DR. PREETHY BHASIMON

[BAMS. MBA(HM) MD(AY) CFN]

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REG NO. 11590

Ayurvedic professional with over 6 years clinical experience. Specialized in Dravya Guna (pharmacognosy) From Amrita School Of Ayurveda, Vallikavu Kerala .(2017- 2020.)

CURRENT EXPERIENCE

Worked as a Junior Research Fellow in the RESTORE project titled "Ayurvedic treatment in the rehabilitation of ISCHEMIC stroke patients in India: A randomized controlled trial" funded by ICMR under the guidance of Dr. Vivek Nambiar Associate Professor in the department of Stroke Medicine. (from 5th July 2021till 23/4/2022), Amrita Institute of Medical Sciences & Research Center, Edapally Cochin.

KEY ACHIEVEMENTS DURING THE PROJECT.

The regular number of patients allotted under the project were recruited before the completion of project period and was the first institute in PAN INDIA to do so and we had been given a revised target in patient recruitment, which had been also met in the allotted time period. In the month of September 2021 became the first institute to do PAN INDIA top recruitments.

ADDITIONAL WORKS EXECUTED IN THE DEPARTMENT OF STROKE MEDICINE.

- On OP days assisting in taking history, intial assessment and general examination of all patients.
- Doing Prerounds and Preparing discharge summaries of IP patients.
- Maintaining MRS register of all OP day Patients From 5th July 2021
- Maintaining Department Stroke Registry From Nov 2021.

EXPERIENCES

- ♣ .Worked At Kottakal Arya Vaidyasala Tb road Kottayam.(2014-2017)
- ♣ .Worked At Oushadhi Vaidyasala, Thattampady Ernakulam(2013-2014)
- ♣ .Worked At Bipha Pharmaceuticals At Kottayam As Product Specialist (2010-2011) Handled training of medical representatives, preparation of therapeutic index and documentation of clinical cases.
- ♣ Weekly once Clinical consultation at Kottakal Arya Vaidyasala Mundakayam (2017-2019)

PAPER PRESENTATIONS IN VARIOUS NATIONAL AND INTERNATIONAL SEMINARS

- Presented A Clinical Research Paper At International Seminar In The 8th World Ayurveda Congress 2018 Held At Ahmedabad.
- Presented A Paper At International Ayush Conclave Held At Trivandrum In The Year 2019.
- Presented A Scientific Paper On Balachikitsa At Annual State Conference Of Amai In Feb 2018.
- Presented A Scientific Paper In An International Seminar Jignasa 2018 At Bangalore
- Presented A Scientific paper in An International seminar and national Arogya fair in 2021
- Presented A Clinical Research paper in Biocrest 2021: International symposium on Antimicrobial resistance in 2021

DISSERTATION

Invitro Study To Evaluate The Antimicrobial Activity Of *Adiantum Lunulatum* Burm Against Selected Drug Resistant Diarrhoeagenic Pathogens.

This Work Was Intended To Establish The Antimicrobial Activity Of Activity Of A Fern *Adiantum Lunulatum*. The Study Was Done In The Microbiology And Phytochemistry Department Of Amrita School Of Biotechnology. The Study Drug Extraction Was Taken And Tested For Activity Against drug Resistant Diarrhoeagenic Pathogens *E.Coli, Salmonella enterica thypii And Vibrio cholerae*.

PAPER PUBLISHED AND PRESENTED DURING MAIN COURSE

- Published A Paper Tittled "Colourants Used In Food And Pharmaceuticals A
 Comparison Of Natural And Synthetic Colours" In Current Medical And Drug Research
 Journal
- Published A Paper tittled "Role of Intergrative medicine in Prevention and Rehabilitation of Cardiac Disorders in Journal of Emerging Technologies and Innovative Research
- Abstract : A Case Report On Efficacy Of Fruit Of *Abelmoschus Esculentus* L Moench In Hyperglycemia [Published In Abstract Book Of 8th Wac Held At Ahmadabad.]
- Abstract: The Importance Of Prakaradi Yogas In Bala In Abstract Book Of Annual State Conference Of Amai In Febuary 2018.
- Abstract: The Biodiversity And Ayurveda In The Abstract Book Of International Seminar Jignasa 2018 At Banglore
- Abstract: Exploring Ayurveda As Preventive Health Care In The International Ayush Conclave 2019 Abstract Book.

Presented a poster on antimicrobial activity of Adiantum lunulatum in "AMR MAN vs MICROBES" an International symposium on AMR in "BIOCREST Feb2021"

TRAINING ATTENTED DURING MAIN COURSE

- Training In Various Clinical Departments And Integrative Medicine Department Of Amrita School Of Medicine. (AIMS KOCHI)
- Training At Center For Animal Facility And Research Center Aims Kochi
- Training At Amrita School Of Pharmacy, On Experimental Pharmacology

ADDITIONAL QUALIFICATIONS

MBA IN HOSPITAL MANAGEMENT

CERTIFICATE COURSE IN FOOD AND NUTRITION

SEMINARS ATTENDED

- 1. Manoyanam At Govt. Ayurveda College ,Kannur In The Year 2008
- 2. Caraka Tatvamritam At Amrita Ayurveda College Vallikavu In The Year 2008
- 3. Seminar On Pcos At Pankajkasturi In The Year 2008
- 4. Surya Namaskara Shibiram At Amrita Ayurveda College Vallikavu In

The Year 2008

5. National Seminar On Preventive Aspects Of Cardiology At Govt.

Ayurveda College Trripunithura In The Year 2009.

- 6. Management Of Diabetic Complications At Beach Orchid Kollam In The Year 2009.
- 7. Seminar On Preventive Cardiology At Le Merdian Ernakulam 2018
- 8. International Seminar In The 8th World Ayurveda Congress 2018 Held At Ahmedabad.
- 9.• International Ayush Conclave Held At Trivandrum In The Year 2019.
- 10. Annual State Conference Of Amai In Feb 2018.
- 11 An International Seminar Jignasa 2018 At Banglore

WEBINARS ATTENDED

- 1. "Dravyanusandana" conducted by dept. of DGV at Yenapoya Ayurveda medical college, Mangalore
- 2. An International webinar series on "Opportunities and challenges in research" conducted by Dept of Research SDM college Hassan(Rajiv Gandhi university of Health sciences Karnataka.) Aug.2020

- 3. A national webinar on uterus- congenital anomalies conducted by Vaidyaratnam college Ollur in Aug.2020
- 4. A webinar on "Clinical & Radiological evaluation of Knee joint" conducted by Vaidyaratnam college Thrissur in Aug. 2020
- 5. A webinar on battle against novel Corona conducted by Promega biotech and biotenika infolab private limited. In Aug 2020
- 6. Attended AMR MAN vs MICROBES an International symposium on AMR in BIOCREST Feb2021
- 7. Attended a webinar on pharmacovigilance in Ayurveda conducted by AAMC peripheral PV center in Aug 2020

REORIENTATION PROGRAMMES ATTENDED

1.Re-Orientation Training Programme In Rasa Sastra Conducted By Ayush

At Amrita Ayurveda Medical College In Vallikavu In The Year 2009

2. .Re-Orientation Training Programme In Prasuti & Sthree Roga

Conducted By Ayush At Amrita Ayurveda Medical College In Vallikavu In The Year 2009.

EXTRA CIRICULAR ACTIVITIES

Carrom, Gardening, Chess, Glass Painting, Reading, Drama, Essay Writing, Story Writing.

PERSONAL DETAILS

1.	Name	Preethy Bhasimon
2.	Father's Name	MB Bhasimon
3.	Mother's Name	Maya Bhasimon
4.	Husband's Name	Salaij KS
5.	Dob	29.03.1986
6.	Age	35 Yrs
7.	Nationality	Indian
8.	State	Kerala
9.	Sex	Female
10.	Religion	Hindu
11	Permanent Address	Kaipetty House
		Karamalloor po,Thattampady
		,Ernakulam
12.	Telephone Number	7306821660,7902287644

DECLARATION

All the information provided above are correct to the best of my knowledge.

DR. PREETHY BHASIMON