

## **CURRICULUM ~ VITAE**



### **CAREER OBJECTIVE:**

TO WORK IN A HOSPITAL AS A BSC NURSE WHICH PROVIDES A CHALLENGING WORK ENVIRONMENT AND ALLOWS ME TO GROW BOTH PROFESSIONALLY AND AS AN INDIVIDUAL FOR THE BETTERMENT OF HUMAN SPECIES AND ENVIRONMENT.

### **PERSONAL DETAILS:**

**NAME** : **NEENA THOMAS**

**FATHERS NAME** : **THOMAS**

**DATE OF BIRTH** : **29/11/1995**

**SEX** : **FEMALE**

**NATIONALITY** : **INDIAN**

**MARITAL STATUS** : **SINGLE**

**RELIGION** : **CHRISTIAN**

**PERMANENT ADDRESS** : **CHALUMKARA HOUSE**  
**THIRUVAMPADY P O**  
**KOTTAYAM**  
**PIN: 686612**

**CONTACT NO** : **+91 -8304964530**

**ALL LANGUAGES KNOW** : **ENGLISH, MALAYALAM, TAMIL, KANNADA**

**E MAIL ID** : **neenaannathomas02gmail.com**

### **PROFESSIONAL EXPERIENCE**

**CLINICAL POSTING (Govt. Medical College, Kottayam)**

**BANGALORE INSTITUTE OF GASTROENTEROLOGY , BANGALORE - (Still working)**

### PROFESSIONAL QUALIFICATION

<i>QUALIFICATION</i>	<i>INSTITUTIONS</i>	<i>BOARD OF UNIVERSITY</i>	<i>YEAR OF PASSING</i>
<i>BSC NURSING</i>	<i>INSTITUTE OF NURSING EDUCATION, SME, GANDHINAGAR KOTTAYAM</i>	<i>MG UNIVERSITY</i>	<i>2018</i>

### ACADEMIC QUALIFICATION

<i>QUALIFICATION</i>	<i>INSTITUTIONS</i>	<i>BOARD OF UNIVERSITY</i>	<i>YEAR OF PASSING</i>	<i>MARK%</i>
<i>S.S.L.C</i>	<i>ST. AGNES HS , MUTTUCHIRA</i>	<i>KERALA BOARD SECONDARY EDUCATION</i>	<i>2011</i>	<i>75%</i>
<i>H.S.C</i>	<i>ST. MICHAELS HSS , KADUTHURUTHY</i>	<i>KERALA BOARD SECONDARY EDUCATION</i>	<i>2013</i>	<i>76%</i>

### COMPETENCE

- *GOOD COMMUNICATION SKILL*
- *LEADERSHIP SKILL*
- *QUICK LEARNER*
- *ORGANIZATIONAL SKILL*
- *SELF MOTIVATED*
- *HARD WORKING*

### DUTIES AND RESPONSIBILITIES

*MANAGEMENT OF PATIENT'S CARE INCLUDING ADMISSION, TRANSFER AND DISCHARGE*

*ASSESSMENT OF PATIENT'S NEEDS & PLANNING CARE FOR THEIR NEEDS*

*INTERPERSONAL RELATIONSHIP WITH THE HIGHER AUTHORITIES, CO-*

*WORKERS, PATIENTS & PATIENT'S RELATIVES  
MANAGEMENT OF SUPPLIES, EQUIPMENTS & ENVIRONMENT  
KEEPING REPORTS & RECORDS  
DEMONSTRATION OF PROCEDURES TO STUDENTS AND CLEARING DOUBTS  
HEALTH EDUCATION OF PATIENT or RELATIVE.*

**EQUIPMENTS USED**

*BP APPARATUS  
STEAM INHALER  
GLUCOMETER  
THERMOMETER  
AMBU BAG  
NEBULIZER  
PLASTER CUTTING MACHINE  
WEIGHT MACHINE  
STETHOSCOPE  
LARYNGOSCOPE  
PROCTOSCOPE  
ENDOTRACHEAL TUBE  
ROOM HEATER  
O<sub>2</sub> CYLINDER  
FLOW METER & HUMIDIFIER  
WARMER  
SUCTION APPARATUS  
NEEDLE CUTTER  
PULSE OXIMETER  
E C G MACHINE  
CENTRAL VENOUS CATHETER  
OPHTHALMOSCOPE  
HAMMER  
COMPUTER  
☐ C S F MANOMETER  
☐ VENTILATOR  
☐ 3D LAPAROSCOPIC INSTRUMENTS*

## **INFECTION CONTROL**

*DISINFECTION OF SOILED LINEN.*

*STRICT ASEPTIC TECHNIQUES FOR ALL STERILE PROCEDURES.*

*HAND WASHING.*

*SENDING EQUIPMENT AUTOCLAVING & GAS STERILIZATION.*

*PROPER DISPOSAL OF BIOLOGICAL & NON BIOLOGICAL WASTE MATERIALS.*

*ISOLATION & TREATMENT OF INFECTED PATIENTS.*

*USE OF GOWN, MASK, CAP & GOGGLES.*

*□ USE OF ANTISEPTIC SOLUTION FOR MOPPING, CLEANING, ETC.*

## **REFERENCES**

**1. MRS SAPTHAMI R S (NURSING**

**LECTURER)**

**INSTITUTE OF NURSING EDUCATION SME**

**GANDHINAGAR, KOTTAYAM**

**PH:9895250422**

## **DECLARATIONS**

**I DO HEREBY DECLARE THAT ALL MATTERS FURNISHED ABOVE  
ARE TRUE AND CORRECT TO BEST OF MY KNOWLEDGE AND BELIEF.**

**PLACE:**

**DATE:\_\_\_\_\_**

**(NEENA THOMAS)**