

RAIMY MATHAI

KOTHAMANGALAM

KERALA - 686681

INDIA

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**OBJECTIVE:**

Seeking a Registered Nurse position which will give me an opportunity to expand my practical Experience at the same time as providing quality health care to residents.

PROFESSIONAL REGISTRATIONS :

Prof. Body	Year	Registration No:
Telangana State Nurses Midwives Auxillary Nurse Midwives and Health Visitors Council	2018	20562
Registered Midwives Auxillary of the Telangana Nursing Council	2018	20562

ACADEMIC & PROFESSIONAL QUALIFICATIONS:

Qualification	Institution	Year
Basic B.Sc. Nursing Degree Course (Dr. NTR University of Health Science)	Eashwari Bai Memorial College of Nursing, Vijayawada, Andhra Pradesh	2014-2018
Board of Higher Secondary Examination, Kerala	St.Stephens Higher Secondary School,Keerampara. Ernakulam(Dist),Kerala	2012-2014
Board of Public Examination (SSLC), Kerala	St.Stephens High School,Keerampara, Ernakulam (Dist.), Kerala	2012

CLINICAL EXPERIENCE:

- worked in APOLLO HOSPITALS, HYDERABAD, 550 bedded tertiary care hospital and is accredited by Joint Commission International (JCI) and National Accredited Board for Hospitals and Health Care Services (NABH). It has over 50 medical and surgical disciplines. Its services as supported by sophisticated technology and experienced medical professionals.

PERIOD : 08/08/2019 to 14/12/2021
DESIGNATION : Staff Nurse in pediatric ward.
AREA OF WORK : Pediatric Ward

EXPERIENCED PROCEDURES :

- o* IV Canulation
- o* Insertion of Ryles tube, feeding & gastric lavage
- o* Foley's Catheterization, bladder wash and irrigation.
- o* Suctioning.
- o* pediatric drug calculations and dosages
- o* Administration of fluid, electrolytes and drugs
- o* Vaccination
- o* VBG
- o* Back care
- o* Monitoring care
- o* Dressing
- o* Prevention of nasocomial infection
- o* Universal precaution

DUTIES & RESPONSIBILITIES:

- Maintenance of Good, Nurse- patient relationship including orientation of patient to the unit or room and parent family education. Patient assessment, reassessment and nurses notes.
- Check the vitals of the patients every hourly along with the date and time (Eg. B.P., RT feeding, drainage etc.) including pre and post procedure care and documentation.
- Monitoring of ECG
- Maintenance of intravenous fluids
- Administration of medication in time (Eg. OD, BID, TID, QID, STAT etc.).
- Hot and cold application (Eg. Ice bag, Hot water bag, Cold compress, sterile hot compress and cold sponge.)
- Care of pressure score (Eg.frequent back care & positioning
Personal Hygiene including assist in activities of daily living.

- Familiar with all protocols, administration of blood and blood products and care of immuno compromised patients.
- DVT Prophylaxis.
- Surgical dressing.
- Prevention of aspiration.
- GCS monitoring and close Neurological observation.
- Steam inhalation.
- Naso gastric and PEG tube feeding.
- Skin traction application and care.
- Care of ICD.
- Blood transfusion.
- Manage of pain scale.
- Care of Invasive catheters (Eg. IV cannula, Arterial line, Foley's catheter and central line).
- Maintaining records and reports.
- Supervision and orientation of students and new trainers.
- Cope up with the hospital policies.
- Follow-up treatment. Well versed in the cardio pulmonary resuscitation (As per ACLS protocol).

OTHER RESPONSIBILITIES

- Maintaining the drug and investigation chart as per orders
- Proper documentation of drugs administration and investigations done.
- Maintaining the equipment in working condition.
- Maintaining emergency drugs and equipments at accessible place.
- Proper monitoring of patient.
- Informing the doctor concerned whenever necessary
- Barrier nursing.
- Scrubbing, hand washing and aseptic precautions.
- Transportation of critically ill patients.

COMMUNITY INVOLVEMENT:

- > Rural Health Services
- > Active participation in the National Rural Health mission
- > Health education programs, nutrition and immunization programs
- > Domiciliary service

VOLUNTARY SERVICES:

Conducted health camp for the awareness of Nutritional and Pulse Polio program in Hyderabad and in Medak District.

REFERENCE:

Mrs. Prasanna Kumari Principal Eashwari Bai Memorial College of Nursing Vijayawada, Andhra Pradesh Ph No:+91-9010055008	Mrs. Surjeet kaur Nursing director Apollo Health city JubileeHills Hyderabad Telangana Ph No:914023607777
Dr. Sharmila kaza MBBS, M.D (pediatrician) Consultant pediatrician Apollo Health city JubileeHills Hyderabad Ph No:+18605001066	Mr. Suresh reddy Apollo health city JubileeHills Hyderabad Telangana Ph No:914023607777

PERSONAL DETAILS:

- Name : RAIMY MATHAI
- Sex : Female
- Age : 24 yrs.
- Date of Birth : 8th February 1997
- Marital Status : Single
- Religion : Christian, JSC
- Languages Known : English, Malayalam, Telugu and Hindi.
- Passport No : T5551824

DECLARATION

I solemnly declare that the above mentioned particulars about me are true and correct to the best of my knowledge and a fair reflection of my abilities.

Place:

Date:

(RAIMY MATHAI)

