

+919447822805

rhareesh39@gmail.com

09-09-1994

Married

RESHMA S NAIR

PUTHANKULATHUR HOUSE
KANNANKULAGARA
TRIPUNITHURA
KERA NO. 17
ERNAKULAM
682301



OBJECTIVE

Interested in Dietitian position that will allow me to offer others the benefit from my expertise & knowledge, so as to build my work experience in the field of Nutrition & Dietetics

SKILLS

Teamworking skills.

Keen interest in the impact of diet on health.

Good interpersonal skills.

Communication skills, including the ability to explain complex things simply.

Flexibility

EDUCATION

AMRITA INSTITUTE OF MEDICAL SCIENCES
PONEKKARA, EDAPALLY, KOCHI

Passing Year - 2019 -
2022

AMRITA VISHVA VIDYAPEETHAM UNIVERSITY

MSC CLINICAL NUTRITION AND FOOD SCIENCE

Grades : **FIRST CLASS 62%**

Passing Year - 2013 -
2016

ST. GREGORIOUS COLLEGE, KOTTARAKARA

BSC ZOOLOGY

Grades : **78.38%**

Passing Year - 2011-
2013

GOVERNMENT HIGHER SECONDARY SCHOOL PUNALUR

HSE SCIENCE

Grades : **78%**

MOUNT TABOR HIGH SCHOOL PATHANAPURAM, KOLLAM

Passing Year - 2011

SSLC

Grades : **84%**

PROJECTS

EVALUATION OF FATTY LIVER DISEASE (NASH) IN A CAMP
POPULATION IN A TERTIARY CARE HOSPITAL.

The study was considered as an observational study with minimum sample size of 101 samples. The aim of the study was to study the impact of nutritional intake on fatty liver disease.

The study settings were arranged at the camp conducted at amrita institute of medical sciences. The study concluded that the intake of fast food, consumption of sweets or cake had an impact on the fatty liver disease.

REFERENCE

Bri. Nivedita - HOD, Department of Clinical Nutrition

AIMS, Edapally, kochi

7034028176

Anju Mohan - Senior Dietician

Department of Clinical Nutrition, AIMS, kochi