



SHERINE FRANCIS

PHYSIOTHERAPIST (BPT)

PROFILE:

To strive for excellence in the field of physiotherapy with dedication, focus, proactive approach, positive attitude, and passion and utilize my knowledge and skills in the best possible way for the fulfillment of organizational goals.

PRESENT ADDRESS:

KARIYAPARAMBIL APARTMENTS,
VATTOLI LANE, SHINE ROAD,
NEAR WELCARE HOSPITAL,
VYTILO, ERNAKULAM –
PIN: 682019

PERMANENT ADDRESS:

KANDATHIL SHERVIN VILLA
KOMBARA, NEAR AL AMEEN
COLLEGE, NAD PO,
ALUVA, ERNAKULAM –
PIN: 683563

Email:

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EDUCATIONAL QUALIFICATION:

❖ BACHELOR IN PHYSIOTHERAPY

MEDICAL TRUST INSTITUTE OF MEDICAL SCIENCES, KOCHI
AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCE.

2016 - 2021 – SECURED 61 % MARKS.

❖ PLUS, TWO

THE BOARD OF HIGHER SECONDARY EXAMINATION, GOVT. OF
INDIA. 2016 – SECURED 81 % MARKS.

EXPERIENCE:

❖ MEDICAL TRUST HOSPITAL, ERNAKULAM.

INTERN – DECEMBER 2021 – JUNE 2022

Being part of the personnel and experienced in state-of-the-art diagnostic and medical equipment in a multi-specialty hospital covering different specificities and departments including general medicine, orthopedics, neurology, cardiology, intensive care, and post-operative units, in specified departments on neuro, cardio and orthopedics, participated as medical staff for a variety of sports-oriented tournaments.

❖ JANEY SPECIAL SCHOOL, ERNAKULAM,

During internship got hands on experience in managing
“DIFFERENTLY ABLED CHILDREN”

❖ M T H SPORTS PHYSIOTHERAPY CLINIC, RSC INDOOR STADIUM, KADAVANTHARA, ERNAKULAM,

During internship got hands on experience in assessing and managing sports professionals.

❖ Expertise in examining, diagnosing, and planning treatment programs during various medical camps conducted by Medical Trust Hospital.

❖ Part of on field medical team for various sports events.

❖ Tony Daniel Memorial Ernakulam District Athletics Championships 2018.

❖ Spice Coast Marathon 2018-2019.

CERTIFICATIONS:

❖ Acquired certification on “THERAPEUTIC TAPING” from Institute of Manual Therapy and Taping.

❖ Participated in symposium on “PHYSIOTHERAPY UPDATE IN CRITICARE 2019”, MTIMS, Ernakulam.

PERSONAL DETAILS:

DATE OF BIRTH: 17TH JAN 1998.

MARITAL STATUS: SINGLE.

LANGUAGES:

MALAYALAM, ENGLISH, HINDI &
TAMIL

ACTIVITIES AND INTERESTS:

Enthusiastic towards sports.

Enjoying Music & Travelling.

- ❖ Participated in “OVERVIEW OF RECENT APPROACHES AND ITS EVIDENCE IN NEURO REHABILITATION”.

MODALITY KNOWLEDGE AND EXPERIENCE:

- ❖ THERAPEUTIC TAPING
- ❖ Exercise therapy and group exercise programs including aerobic and strengthening exercises.
- ❖ Electrotherapy modalities and modalities-based rehabilitation.

PROJECT:

DONE A PROJECT ON “PREVALENCE OF TRAPEZIUS MYALGIA AMONG COLLEGE STUDENTS”.

JOURNAL:

COMPLETED A JOURNAL PRESENTATION ON “OCCUPATIONAL LUNG DISORDERS AND ITS PHYSIOTHERAPY MANAGEMENT”.

REFERENCES:

- ❖ MR. JOSEPH M A, HOD,
PHYSIOTHERAPY DEPARTMENT,
MEDICAL TRUST HOSPITAL, KOCHI,
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EMAIL: jo_physio@yahoo.co.in
- ❖ MR. ARUN THACHIL (PROFESSOR)
MEDICAL TRUST INSTITUTE OF
SCIENCE, KOCHI.
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