDICAL ICU)

- *Updated patient charts with data such as medications to keep records current and support accurate treatments.
- *Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
- *Administered medications via oral, IV and intramuscular injections and monitored responses.
- *Verified patients had information necessary for ongoing care, providing guidance on diagnoses, management of medications and prevention methods.
- *Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- *Worked within interdisciplinary health care team to develop, implement and make adjustments to patient care plans, individualizing strategies and methods to improve health and meet recovery goals.
- *Trained new nurses in proper techniques, care standards, operational procedures and safety protocols
- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads
- Effectively prioritized assignments, executing care based on each patient's relative condition and delegating tasks to available personnel deliver safe and efficient care.
- *Gathered patient health data through interviews and observation, documenting data in electronic records.
- *Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.

*Identified learning needs of patients and families and responded with advocacy and health education.

*Identified patient care requirements by establishing personal rapport with patients and families.

Implemented medication and IV administration, catheter insertion and airway management.

*Managed elements of patient care from admission to discharge or transfer to other units.

*Delivered proper care to victims of domestic violence at urgent care clinic.



EDUCATION

2010

N.M.H.S KUMBANAD
S.S.L.C
63.00%

2013

GHSS KOIPURAM
PLUS TWO
63.00%

2017

POYANIL COLLEGE OF NURSING, KOZHENCHERRY (KUN)
B.SC NURSING
64%