

Varanadu (H), Parappuram P.O, Puthiyedom, Ernakulam, Kerala, India- 683575

## Objective

To obtain a position in a Health Care Facility where I can utilize my skills, knowledge and experience to provide quality health care

## Experience

### STAFF NURSE | COVID ICU |

**LITTLE FLOWER HOSPITAL AND RESEARCH CENTRE – ANGAMALY**      **03/05/2021 – 02/08/2021**

- Maintained a safe medical environment.
- Assisted with examinations, procedures, and other patient care activities.
- Monitored, documented and communicated patients' conditions using computerized documentation systems.
- Maintained medical documentation in a thorough manner.
- Performed laboratory duties, including urinalysis, throat cultures, nasal swabs, etc.
- Handled patient questions and kept accurate records, maintaining confidentiality at all times.

### STAFF NURSE | NEURO – ORTHO ICU |

**AMRITA INSTITUTE OF MEDICAL SCIENCE – EDAPPALLY**      **17/06/2019 – 18/04/2021**

- Provided patient care, performed assessments, and interventions at a 10-bed ICU unit for Orthopedics surgical patients.
- Assessed patients' condition, notified physicians of clinical changes as well as prepared and implemented patient care plans.
- Monitored vital signs, adequacy of ventilation, and levels of consciousness and pain.
- Administered medications as determined by the patient's condition (IV, Sub-Q, etc.)
- Communicated the patient's condition to family members in a compassionate and non-technical manner.

### NURSE TRAINEE | NEURO SURGERY ICU |

**LITTLE FLOWER HOSPITAL AND RESEARCH CENTRE – ANGAMALY**      **07/04/2018 – 06/04/2019**

- Obtained and monitored patient vital signs.
- Cooperated with a multi-disciplinary team of MDs, PAs, etc. in a stressful environment.
- Handled patient questions and kept accurate records, maintaining confidentiality at all times.

## Key Skills

- Stress Management
- Decision making
- Triple lumen CVP
- AV fistulas
- Compassion
- Safe Patient Transfers
- Wound Care
- Documentation

- Bedside monitoring (HP, Philips)
- Patient Assessment
- Inventory maintenance
- Attention to Detail

- Patient/family education
- Communication
- Collaboration

## Equipment's Handled

- Ventilator
- HFO
- Suction apparatus
- Glucometer
- ECG Machine
- Thermometer
- IV infusion pump
- Syringe pump

## Education

### Post Basic BSc Nursing

*Little Flower College of Nursing, Angamaly, Kerala, India*  
2015-2017

### General Nursing and Midwifery

*Little Flower School of Nursing, Angalamy, Kerala, India*  
2011-2015

## Academic Achievements

- Best academic performer in 2015 batch post Basic BSc Nursing Course
- Attended workshops on “ Reflective practice, Role of ergonomics in health care, Nursing process –An overview”
- Participant at skill training programme **Aumento** 2016

## Licenses and Certifications

### Kerala State Nursing Council

*Life Membership*

Registration No: KL01201501034

## References

### Prof. V J Mariakutty

Principal, LFCON

Email: [vmariakutty4@gmail.com](mailto:vmariakutty4@gmail.com)

Mob: 9947290371

### Prof. Priya Joseph

Vice principal, LFCON

Email: [ifconangamaly@gmail.com](mailto:ifconangamaly@gmail.com)

Mob: 04842456448