



**BIBIN STEPHEN**

**COUNSELLING PSYCHOLOGIST**

Passionate Counselling Psychologist with prior experience in counselling process and therapeutic interventions with drug and behavioral addiction. Committed to serving as an outgoing support through psychological assessment and addiction management for children, adults and their families. Collaborating with peer services to ensure a wholly support and guidance to the patients

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📍 Cochin, Kerala, India.

## 📅 EXPERIENCE

**COUNSELLING PSYCHOLOGIST**

**10/2021 – Till Now**

**TRADA, KOTTAYAM, KERALA, INDIA – 686 018.**

- Individual and Group Counselling
- Psychotherapies and Psychoeducation
- Addiction Management and Aftercare Services
- Internship guide and Academic coordinator
- Teaching Psychology Subjects
- Organizing workshops and training programs

## 🎓 EDUCATION

**MASTERS OF SCIENCE IN COUNSELLING PSYCHOLOGY**

**2019-2021**

Martin Luther Christian University, Meghalaya, India

**BACHELORS OF ARTS MAJOR IN PSYCHOLOGY**

**2015-2018**

Indira Gandhi National Open University

## 🛠️ SKILLS

- Observation
- Communication
- Problem Solving and Decision Making
- Time Management

## PROJECT AND INTERNSHIPS


- **A study on the level of perceived stress among the accredited social health activists (ashas) during the covid'19 period in KERALA.** **Project 2020 – 2021**
- **Internship in Palliative Care Counselling setting (One Month)** **2021 May - June**  
Mar Osthathios Sharing Trust (MOST), Alappuzha, Kerala, India - 689126.
- **Internship in De-addiction setting (One Month)** **2020 April - May**  
TRADA IRCA, Kottayam, Kerala, India – 686018.
- **Internship in Special School with Differently Abled (Two Months)** **2018 September - November**  
St. John's Special School, Ernakulam, Kerala, India - 686692.
- **Internship in Psychiatry setting (One Month)** **2017 July - August**  
Bethsada Mental Health Center, Perumbavoor, Kerala, India – 683554
- **Three days state level training workshop on Management of Trauma, Addiction & Children in Difficult Circumstances through Personality Assessment, CPT & Art Therapy** **2020 January**
- **Two days state level training workshop on CBT and Techniques, REBT, CFT, DBT and Mindfulness Based Cognitive Therapy** **2021 January**


## AREAS OF INTEREST

- Addiction Counselling
- Psychotherapies
- Psychoeducation
- Palliative Care Counselling.

## REFERENCES


**Mrs. Amrutha Thambi**, Project in-charge of TRADA IRCA Kottayam, Kerala, India - 686 018.

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