



# SEKHAR V EASWAR

## POST APPLIED: PHYSICIAN ASSISTANT

I am seeking a challenging career in the field of Physician Assistant where I can utilize my knowledge, abilities and professional skills while maintaining highest level of integrity and ethical values. I count effective communication and work efficiency as my strength along with my mental flexibility to adapt to situations as required. I am currently interested in Rheumatology and clinical immunology and looking forward to continuing as same to gain a better understanding of the different areas in medicine.

### Biodata:

Age: 23  
Gender: Male  
Marital Status : Single

### Contact:

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Kochi-  
682036

### Professional Experience:

Physician assistant in Rheumatology and clinical immunology, Amrita Institute of Medical Sciences, Kochi | Joined on 01/02/2021 - till date

### Internship Program

- 1 year internship program as a Physician Assistant – June 2019 to July 2020 in the Department of Rheumatology from Amrita Institute of Medical Sciences and Research
- During this internship, my duties entailed were:
  - Electronic Medical Record creation
  - Discharge Summary and other professional patient related documentation
  - Creation and maintenance of disease and drug registries for research purposes.
  - Telemedicine Co-ordination
    - Liaison with chronic follow-up patients who telephonically inform ailments with the treating physician
    - Creation and maintenance of telemedicine registry

### Professional classification:

Bachelor of Science (BSc) in Physician Assistant

- Amrita Institute of Medical Sciences and Research centre
- 2016-2020

### Other courses attended:

Also pursuing an online course of:  
Data Science and Machine Learning Bootcamp with R

### Academic Record:

Examination passed	Institution	Year of passing	Remarks
XII	Kendriya Vidyalaya Ernakulam, Gandhi Nagar, Kadavanthra, Kochi-682020, Kerala	2016	85%
X	Kendriya Vidyalaya Ernakulam, Gandhi Nagar, Kadavanthra, Kochi-682020, Kerala	2014	9.6 (CGPA)

### PROFESSIONAL SKILLS:& PERSONAL HIGHLIGHTS:

- History taking and clinical examination.
- Making discharge summaries and other medical documentations.
- Compile differential diagnosis of patient's injury or illness especially in Rheumatology.
- Determines abnormal conditions and administering or ordering diagnostic tests
- Interpreting test results – especially in Rheumatic conditions.
- Issues appropriate prescription and administering medicine with the advice of a physician.
- Performs pre rounds, monitors IP patients progress and keeps record of treatments.
- Patient counseling regarding nature of diseases and the various medications including side effects.
- Develop and implements patient management plans, records progress notes, assists in provision of continuity of care and correct documentation.
- Good soft skills using MS office and other day to day routine applications.
- Good time management and communication skills.
- Hard working, sincere and leadership qualities.
- Ability to work independently with the advice of a physician as well as in a team.
- Ability to provide quality care to our patients

### Languages Known:

- English
- Malayalam
- Tamil
- Hindi

## Posters and publications:

- **POSTER PRESENTATIONS:**

1. IRA- Kerala chapter - Summer Rheumatology meet - 2019  
"New onset Steroid induced diabetes mellitus in patients with Rheumatic diseases"

- **PUBLICATIONS:**

- *ORIGINAL ARTICLE*

1. Association between mucocutaneous manifestations and systemic involvement in childhood onset systemic lupus erythematosus. - Indian journal of applied research.
2. Studying the relation between fibromyalgia severity and neutrophil-to-lymphocyte ratio, platelet-to-lymphocyte ratio, and mean platelet volume - Cureus

- *CASE REPORT*

1. "Staring at an Abscess, but Lupus stares back..." - Journal of Royal college of Physicians of Edinburgh
2. Joint manifestations following COVID-19 infection - A case series of 6 patients - Journal of Clinical and diagnostic research

- *POSTER ABSTRACTS*

1. Prevalence of dyslipidemia in Fibromyalgia: A single center case control study from South India
2. Comparison of potential biomarkers differentiating systemic juvenile idiopathic arthritis from other causes of fever of unknown origin in children.

## Conferences attended/Achievements:

- 14th national conference of IAPACON - Hyderabad, August 2017.
- IRA- Kerala chapter - Summer Rheumatology meet - April 2019
- 16th national conference of IAPACON - Mumbai, September 2019  
- Attended suturing workshop (Basics of suturing).
- PACE 2019 held - Kochi, October 2019.
- Participated in AHA hands only CPR training on 16.11.2019 during GUINNESS WORLD RECORDS and BEST OF INDIA RECORDS attempt event - HEARTBEAT 2019

## References attached:

- Dr.( Col.) Vishal Marwaha - MBBS MD DNB  
Professor in Dept. of Rheumatology and clinical immunology  
Principal of Amrita School of Medicine  
AIMS , Kochi
- Dr. Mithun C B - MBBS MD DM MRCP (UK) SST (Rheumatology)  
Associate Professor  
Dept. of Rheumatology and clinical immunology  
AIMS , Kochi
- Dr. Suma Balan - MBBS MD MRCP CCST (UK)  
Pediatric Rheumatologist  
HOD Dept. of Rheumatology and clinical immunology  
AIMS , Kochi
- Dr. Jyothi Srikanth - MBBS MD DNB(MED) MRCP (UK)  
Associate Professor  
Dept. of Rheumatology and clinical immunology  
AIMS , Kochi
- Dr. Sandeep Surendran - MBBS MD DM  
Assistant Professor  
Dept. of Rheumatology and clinical immunology  
AIMS , Kochi

### **DECLARATION:**

I hereby declare that the above furnished details given by me is true to the best of my knowledge and belief.