**CURRICULAM VITAE**

**PERSONAL DETAILS**

Name : ARYA MOHANAN

Father’s Name : Mr. MohanDas .K

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| **CONTACT DETAILS**  Mobile No:7510644560  Email: [aryamohanan281@gmail.com](mailto:aryamohanan281@gmail.com)  Permanent Address  Kottoor Vadakkathil  S V M PO  Kozhikode  Karunagappally  Kollam (dist)  Kerala (state)  India |

Nationality : Indian

Religion& Caste : Hindu, Veluthedathu Nair

Date of Birth : 14-11-1994

Marital Status : Married

**PASSPORT DETAILS**

Passport Number : P1803438

Passport Expiry : 13-12-2026

Place of Issue : Trivandrum

**OBJECTIVES**

1. A challenging position that enables me to utilize and enhance my skills towards your esteemed organisation which provides me and opportunity to improve my knowledge and offer me a career growth prospects.
2. To pursue my career as a Staff Nurse and to utilize my professional skills to serve esteemed organisation and society.

**STRENGTHS**

1. Through knowledge on handling emergency situations and handle the surgical instruments.
2. Very much able to make quick and effective decisions.
3. Strong ability to deal with the patient’s queries and problems.
4. Administering emergency drugs.
5. Excellent communicational and interpersonal skills.

**ACADEMIC QUALIFICATIONS**

|  |  |  |  |
| --- | --- | --- | --- |
| Qualification | Name of the Institutions | Year | Remarks |
| Board of Public Examination, Kerala | JFKMVHSS, Ayanivelikulangara | 2010 | 84%  Distinction |
| Board of Higher Secondary Examination | Govt Model HSS Karunagappally | 2012 | 85%  Distinction |

**PROFESSIONAL QUALIFICATION AND REGISTRATION**

|  |  |  |  |
| --- | --- | --- | --- |
| Qualification | Institution | Year | Remarks |
| BSC Nursing | Govt College of Nursing Kottayam | 2017 | 63.47%  First Class |
| Professional Registration | Kerala Nurses and Midwives Council |  | Reg No  KL03201700251 |
| Membership in Professional Organisation | Trained Nurse’s Association of India |  |  |

**EXPERIENCE DETAILS**

|  |  |  |
| --- | --- | --- |
| Institution | Period | Department and Nature of Work |
| Govt. Medical college Kottayam | 09-02-2017  To  12-02-2018 | Major Operation Theatre  (Staff Nurse) |

**EMPLOYMENT HISTORY**

Govt. Medical college Hospital, Kottayam Kerala is a 1110 bedded multi-speciality hospital and is one of the largest government hospital in Kerala. It has latest technologies in diagnostic and therapeutic care.

**DUTIES AND RESPONSIBILITIES**

A. **PREOPERATIVE**

1. Checks the card files for surgeon’s special needs or request.
2. Open sterile supplies.
3. Setting sterile trolley.
4. Assist with drapes, connects suction and cautery.

B. **DURING THE PROCEDURE**

1. Maintains orderly procedure room.
2. Anticipate needs of surgical teams.
3. Maintains record of supplier added.
4. Receive specimen and labels in correctly.
5. Maintains charges and D.R Record.
6. Continually monitors aseptic technique and patient’s needs.

**CASES ASSISTED IN VARIOUS DEPARTMENTS**

1. General Surgery

* Thyroidectomy
* Parotidectomy
* Radical Neck Dissection
* MRM
* Cholecystectomy
* Whipple Surgery
* Abdominal Perennial resections
* Hemmorordectomy
* Laparoscopic surgeries
* Hernioplasty
* Laparotomy
* Appendectomy
* Colostomy
* Gastrostomy

1. Orthopaedic Surgery

* Laminectomy
* Moss Miami
* Dynamic Hip Screw Locking
* KN
* Bipolar Hemarthroplasty
* Illizarov
* Fixation
* Implant removal
* Arthroscopic ACL repair
* Bone grafts
* CTS release
* Open reduction and Internal Fixation of upper and lower limbs
* Amputation
* Interlocking Jess and rod fixation

1. Vascular and Thoracic surgeries

* AV Fistula
* varicose vein stripping

1. Plastic Surgery

* Various traumatic reconstructive and micro vascular plastic surgical procedures like revascularization replantation
* split skin graft
* Liposuction free flap

**EXCELLENT KNOWLEDGE AND BASIC NURSING FUNCTIONS AND SKILLS TRAINED TO PERFORM THE FOLLOWING PROCEDURE FUNCTION**

* Bed making
* providing personal hygiene
* assessing and recording vital sign
* diagnosing actual and potential problem of the patient
* assessment of hemodynamic studies
* Administering medication
* nebulization and steam inhalation
* IV cannualation
* IV therapy
* Ryle tube insertion and feeding
* Endotracheal suctioning
* Catheterization and Bladder wash
* Care of patients with indwelling and suprapubic catheters
* Chest percussion
* Monitoring intake output chart
* Care of patients with chest tube drainage
* Pre and post-operative nursing care
* Assisting in dressing with sterile technique
* Care of patient on ventilators
* Wearing patients on the ventilators
* Collecting blood specimens
* Providing psychological support to the patient and family
* Taking part in admission , discharge , transfer and other care needed for patients

**REFERENCE**

1. Mrs. Valsamma Joseph

Principal

Govt college of Nursing Kottayam

Ph: 0481 2597279

1. Mrs. Valsamma Abraham

Nursing Officer

Govt medical college Kottayam

1. Mrs Subhadradevi

Nursing Superintendent Grade II

MCH Kottayam

1. Mrs. Sony

Head Nurse, MOT

MCH Kottayam

**DECLARATION**

I hereby declare that all the statements made above are true and correct to the best of my knowledge and belief.

Place : Kollam ARYA MOHANAN

Date : 01/01/2022