

CURRICULAM VITAE

PERSONAL DATA



NAME : NEETHU AUGUSTINE

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PERSONAL PARTICULARS

DATE OF BIRTH	23 RD AUGUST 1990	QUALIFI- CATION	Bsc Nursing
NATIONALITY	Indian	GENDER	Female
RELIGION	Christian	EXPERIENCE	General ward (Internal Medicine, Pediatric, General surgery, And OB/GYNE), Obstetrics&Gynaecolo gy ward, Neurology Dept.
CURRENT CITY	Thodupuzha	LANGUAGES	English, Malayalam, Hindi, Arabic

OBJECTIVES

- ❖ To render quality assured comprehensive nursing care to the client in any setting based on knowledge and skill.
- ❖ To work in challenging and stimulating environment which will enable me as well as enhance my knowledge and skills in nursing industry.
- ❖ To contribute positively towards the growth and profitability of the organization that I serve.

ACADEMIC QUALIFICATION

Sl no	Qualification	Place of study	University	Date of study	Percentage
1.	X Standard	S.M.H.S.S, ,Murickssery	Government of kerala	2005-2006	70%
2.	XII Standard	S.M.H.S.S Murickassery	Government of kerala	2007-2008	65%
3.	BSC Nursing	Rayalasee ma college of nursing	NTR University	2008-2012	71%

PROFESSIONAL WORK EXPERIENCE AND EXPOSURE

DESIGNATION	NAME&ADDRESS OF INSTITUTE	DEPARTMENT	DURATION
STAFF NURSE	HOLY FAMILY HOSPITAL, NEW DELHI	OBSTRETRICS AND GYNAECOLOGY	02-09-2013 TO 25-06-2015
STAFF NURSE	DURMA GENERAL HOSPITAL,DURMA,RIY ADH REGION UNDER MINISTRY OF HEALTH SAUDI ARABIA	GENERAL FEMALE WARD(INTERNAL MEDICINE,PEDIAT RIC, GENERAL SURGERY AND OB/GYNE)	20-09-2015 TO 27-07-2020
STAFF NURSE	ST. MARY'S HOSPITAL THODUPUZHA	MEDICAL & NEUROLOGY	03/09/2021 TO19/06/2022

REGISTRATION

Name of regulatory authority registered with: **The Andhra Pradesh nurses, midwives, auxiliary nurse-midwives and health visitors council**

Date of registration: **04-05-2013**

Registration number: **Nurse is 138671 and midwives is 13822**

Name of regulatory authority registered with: **Kerala Nurses And Midwives Council**

Date of registration: **19/08/2018**

Registration number: 39549

HOSPITAL PROFILE

Holy Family Hospital, New Delhi is a 345 bedded multispeciality hospital completed its 65 years of dedicated service to the sick people. The hospital has various departments like General Medicine, General Surgery, Paediatrics, Obstetrics, and Gynaecology, Pathology, Anaesthesia, Radiology, Neurology, Neurosurgery, orthopaedics, Ophthalmology, ENT, Dermatology, Psychiatry, Urology, Nephrology, Gastroenterology, Oncology, Thoracic, Plastic Surgery, Ayurveda, Homoeopathy, Community Health etc.

The **Durma General Hospital, Durma, Riyadh Region** under ministry of health, kingdom of Saudi Arabia. It is 50 bedded in capacity with Medical, Surgical, Paediatric, Gynaecology, ENT, Urology, Dialysis unit, specialities including 24 hours emergency department , operation theatre and neonatal intensive care unit.

It is also well equipped with ultrasound, x ray department, laboratory, and 24 hours blood bank.

JOB DESCRIPTION

- ❖ Worked as staff nurse in general ward and gynaecology ward.
- ❖ Basic nursing procedures performed in General ward and Gynaecology ward.
- ❖ Admission, transfer and discharge of patients.
- ❖ Direct patient care, formulating and implementing care plans.
- ❖ Mobilisation of patient in and out of bed.
- ❖ Administration of medication.
- ❖ Implementation of standing orders.
- ❖ Acting as a team leader during shifts.
- ❖ Liaisoning with doctors and paramedical staffs.
- ❖ Patient and family inspiration.
- ❖ Keep the unit ready to receive any emergency patient at any time.
- ❖ Daily checking of the unit- checking O2, suction.
- ❖ Meeting nutritional needs of the patients enteral and parenteral nutrition.
- ❖ Meeting elimination needs.
- ❖ Hemodynamic monitoring.
- ❖ Venepuncture, cannulation and removal of lines.
- ❖ Observation, reporting and recording.

- ❖ Administration of oxygen.
- ❖ Administration of blood and blood products.
- ❖ Care of dead and dying patients- psychological support to both patients and relatives.
- ❖ Preparation & assisting of diagnostic test:-abdominal paracentesis, thoracentesis, CT, X-ray, endoscopy and ultrasonography.
- ❖ Surgical nursing care, surgical dressing, Ryles tube insertion, gastric lavage, colostomy care, bowel wash, bladder catheterization, bladder wash, care of burn patient.
- ❖ Follow the guideline specification for care of the tracheostomy patients- tracheostomy care, maintain a patient airway, suction, nebulisation and antiembolic thrombosis measures.
- ❖ Cardio pulmonary resuscitation-basic and advance-defibrillation and cardioversion.
- ❖ Follow universal precaution and infection control protocols.
- ❖ Administration of thrombolytic agents and care.

DUTIES AND RESPONSIBILITIES

- ❖ Prepare the unit and admission of the patient to Emergency room.
- ❖ Make quick and accurate assessment.
- ❖ Monitor vital signs, connect all monitors including cardiac monitors, pulse oximeter, NIBP, and make continuous assessment, report to physician.
- ❖ Carrying all the resuscitation measures and nursing care.
- ❖ Assess client fears, anxieties, support system and patterns of coping.
- ❖ Establishing trusting relationship with patient and significant others.
- ❖ Evaluation and recording of patient's conditions.
- ❖ Assist in various procedures like endotracheal intubation, chest tube insertion, suturing of wounds etc.
- ❖ Provide bed side nursing care.
- ❖ Prepare the patient for various investigations like X-ray, ECG, Ultra sound, MRI, CT etc.
- ❖ Administer medication and treatments as prescribed by the physician.
- ❖ Handling of equipments and monitors such as
 - Laryngoscope, endotracheal tubes, airways, AMBU bag, defibrillator, suction apparatus, steriliser, splints, surgical instrument, nebuliser, syringe pump, infusion pump.

- Cardiac monitors, pulse oximeter, haemoglobinometer, sphygmomanometer, ECG machine, glucometer, digital thermometer.

CASE EXPERIENCE

Obstetrics&Gynaecological conditions :- Pelvic inflammatory disease, Chlamydia, Endometriosis, Breast cancer, Endometrial cancer, Sexually transmitted disease, Ovarian cysts, Uterine fibroids, Uterine prolapse, Vaginitis, Gestational diabetes mellitus, Anaemia in pregnancy, Antepartum haemorrhage, Abruption placenta, Abortion, Ectopic pregnancy, Congenital malformation of female genital tract, Malpresentation and Malposition, Pre-eclampsia, Puerperal psychiatric condition, Trophoblastic tumours, Vasa praevia, Retained placenta, Oligohydramnios, Polyhydramnios, LSCS, NSVD, Postpartum haemorrhage, Abortion, Cervical cerclage, D&C, E&C.

General ward conditions :- Pneumonia, Bronchiolitis, Hypertension, Diabetes Mellitus, CKD, UTI, Nephritis, Stroke, Cardiac Arrest, H1N1, Asthma, Coronary Heart Disease, Dementia, Cancer, Epilepsy, DVT, Appendectomy, Cholecystectomy, Breast biopsy, I&D, Debridement, Hemorrhoidectomy, Hernia, Tonsillectomy, Adenoidectomy, Circumcision, Chickenpox, Measles, Tuberculosis, Down's syndrome, Sickle Cell Anaemia, Thalassemia, Gastroenteritis, RTA, Drug overdose, Apnea, Respiratory distress syndrome, Jaundice, Meconium aspiration, Bedridden.

PROCEDURE EXPERIENCE

- IV cannulation, checking vital signs.
- Blood sample collection.
- Ryle's tube insertion.
- Catheterisation.
- Nebulisation
- CPR
- Endotracheal intubation
- ICD insertion.
- Central vein catheterization
- Cut down procedure.
- Wound dressing.

EQUIPMENT USED AND FULL OPERATIONAL KNOWLEDGE

- Cardiac monitor
- Defibrillator
- ECG Machine
- Pulse oximeter
- Laryngoscope

- AMBU bag
- Intubation set
- Nebuliser
- Suction apparatus
- Sphygmomanometer
- Glucometer
- Infusion pump
- Syringe pump
- CTG machine
- Doppler
- Phototherapy machine.

REFERENCES

- Mrs Filomina j Thomas
Nursing superintendent of Holy Family Hospital, Okhala road, New delhi.

- Mr Sultan Al Hussein
Nursing Director of Durma General Hospital, Riyadh, Saudi Arabia.

- Mrs. Elsamma Mathew
Nursing Superintendent of St Mary's Hospital, Thodupuzha

DECLARATION

I hereby solemnly do affirm that the particulars furnished above are all true and correct to the best of my knowledge.

Thodupuzha

21/06/2022

Neethu Augustine