

**SWAPNA MOL P. J**

**GNM**

**CONTACT : 8714311922, 6282967422**

**EMAIL : language23p91@gmail.com**

**Six Year's Experience**

**• Smt. R. B. Shah Mahavir Super-speciality Hospital,**

 **(NABH& NABL Accredited Hospital )**

 **Opposite Jivan Bharti School, Nanpura, Surat-395001,Gujarat,**

 **India., Contact Number 0261- 2292000**

 **Position Of Medical Surgical Ward Nurse**

 **Year Of 12/05/2008 - 17/02/2009**

**• Hind Institute Of Medical Sciences, (NABH Accredited Hospital )**

 **Safedabad, Barabanki Road, Near Canal, Lucknow Metro**

**, Lucknow, Uttar Pradesh.**

 **Position Of Medical & Surgical Ward Nurse**

 **Year Of 17/04/2009 - 13/08/2010**

**• Puthiyedom Hospital, Poovarany, Kottayam, Kerala**

 **Contact Number 04822-226376, 9447125476**

 **Position Of Medical Ward Nurse**

 **Year Of 30/09/2017 - 12/06/2021**

**🖋️WORK EXPERIENCE**

**•S. S. L. C**

 **ST. Mary's Higher Secondary School Champakulam,**

**Alappuzha, Kerala.**

 **Year Of 2000**

**•Plus Two**

 **ST. Mary's Higher Secondary School**

**Champakulam,Alappuzha, Kerala.**

 **Year Of 2000- 2002**

**🎓 PROFESSIONAL QUALIFICATION**

 **•GNM ( General Nursing & Midwifery )**

 **GOLDFINCH SCHOOL OF NURSING,BANGALORE**

 **YEAR OF 2004 -2007.**

 **APPROVED BY**

 **• KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD.**

 **REG. NUM: 03DN 14047, DATE 23/01/2008**

 **• INDIAN NURSING COUNCIL**

 **• KERALA NURSES AND MIDWIVES COUNCIL REG. NUMB: 87438**

 **DATE 15/02/2013**

**🎓EDUCATION**

🖋️**JOB DESCRIPTION**

**SUMMARY**

**Attentive and qualified Medical Surgical**

**Ward Nurse with 6 years of**

**professional experience.**

**CAREER OBJECTIVE**

**An honest sincere and dedicated Nursing Professional seeking opportunity to exhibit skills in providing holistic care to the patients; also adaptableand flexible to changing demands of the profession.**

**PERSONAL DETAILS**

* *D. O. B. : 30/09/*1984
* SEX :FEMALE
* NATIONALITY : INDIAN
* LANGUAGE KNOWN : HINDI,

 ENGLISH, MALAYALAM

* MARITAL STATUS : MARRIED

 Address

  **PULINTHARA HOUSE,**

 **AMICHAKARY**

 **CHAMPAKULAM P. O**

 **ALAPPUZHA, 688505**

 **INDIA**

* **Assessing, planning, implementing, and evaluating patient care plans in consultation with healthcare professionals.**
* **Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and post-surgery patients.**
* **Preparing, administering and recording prescribed medications.**
* **Changing dressings, inserting catheters, and starting IVs.**
* **Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.**
* **Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.**
* **Collaborating on discharge planning with the healthcare team.**
* **Answering questions and educating patients and their families on surgical procedures and post-surgery care.**
* **Maintaining and updating patient files, medical charts, and health records.**
* **Adhering to best nursing practices, standards, and protocols.**

 **🎓SkILLS**

* **Pain management**
* **Administration of blood and blood products**
* **Obtaining blood from central venous line**
* **IV Therapy**
* **Care of drains/tubes**
* **Providing for safe patient environment**
* **Communication**
* **Patient rights**
* **Collaboration**
* **Problem-solving**

 **🖋️DECLARATION**

 **I hereby declare that all the information provided above is true to the best of**

 **my knowledge.**

 **By**

 **Your's Faithfully**

**Place : Alappuzha SWAPNA P. J**



**Date :**