



## CURRICULUM VITAE

### **ANILA VALSALAN**

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## OBJECTIVE

To obtain a position that would be sensitive to the needs of an experienced nurse. I would like to get an employer who is willing to utilise my knowledge and experience as well as my academic accomplishments.

## PERSONAL DETAILS

Name : Anila valsalan  
Age : 25  
Sex : female  
Father name : Valsalan M.A  
Marital status : married  
Date of birth : 22/08/1996  
Nationality : Indian  
Religion & caste : Christian, Jacobite  
Languages : English, Hindi, Malayalam, Tamil

## PASSPORT DETAILS

Passport number : U4565444  
Date of issue : 25/06/2020  
Place of issue : cochin  
Date of expiry : 24/06/2030

## ACADEMIC QUALIFICATIONS

% of marks	Year of passing	Board/ university	Name of institution	Course
97	2012	Board of public examination	Mar basil higher secondary school	SSLC
94	2014	Board of higher secondary examination	Mar basil higher secondary school	Plus two

## **PROFESSIONAL QUALIFICATIONS**

<b>% of marks</b>	<b>Year of passing</b>	<b>University</b>	<b>Name of institution</b>	<b>Course</b>
65	2018	Kerala university of health Sciences	Government college of nursing, Trivandrum	Bsc Nursing

## **PROFESSIONAL EXPERIENCE**

<b>Specification</b>	<b>Name and address of employer</b>	<b>Job title</b>	<b>Period</b>
Paediatric ICU	IMCH, Calicut	Staff nurse	27/07/2020 to 27/07/2021
Surgery ward	Government medical college, Trivandrum	Staff nurse	21/01/2019 to 27/01/2020

## **PROFESSIONAL REGISTRATION**

Name of the issuer : Kerala Nurses and Midwifery Council  
Register number : KL03201900596  
Date of issue : 14/01/2019  
Date of expiry : 13/01/2024

## **DEPARTMENTS**

- Paediatric ICU
- Surgery ward

## **EQUIPMENTS HANDLED**

- Pulse Oxymeter
- Glucometer
- Ambu bag
- Suction apparatus(wall mount, portable)
- Infusion pump
- Closed suction

- Syringe pump
- Ventilator
- ECG machine
- Defibrillator
- Cardiac monitor
- Nebuliser

## **DUTIES AND RESPONSIBILITIES**

- Complete assessment of patient and documents in medical record.
- Develops a plan of care based upon the assessment, diagnosis and expected outcomes of the patient.
- Evaluate clinical care services and all administrative operations and activities.
- Establishes and implement patient care protocol ensuring all regulations are met.
- Assist in carrying out procedures and doctors order according to accepted standards.

## **PATIENT CARE**

- Complete knowledge and take part in cardiopulmonary resuscitation.
- Administration of IV fluid fluids, medications and ionotrops ;it's calculation, assessment, maintenance of dosage and monitoring.
- Maintenance of good nurse patient relationship.
- Care of patients with transmission based precaution.
- Hot and cold application (e.g. ice bag, hot water bag, cold compress, sterile hot compress and cold sponge) .
- Check vitals of the patient every hourly along with date and time (e.g. BP, feeding, drainage, temperature etc.) including pre and post operative care and documentation.
- Bladder wash and enema.
- Tracheotomy care of patient (e.g. suctioning, tracheotomy dressing) .
- Care of pressure sore (e.g. frequent positioning and back care).
- Prevention of aspiration.
- Colostomy care
- Steam inhalation
- Nasogastric and PEG tube feeding
- IV cannulation
- Specimen collection (serum, ABG, sputum, urine, CSF)
- DVT prophylaxis, wound care with aseptic techniques
- Meet the physical, social and psychological needs of patient.
- GCS monitoring
- Management of pain scale
- Epidural care
- Care of invasive catheters like central line, arterial line, ICD , Foley's etc.
- Post operative fluid administration.
- Management of emergency conditions in both adults and peadiatric.
- Follow up treatment

## **SPECIAL PROCEDURES ASSISTED**

- Resuscitation
- Central venous catheterization
- Suturing
- ET intubation
- Pleural fluid aspiration
- Bone marrow aspiration
- Lumbar puncture
- Tracheotomy
- Arterial line

## **KEY SKILLS**

- Excellent verbal and written communication skill
- Team building and leadership
- Compassion and empathy

- Usage of computer and internet services
- Positive attitude
- Cool minded
- A good team player

## **DECLARATION**

I hereby declare that the above mentioned information are true to the best of my knowledge and belief.

**Place** : Ernakulam

**Date** :

Anila Valsalan