

## DR HARISREE

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Mobile	+44 - 7405611498 (UK) +91 - 8848066650 (India)	Reg #	GMC (UK) : 7529970 TCMC (India) : 77640

I am a highly motivated and dedicated professional who is passionate about all aspects of being a medical doctor. I am caring, compassionate and committed towards providing the best service I can offer as a healthcare worker. Throughout my career, I have continuously grown both personally and professionally and have learned to step up to the role that has been presented before me. I am eager to learn and develop my career further and through that, humbly do my part for the society.

### Education and Qualifications

Qualification	University	Duration
Advanced PG Diploma in Clinical Research (GCP Certified)	International Institute of Clinical Research and Healthcare, India	In Progress
MD (MBBS)	Tbilisi State Medical University, Tbilisi, Georgia	2009 - 2015
All India Senior School Examination	Arya Central School, Kerala, India	2008
All India Secondary School Examination	Arya Central School, Kerala, India	2006

### Registration and license to practice

GMC (UK)	<b>7529970</b>
Travancore Cochin Medical Council (India)	<b>77640</b>

### Training Courses

Advanced Life Support	The Resuscitation Council, UK	February 2022
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### Examinations

<ul style="list-style-type: none"><li>Passed <b>PLAB 2</b> on 30 November 2021</li></ul>
<ul style="list-style-type: none"><li>Passed <b>PLAB 1</b> on 5 November 2020.</li></ul>
<ul style="list-style-type: none"><li>Passed IELTS with an overall band score of 8.0 in 2019.</li></ul>
<ul style="list-style-type: none"><li>Passed Foreign Medical Graduate Examination (FMGE), India in 2018.</li></ul>
<ul style="list-style-type: none"><li>Graduated (MD) from TSMU, Georgia with a GPA of 82.95% in 2015.</li></ul>

## Trainings

- Completed 12 months of internship in the following departments as a part of the 12 month Compulsory Rotatory Residential Internship as required by the Medical Council of India from 01.02.2019 to 15.02.2020

Compulsory Rotatory Residential Internship			
Department	Hospital	Duration	No. of days
Community Medicine	Community Health Centre, Vilappil, Thiruvananthapuram, Kerala	01.02.2019 to 01.04.2019	60
General Medicine	Govt. General Hospital, Thiruvananthapuram, Kerala	16.04.2019 to 31.05.2019	46
Psychiatry	Govt. General Hospital, Thiruvananthapuram, Kerala	01.06.2019 to 15.06.2019	15
Dermatology	Govt. General Hospital, Thiruvananthapuram, Kerala	16.06.2019 to 30.06.2019	15
Anaesthesia	Govt. General Hospital, Thiruvananthapuram, Kerala	01.07.2019 to 15.07.2019	15
General Surgery	Govt. General Hospital, Thiruvananthapuram, Kerala	16.07.2019 to 31.08.2019	47
Physical Medicine and Rehabilitation	Govt. General Hospital, Thiruvananthapuram, Kerala	01.09.2019 to 15.09.2019	15
Orthopaedics	Govt. General Hospital, Thiruvananthapuram, Kerala	16.09.2019 to 30.09.2019	15
Otorhinolaryngology	Govt. General Hospital, Thiruvananthapuram, Kerala	01.10.2019 to 15.10.2019	15
Casualty	Govt. General Hospital, Thiruvananthapuram, Kerala	16.10.2019 to 31.10.2019	16
Ophthalmology	Govt. General Hospital, Thiruvananthapuram, Kerala	01.11.2019 to 15.11.2019	15
Obstetrics and Gynaecology	Govt. Women and Children Hospital, Thiruvananthapuram, Kerala	16.11.2019 to 15.01.2020	61
Paediatrics	Govt. Women and Children Hospital, Thiruvananthapuram, Kerala	16.01.2020 to 15.02.2020	31
Key Responsibilities	<p>Key Responsibilities during this period involved:</p> <ul style="list-style-type: none"> <li>• Ward rounds, assisting in OP clinics and A&amp;E</li> <li>• Proper case sheet writing, discharge summary writing and documentation of records</li> <li>• Conduct physical examinations, elicit and interpret physical findings, and recognise common disorders and emergencies</li> <li>• Perform simple routine investigation procedures for making bedside diagnosis</li> <li>• Managing common diseases and recognising the need for referral for specialised care in case of inappropriate therapeutic response</li> <li>• Assist major and minor surgeries in various specialties</li> <li>• Sound knowledge of preoperative assessment and post-operative care</li> <li>• Management of normal labour and diagnosis of high risk obstetric cases and various gynaecological conditions and management</li> <li>• Proper antenatal care</li> <li>• Awareness of obstetric emergencies like shoulder dystocia, foetal distress, cord prolapse and postpartum shock</li> <li>• Adequate knowledge of primary management of eclampsia, impending eclampsia, APH, PPH</li> <li>• Able to do PPS, IUCD insertion and assist MTP</li> <li>• Proper catheterisation procedure, PV exam, taking pap smear</li> <li>• Interpretation of USG and CTG findings</li> <li>• Emergency management and monitoring poly traumas, acute abdomen, burns etc</li> <li>• Perform laryngoscopy, endotracheal intubation, lumbar puncture, local anaesthesia, spinal anaesthesia and nerve blocks under supervision</li> <li>• Perform cardio-pulmonary brain resuscitation (CPBR) correctly including recognition of cardiac arrest</li> <li>• Participation as a team member in total rehabilitation including appropriate follow up of common disabling conditions</li> <li>• Managing all types of emergencies – Medical, Surgical, Obstetric, Neonatal and Paediatric under supervision</li> <li>• Maintaining and submitting a daily activity log book for the entire duration of internship.</li> </ul>		

- One year as total of Clinical Rotation (Pre graduate Internship) training in the Hospitals/ Clinics affiliated with Tbilisi State Medical University, Tbilisi, Georgia, according to the following schedule :

Official length of the programme : 6 years – 360 ECTS credits

(One semester = 30 ECTS credits; One academic year = 60 ECTS credits; One ECTS credit = 30 hours)

No	Subject	Duration
1	Community Medicine (Public Health & Management, Epidemiology, Hygiene, Preventive Medicine)	2 Months
2	Internal (General Medicine)	2 Months
3	General Surgery including orthopaedics and traumatology	2 Months
4	Obstetrics and Gynaecology including Family Medicine	2 Months
5	Psychiatry	15 Days
6	Paediatrics	1.5 Months
7	Casualty Critical Care (Emergency) Medicine & Anaesthesiology, Extreme Situations	15 Days
8	ENT – Oto-Rhino-Laryngology	10 Days
9	Ophthalmology	10 Days
10	Angiosurgery	10 Days
11	Forensic Medicine	15 Days

## Employment History

Medical Officer in COVID 19 Department	Government General Hospital, Thiruvananthapuram, Kerala, India	17.04.2021 to 16.10.2021
Key Responsibilities	<ul style="list-style-type: none"> <li>• Managing COVID 19 OPD</li> <li>• Conduct necessary investigations</li> <li>• Making decisions regarding relevant hospital admissions</li> <li>• Making decisions regarding first line treatment, second line treatment, domiciliary care and home quarantine of COVID 19 cases</li> <li>• COVID 19 Rapid Antigen and RTPCR testing</li> <li>• Prescribing medications and management</li> <li>• Carrying out day to day ward rounds and managing COVID 19 in-patient wards</li> <li>• Discharging patients with relevant medications and advice on discharge</li> <li>• Patient follow up</li> <li>• Identifying and managing all COVID related emergencies</li> <li>• Patient education and awareness regarding COVID 19 infection</li> <li>• Managing COVID 19 ICU/ward on calls according to duty schedule</li> <li>• Seeking senior/specialist advice as and when required</li> <li>• Verification of death</li> <li>• Managing referrals to and from the hospital as required</li> <li>• Communicating with the patients effectively and explaining the diagnosis and treatment plans</li> <li>• Communicating with the family and relatives of patients as required</li> <li>• Working with a multi-disciplinary team and involving in meetings regarding updated medical management and quality control</li> <li>• Managing efficient transport of patients to and from hospital with necessary support (IV fluids, O2 supply, portable ventilator etc)</li> <li>• Supervising interns posted in the department</li> </ul>	
Intern	Government General Hospital, Thiruvananthapuram, Kerala, India	01.02.2019 to 15.02.2020
Key Responsibilities	<ul style="list-style-type: none"> <li>• Diagnosing and managing clinically common disease conditions</li> <li>• Using discretely essential drugs, infusions (blood or its substitutes) and laboratory services.</li> <li>• Managing all types of emergencies – Medical, Surgical, Obstetric, Neonatal and Paediatric</li> <li>• Developing leadership qualities to function effectively as a leader of the health care team organized to deliver the health and family welfare services in existing socio economic, political and cultural environment.</li> <li>• Filling and organizing appropriate hospital forms and certificates.</li> <li>• Carrying out day to day ward procedures and treatment.</li> </ul>	

Clinical Assistant in Neurology Department	Believer's Church Medical Hospital, Thiruvalla, Kerala, India	26.09.2016 to 15.10.2017
Key Responsibilities	<ul style="list-style-type: none"> <li>• Primary assessing and triaging patients in the OP and A&amp;E</li> <li>• Maintaining patient records and in patient files.</li> <li>• Filling out forms and certificates under the supervision of the consultant neurologist.</li> <li>• Communicating with the patient and bystanders at essential points of time.</li> <li>• Entering patient data, investigations performed, diagnosis and treatment details as provided by the consultant into the computer system.</li> <li>• Assisting the consultant neurologist in key procedures like lumbar puncture.</li> </ul>	

### Seminars/Webinars

Topic	Organisation	Duration
Social Determinants of Health : How to take action	Medscape	19 March 2022
Welcome to UK Practice Event	GMC	18 March 2022
Monoclonal Antibody Therapeutics for SARS-CoV-2	WebMD Global	05 December 2021
Addressing Common Issues in Migraine Management: The Expert's View	WebMD Global	05 December 2021
Top tips for new Junior Doctors	The Royal College of Physicians of Edinburgh	27 July 2021
FTSS National Conference	The Royal College of Surgeons of Edinburgh	16 & 17 July 2021
Early management of trauma	The Royal College of Surgeons of Edinburgh	30 November 2020
Delegate in the 4 <sup>th</sup> annual diabetes update – Diabetes Today 2020	Travancore Diabetes Research Foundation	8 & 9 August 2020
Delegate in the clinical update on common clinical problems for the family physicians and solution from the experts – Clinicon 2019	The Physicians Club of Trivandrum	21 July 2019
Delegate in the 3 <sup>rd</sup> annual diabetes update	Travancore Diabetes Research Foundation	22 & 23 June 2019
New treatments for diseases resulting from a malfunctioning immune system by Prof. PETER M LYDYARD	Ivane Javakhishvili Tbilisi State University, Georgia	21 to 25 May 2015
Clinical training programme	Tbilisi State Medical University, Georgia	10 August to 15 September 2014

### Classes & Presentations

- Presentation on 'Early vs delayed use of ventilators in COVID 19' in Govt. General Hospital, Thiruvananthapuram, India in January 2021.
- Presentation on 'Management of Snake bite in India' in Govt. General Hospital, Thiruvananthapuram, India in January 2020.
- Presentation on 'Immunisation' in Govt Women & Children Hospital, Kerala in December 2019.
- Presentation on 'Urinalysis' in Govt General Hospital, Thiruvananthapuram, Kerala in November 2019.
- Presentation on 'Importance of breast feeding' in Govt General Hospital, Thiruvananthapuram, India in April 2019.

- Taken health education session on ‘Oral Care’ for health workers in Community Health Centre, Vilappil, Thiruvananthapuram, Kerala, India in March 2019.
- Participated in the national health program of Pulse Polio Immunisation for migrants in March 2019.
- Taken public awareness class about ‘Chicken Pox’ for rural population in the panchayat of Vilappil, Thiruvananthapuram, Kerala, India February 2019.
- Presented a thesis on the topic ‘Seriousness of bilirubin induced neurological damage’, in the department of Paediatric Neurology, Tbilisi State Medical University, Georgia in June 2015.
- Presentation on Huntington’s disease in Tbilisi State Medical University, Georgia in 2014.
- Taken class on ‘Progeria’ in Dept of Genetics, in Tbilisi State Medical University, Georgia in 2011.
- Presentation on ‘Endosulfan and its threat to human health’ in Tbilisi State Medical University, Georgia in 2011.

### **Strengths**

- Excellent communication skills.
- Good knowledge of clinical practices and protocols.
- Outstanding organisational ability
- Sound knowledge in medical terminology.
- Ability to handle different types of patients in critical situations.
- Flexible and adaptable.
- Extremely motivated towards career.
- Quick learner.
- Excellent knowledge of computers and data entry softwares

### **Languages**

- Fluent in English with LRWS 8.5,9,7.5,7 with an overall bandscore of 8.
- Indian Languages: Malayalam, Tamil, Telugu, Hindi

### **Referees**

1	Dr Sheeja John (Assistant Surgeon, Assistant RMO)	Ph: +91 98946111816 Address: Government General Hospital, Jai Vihar, Kunnukuzhi, Thiruvananthapuram, Kerala, India Email: drsheejajohn@gmail.com
2	Dr Anilkumar Sivan (Interventional Neurologist)	Ph: +91 9037269742 Address: Believers Church Medical College Hospital, Thiruvalla, Kerala, India Email: drakus.aiims@yahoo.co.in
3	Dr. Joban John (Consultant Neurologist)	Ph: +91 8547111453 Address: Believers Church Medical College Hospital, Thiruvalla, Kerala, India