

CURRICULUM VITAE

LILLY TINILA K T
PULIKKAN HOUSE
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Career Objective

To secure a position as a registered nurse in a dynamic and challenging acute care setting where I can continue to develop my skills in patient advocacy and collaborative practice.

Educational Qualification

Education	Name of the Institute	Name of the University	Year of Passing
GNM NURSING	Lourdes College of Nursing	Kerala University of Health Science	2011 – 2014
PLUS TWO	Govt. of Kerala Higher Secondary School	Kerala Board	2009 – 2010
SSLC	O L F H S	Kerala Board	2008

Professional experience

Position	Hospital/Institution	Duration	Job Description
STAFF NURSE	Lourdes Hospital, Ernakulam	July 2014 to July 2019	Neonatal Intensive Care Unit.
STAFF NURSE	Lisie Hospital, Ernakulam	April 2021 to June 2022	Cardiothoracic Intensive Care Unit.

Reg. No : LK01201400917

Reg. Date : 23/06/2014

Reg. State : Kerala State Nursing Council.

Experience Details

I hold 5 Years' experience in **Neonatal Intensive Care Unit** & 1 year experience in **Cardiothoracic Intensive Care Unit**.

Job Description

Staff Nurse in Neonatal Intensive Care Unit in Lourdes Hospital, Kerala, India

- Provides care for neonates requiring medical and surgical emergency care.
- Initiates emergency measures as appropriate.
- Providing Cardio Pulmonary Resuscitation for neonates.
- Administer narcotic drugs.
- Assisting procedures like Endotracheal Intubations, intercostal drainage, lumbar puncture, Bone marrow aspiration, central line and UVC insertion, ascetic tapping, surfactant therapy, Exchange transfusion, radio graphic imaging studies.
- Preparation and administration of medications.
- Preoperative and post-operative care.
- Providing life supportive care such as Mechanical ventilator, continuous positive airway pressure, humidified high flow nasal cannula, low flow CPAP.
- Intravenous canalization for mature and premature neonates.
- Delivers Incubator Care.
- Hypothermic management for neonates with hypoxic Ischemic Encephalopathy.
- Delivers care in accordance with latest professional standards.
- Administration of oral and parental medications.
- Documents variations in patient conditions and associated nursing care in nursing progress notes.

- Admission and discharge procedures.
- Competent in applying the principles of medical asepsis and concurrent disinfections.
- Develop and initiates innovative teaching programme.

Experience using following Instruments.

- Cardiac monitors
- Glucometer
- Pulse Oxymeter
- Nebulizer
- IV Infusion and syringe pump
- Bio safety cabinet
- Sphygmomanometer
- Crash Card
- Suction Apparatus
- Laryngo Scops
- Incubators
- Radiant warmer
- Bililights
- Mechanical ventilator
- CPAP, High frequency ventilators and nasal cannula
- Gastrostomy tubes and colostomy bags
- Cooling cradles
- Orogastric and nasogastric tubes

- Umbilical and urinary catheters

Personal Information

Name : **LILLY TINILA K T**
Spouse Name : Sangeeth P Melvin
Date of Birth : 08-02-1993
Sex : Female
Marital Status : Married
Nationality : Indian
Religion : Christian, Latin Catholic
Languages Known : English, Malayalam

I hereby declare that the above information is true to the best of my knowledge and beliefs.

Place: India, Kerala

Date :

LILLY TINILA K T