

Anjana Joy

Junior Resident

Contact

Address

Angamaly, Kerala, 683572

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9496080330

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Skills

Primary care and counselling

Excellent

Diagnosis and prognosis

Very Good

Suturing

Very Good

Medication dispersal
IM,IV,SQ.

Excellent

Patient evaluation

Very Good

Good listening skills

Excellent

First Aid/CPR

Very Good

Patient observation

Conscientious student available for weekend, evening and holiday shifts. Considered hardworking, punctual and driven.

Reliable Junior Resident focused on women reproductive health to reduce maternal mortality rates is seeking a job opportunity as JR in _____ department to expand her skills and gain valuable real-world experience and know-how from a prestigious well administered hospital.

Work History

2021-02 -
2021-05

Volunteered in COVID 19 Vaccination Services

Ward Member, Angamaly, Kerala

- **Participated in continuous improvement** by generating suggestions, engaging in problem-solving activities to support teamwork.
- **Collaborated with ward 24 in Angamaly corporation** to improve vaccination rate.
- **Identified** issues, **analyzed** information and **provided solutions** to problems.
- **Adhered to social distancing protocols** and **wore mask or face shield** at all times.
- Demonstrated **respect, friendliness** and **willingness to help** whenever needed.

2019-11 -
2020-11

Completed 1 Year Full Internship

SNIMS,Hospital, N.Paravoor, Kerala

- Completed **daily rounds to check on patients** and **identify** any **reasons for concern**.
- **Reviewed clinical cases** to **gain** additional **understanding** of **disease etiology** and **progression**.
- **Assisted** with head doctor in **LSCS, vaginal deliveries**. Done **pap smear, IUI, biopsy** collection.
- **Assisted with research projects** on **adverse drug reactions** by compiling and organizing medical data from reports and patient interviews
- **Assisted patient medication administrations** using various methods such as **intravenous, intramuscular, oral, subcutaneous** and **pulmonary**.
- **Observed and recorded patient** conditions by assessing **vitals**.

Excellent

Infection prevention

Excellent

Minor OT procedures

Very Good

- **Educated women** on the importance of nutrition, diet and exercises.
- **Educated patients** on specific treatments and care plans.
- **Counseled female patients** on birth control methods, cervical and breast cancer and answered questions or concerns.
- **Prepared patients** for X-rays, usg, electrocardiograms, **suture removal** and dressing changes.
- **Obtained client medical history**, medication information, symptoms and allergies.
- **Prepared initial patient charts for admission.**
- Obtained **pre- and post-treatment vital signs** and weight.

Education

2014-11 -
2020-11

Bachelor Of Medicine and Bachelor of Science: Health Education

Sree Narayana Institute of Medical Science - N.Parvoor

- Received overall second-class degree
- Done Research project on **Prevalence and Risk factors of DEPRESSION among Geriatric population in Kunnukara Panchayat,Ernakulam,Kerala.**
- Article presentation done on **C-SECTION in Women following MYOMECTOMY BY F.odejnmi,S.stong** published in **Journal of Obstetrics and Gynaecology**

Accomplishments

- Achieved **73% and 75%** during **2nd and 3rd** of medical education.
- Submitted **project on risk factors and prevalence of Infertility in women and men** during my higher secondary education by **working in IVF clinic** . Ernakulam.