# **ASWATHY.S**



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Kerala Pin: 678597

# PERSONAL DETAILS

Date of birth: 14-06-1998
Marital status: Single
Nationality: Indian

Languages Known: Malayalam,

English, Tamil, Hindi

# **KEY SKILLS**

- Possess excellent verbal and written communication skills.
- Active listener
- Critical thinking
- Problem solving skill
- Ability to work in a team
- Good motivator, enthusiastic & open to learn new ideas.
- Quick learner and ability to work under pressure.
- Professional commitment

#### **CAREER OBJECTIVE**

To enhance my professional skills, capabilities and knowledge in an organization which recognizes the value of hard work and trusts me with responsibilities and challenges.

#### **EDUCATION**

Hindusthan college of arts and science/ Bharathiar University 2022

Master of Social Work (MSW) (Medical & Psychiatry specialization)

Nehru arts and science college/Bharathiar University

2020

BA English Literature -80%

GHSS Karimba/ State Board Kerala

2017

Plus Two-79%

MET English medium higher secondary school/ State board Kerala

2015

SSLC-96%

### FIELD WORK PRACTICUM

- Observed and learned psychotic disorders at Vazhikatti
   Mental health centre and Research institute.
- Learned psychosocial services at Coimbatore Cancer Foundation(CCF) in collaboration with PSG Hospitals
- Psychiatric case management at Naveen hospital for Mental health & De-addiction

#### **BLOCK PLACEMENT**

# Schizophrenia Research Foundation(SCARF), Chennai

Observed patients in OP with Psychiatrist, Volunteered in Disability certification and Case management of mental disorders

#### **PROJECT**

# A study on Mental health Literacy among college students

A descriptive study to know about the knowledge of mental disorders among college students.

#### TECHNICAL SKILLS

MS Word MS Excel MS Power point

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#### **ACHIEVEMENTS**

- Paper Publication on A study on the influence of body image on early adults
- Paper Publication on A study on Mental health Literacy among college students
- Participated in 3 day regional level training program on Social defence issues for social work educators
- Online certificate course on TCS iON Career Edge Young Professional
- Online certificate course on Digital skilling program on Creating an Inclusive Environment
- Online certificate course on Communication Skills online course offered by TCS iON
- Online certificate course on Al For All program & completed the Al Aware offered be intel
- Online certificate course on Introduction to Soft Skills online course offered by TCS iON

#### REFERENCE

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#### Dr. M. PUNITHA MA., M. Phil. Ph.D., MBA

Professor & Head PG and Research Department of Social Work Hindusthan college of Arts and Science Coimbatore. hicasmswhod@hindusthan.net 9843576175

#### **DECLARATION**

I hereby declare that the information furnished above is true to the best of my knowledge and belief