

Neema Sajeev, Clinical Psychologist
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CORE SKILLS

- Clinical interview
- Psychological assessment and diagnosis
- Planning and carrying out psychotherapy

INTERNSHIPS

FEBRUARY 2019 - MARCH 2019

INTERNSHIP, LADY HARDINGE MEDICAL COLLEGE, CONNAUGHT PLACE, NEW DELHI

Received training in case history taking and diagnosis using the ICD-10 Classification of Mental and Behavioural Disorders for patients with dementia, substance abuse, schizophrenia, mood disorders, anxiety disorders, dissociative disorders, somatoform disorders and personality disorders. Training included case history taking, mental status examination, and providing psycho-education to patients and their families.

DECEMBER 2018 - JANUARY 2019

INTERNSHIP, INSTITUTE OF HUMAN BEHAVIOUR AND ALLIED SCIENCES, SHAHDARA, NEW DELHI

Trained to conduct clinical interview, psychological assessments, group meetings, psychoeducation for patients with a wide range of mental health disorders.

EDUCATIONAL HISTORY

2020 - 2022

M.Phil in CLINICAL PSYCHOLOGY, RANCHI INSTITUTE OF NEUROPSYCHIATRY AND ALLIED SCIENCES, RANCHI UNIVERSITY, RANCHI, JHARKHAND

Passed with First class

Modules: Psychosocial foundations of behaviour and Psychopathology, Statistics and research methodology, Psychiatry, Psychological assessments, Biological foundations of behaviour, Psychotherapy and counselling, Behavioural Medicine.

Dissertation: Hindi translation of Screen for Child Anxiety Related Emotional Disorders

2017 - 2019

**M.Sc. APPLIED PSYCHOLOGY, BHARATHIAR
UNIVERSITY, COIMBATORE**

CGPA – 7.680

Modules included Research Methodology and Statistics, Health Psychology, Organizational Behaviour, Cognitive Psychology, Experimental Psychology, Sports Psychology, Gender Equity, Social Psychology, Personality Psychology, Human Resource Management, Biopsychology, Counselling Psychology, Positive Psychology, Psychopathology, Psychodiagnostics, Psychotherapeutics, Organizational Development, Consumer Behaviour, Gender Studies.

Project: Self-aspiration, Perceived Other Aspirations and Academic Performance Among Rural Adolescents

2014 - 2017

**BA PROGRAMME (PSYCHOLOGY - PHILOSOPHY), JESUS AND
MARY COLLEGE, DELHI UNIVERSITY, DELHI**

Pass with 80.75%

Papers included English, Hindi, General Psychology, Logical Reasoning, Psychology Practicum, Ethics, Human Rights Gender and Environment, Psychological Distress and Well-being, Social Psychology, Family and Child Development, Psychological Skills, Philosophical Debates

2014

**SENIOR SCHOOL CERTIFICATE EXAMINATION, CENTRAL
BOARD OF SECONDARY EDUCATION**

Pass with 78.4%

Subjects: English, Hindi, Mathematics, Physics, Chemistry

2012

**SECONDARY SCHOOL EXAMINATION, CENTRAL BOARD OF
SECONDARY EDUCATION**

CGPA: 9.6

Subjects: English, Hindi, Mathematics, Science, Social Science

LANGUAGES KNOWN

English – Full Professional Proficiency

Hindi – Bilingual Proficiency

Malayalam – Professional Working Proficiency

ACADEMIC ACHIEVEMENTS

- Awarded Best Student of Philosophy in the 2nd year of graduation.

- Won Best Paper Award for the paper presented in the 53rd National and 22nd International Conference of Indian Academy of Applied Psychology
- Qualified GATE with AIR 45

CONFERENCES ATTENDED

- Psychology for Development and Wellness: Academic and Professional Partnership, 53rd National and 22nd International Conference of Indian Academy of Applied Psychology, Pondicherry University, Pondicherry, February 2018.
Presented Paper: Self-aspiration, Perceived Other Aspirations and Academic Performance among Rural Adolescents.
- Digital Interventions, Challenges and Perspectives: Newer Frontiers in Clinical Psychology, 47th National Annual Conference of Indian Association of Clinical Psychologists, All India Armed Forces, Pune, May 2021.

PUBLICATION

International Journal of Indian Psychology, Self-aspiration, Perceived Other Aspirations and Academic Performance among Rural Adolescents.

OTHER INTERESTS

Dance