



Saira George  
Muttathethu (H),  
Muttambalam P.O  
Kottayam, kerala, India  
Mob: +91 9958 247 197  
Email: [sairageorge1984@gmail.com](mailto:sairageorge1984@gmail.com)

### Career Objective:

To establish my career independently in the field of nursing with excellent communication skills and with interest in teaching which will provide opportunities to develop my skills and contribute to the growth of the organization in a progressive, challenging and dynamic work environment.

### SKILLS

- Competent in assessment of patient through observation and recording.
- Ability to use correct methods for sterilization of instruments and equipment's.
- Proficient working knowledge of ICU care and safety measures.
- Experience in liaising with medical and other staff.
- Efficient use of and maintenance of ICU equipment's and drugs.
- Expertise in the assessment and monitoring critically ill and cardiac patients.
- Ability to respond rapidly and appropriately to crisis incidents, such as emergency airway obstruction, bleeding or cardiac arrest.

### Experiences:

- Kamineni Hospital, Hyderabad, Andhra Pradesh, India joined as staff Nurse in Critical Care unit ICU – Staff Nurse – October 2007 till 2009.
- Kokilaben Dhirubai Ambani Hospital as an Office nurse joined on Jan 2010. Designation: Critical Care Unit ICU – Nursing officer.
- Sree Narayana Nursing College and Hospital, Nellore, Andhra Pradesh, India. Duration 2017 - 2020.
- S.N Hospital, Thiruvalla, Pathanamthitta, kerala, India.  
Duration Feb 2020 - June 2022

### BOARD OF REGISTRATION

- Registration – Indian Nursing Council – 2008
- Nursing Registration: The Andhra Pradesh Nurses, midwives, Auxillary Nurse-Midwives and Health Visitor Council, Hyderabad, India.

## **Professional Qualification**

Post.B.Sc (Nursing)	Sree Narayana Nursing College, Andhra Pradesh	2017-2020
Diploma in General Nursing and Midwifery	Kamineni School of Nursing, Hyderabad, Andhra Pradesh	2004-2007
Plus 2	St.George VHS, Kottayam, kerala	2004
SSLC	Govt. HSS, Kottayam, kerala	2002

## **NURSING SKILLS IN EMERGENCY AND ACCIDENT DEPARTMENT**

- Preparation of units for receiving patients
- Proper taking and handing over
- Knowledge about monitor and accessories
- Receiving the patient from ambulances
- Ability to connect the patient on monitor set alarms, identify problems and report
- Transfusion of blood
- Attending doctors rounds and carry out orders and treatment promptly
- Administration of medications
- Provides physical, psychological and social support to the patient and family members
- Maintain good interpersonal relationship with the nursing and allied personal
- Preceptor to new staff
- Maintenance essential records and reports
- Takes part in preventing infection
- Assists and conducts on going in-service education programmes
- Removal drains and tubes
- Surgical wound dressing and trauma care
- Monitoring the patient B.P and pulse
- Defibrillator and cardioversion
- Meeting emergencies like cardiac arrest and respiratory arrest
- Administration of nasogastric tube, peg feeds.
- Computer knowledge
- Full operation of major equipment's
- ECG machine and identify the ECG changes
- Syringe pump
- Infusion pump
- Pulse oximeter
- Glucometer
- Steam inhaler
- Nebulizer
- Suction apparatus
- Humidifiers
- O<sub>2</sub> Therapy devices
- Ambu bag
- Crash cart with emergency Medicine and intubation tray

### **Achievement and Participations:**

- Participated in a workshop on “Nursing Education”
- Attended National Social Service camp in the year 2009.
- Participated in a “Role Play” in the TNAI state Branch Conference held at in the year 2008.
- Conducted Research at College level.
- Additional Training in Critical care Management held in PANCEA hospital, Hyderabad, Andhra Pradesh, India
- Defibrillation and CPR in KDAH , Mumbai
- CBT Workshop Conducted by MCTC Chennai on sept 2019
- Creative Thinking, Critical Thinking, Assertiveness Conducted by Dept of Mental Health Nursing on march 2019

### **CONTINUING EDUCATION**

In-service educational sessions include:

- Basic Life Support & Advance Cardiac Life Support training.
- Advancement in critical nursing.
- Non-invasive ventilation workshop for nurses.
- Emergency care nursing workshop.
- Infection control.
- Equipment demonstrations e.g. cardiac monitors, infusion pumps, syringe pumps, Defibrillator, ventilator.
- Waste management.
- Legal and ethical aspects of nursing care.

### **PERSONAL STRENGTHS**

- Calm and enduring.
- Optimistic and patient.
- Flexible and resourceful.
- Takes initiative and is inquisitive.
- Enthusiastic to learn and hard working.
- Loyal and punctual.

### **Personnel Details**

Name : Saira George  
Age & Sex : 38 yrs / Female  
Father Name : Late. George John  
Date of Brith : 10.06.1984  
Marital Status : Single  
Nationality : Indian  
Religion : Christian  
Language Know : English, Hindi, Malayalam  
Email id : [sairageorge1984@gmail.com](mailto:sairageorge1984@gmail.com)

### **Passport Details**

Date of : 20.01.2020  
Issue Date : 19.01.2030  
of Expiry : COCHIN  
Place of : U 639 1475

### **Reference:**

1. Mrs. Jisha Binoy  
ICU In charge  
KDAH Hospital, Mumbai, India  
Andheri (W).
2. Mrs .Kuldeep Juldge  
GM Nursing  
KDAH Hospital, Mumbai, India  
Andheri (W)
3. Dr.Vatsal Kothari  
KDAH Hospital, Mumbai , India  
Andheri (W)

4. Mrs. Jeev Akiredam  
Nursing Superintendent  
Kamineni Hospital, Hyderabad, India
  
5. Ms. Sujatha Santhosh  
Nursing Superintendent  
S.N. Hospital, Thiruvalla, kerala, india

**Declaration**

I hereby declare that the above mentioned details are true from my best of knowledge.

Saira George

Date:

Place: Kottayam