

CURRICULUM VITAE



PROFILE SUMMARY

Above 5 years of working experience in the field of Clinical Nutrition and Dietetics in hospital sector as well as government project.

ACADEMIC QUALIFICATIONS

- ◆ **2013-2015:** MSc. In Clinical Nutrition and Dietetics (St. Joseph's College for women, Alappuzha) from Kerala University.
- ◆ **2010-2013:** Completed BSc. Clinical Nutrition and Dietetics from St. Joseph's College for women, Alappuzha Kerala University.
- ◆ **12thboard (Kerala state Board):** Secured an aggregate of 60%

EXPERIENCE

- ◆ Working as Dietician in **Believers Church Medical College Hospital, Thiruvalla, Kerala** from **15th November 2021 to till date.**
- ◆ **10 months** experience in **ICDS Muthukulam, Department of Women and Child Development, Govt. Of Kerala** as Dietician from January 2021 to November 2021.
- ◆ **3 years and 6 months** experience in the Department of Clinical Nutrition, **Travancore Medical College and Hospital, Kollam** Kerala from 08th June 2016 to 21st October 2019.
- ◆ **1.5 months** internship in the Department of Clinical Nutrition, **Amala Institute of Medical Sciences, Thrissur** from 15th November 2014 to 30th December 2014.
- ◆ **1.5 months** internship in the Department of Clinical Nutrition , **General Hospital Ernakulam** in the period from 16th April 2014 to 30th May 2014.

SKILLS

- ◆ Ability to interact in a professional manner with patients, visitors and colleagues.
- ◆ Expert in nutritional care.
- ◆ Good communication and counselling.
- ◆ Ability to provide basic principles of nutrition, assessment, care and modification of normal diet.
- ◆ Knowledge and background in nutrition and diet therapy.
- ◆ Familiarity with weight management programming and public speaking on health and nutrition.
- ◆ Excellent interpersonal skills to help promote healthy food choice.

SEMINAR ATTENDED

- ◆ Participated in a National conference on Advances In Perinatal and Paediatric Nutrition at St. Teresa's College, Ernakulum on 3rd and 4th July 2014.

PERSONAL DETAILS

Name	SYAMA S
Date of Birth	17/02/1993
Gender	Female
Nationality	Indian
Marital Status	Single
Language Known	English, Malayalam
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DECLARATION

I hereby declare that all the statement given above is truth to the best of my knowledge.

Syama S