**JOHNCY PANICKER**

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**Profile**

Permanent Address : Pushpamangalath Anish Villa,

 Kilikolloor, Jyothi Nagar

 Kollam – 691004, Kerala

Date of Birth : 21st April 1994

Gender : Male

Nationality : Indian

Religion : Christian

Marital Status : Unmarried

Languages : English, Malayalam, Hindi, French, Kannada

I am an Orthopaedic graduate from India, a highly motivated and hardworking doctor, aspiring to work in a well-established hospital with a good patient load. In my opinion, I integrate well with my colleagues and adapt quickly to new environments. During my residency, I was able to learn and upgrade the art of patient care and also developed a keen interest in research. I am prepared to accept and face new challenges.

**Education and Certifications**

* 10th Grade (Central Board of Secondary Education - CBSE) : 2010
* Al Taawan School (Sherwood Academy)－ Abu Dhabi, United Arab Emirates
* 12th Grade (Central Board of Secondary Education - CBSE) : 2012
* Abu Dhabi Indian School－ Abu Dhabi, United Arab Emirates
* Bachelor of Medicine/Bachelor of Surgery (MBBS): August 2012 – December 2016
* K.S. Hedge Medical Academy (Nitte University)－ Mangalore, India
* **Master of Surgery (M.S) Orthopaedics**)**:** May 2019 – May 2022 **Amrita Institute of Medical Sciences and Research Centre**, Kochi, University - Amrita Vishwa Vidyapeetham, Coimbatore

**Other Certifications**

* **Basic Course in Biomedical Research** offered by ICMR-National Institute of Epidemiology (ICMR-NIE)
* **AO Trauma Blended Course—**Basic Principles of Fracture Management, November 2021, India

**Clinical Work Experience and Training**

1. **Internship post MBBS:** January 2017 to January 2018 at **Justice K.S. Hegde Charitable Hospital** － Mangalore

During internship at this multispecialty tertiary care centre, I obtained training under

supervision in all the specialties including Orthopaedics, OBG, General Surgery, General Medicine, Dermatology, Psychiatry, Ophthalmology, Otorhinolaryngology, Emergency Medicine as well as Preventive & Social Medicine. I also did rural service for a period of one month at Sharada Dhanavantri Charitable Hospital, Sringeri, Karnataka during this period. Apart from this I was also exposed to super specialty training in the Departments of Paediatric Surgery, Plastic and Reconstructive Surgery.

1. **Surgical Junior Resident, 3 years (**May 2019 – May 2022) **in Department of Orthopaedics at Amrita Institute of Medical Sciences and Research Centre - Kochi**

As a resident in the Department of Orthopaedics at a 1300-bedded tertiary care hospital, I had a vast clinical exposure to a variety of cases with multidisciplinary approach. I was also exposed to multidisciplinary approach with Physical Medicine and Rehabilitation, Rheumatology & Plastic Reconstructive Surgery. The hospital is one among the best quaternary health care centres for Arthroplasty & Arthroscopy services in the state, as well as being a ISAKOS approved training centre. It is also first centre in India to attain the Robotic-arm assisted (MAKO) for joint replacement.

Rotation among various units gave an adequate exposure to all subspecialties:

• General Orthopaedics and Paediatric Orthopaedics, Musculoskeletal Oncology and & Limb Reconstructive Surgery – 10 months

• Arthroplasty & Arthroscopy – 16 months

• Spine – 10 months

* Assisted in the Bilateral Hand Transplant conducted first in South Asia at our hospital headed by Department of Plastic and Reconstructive Surgery
* Apart from managing both OPD & In-patients, independently & with supervision
* I was also involved in teaching of undergraduate students posted in orthopaedics.
* Attended various medical camps organized by the hospital
* Assisted in organizing the Amrita Fracture Courses, an annual trauma teaching programme at our hospital.
* Assisted in organizing the Amrita Bone Tumour Course, the first of its kind teaching programme at our hospital.
* Attended Cochin Orthopaedic Society meets, State, South Zone, National and International conferences during the period of my study.

**Presentations, Publications and Conferences**

PRESENTATIONS

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| --- | --- | --- | --- |
| Sl. No. | Date and Place | TITLE | CONFERENCE |
| 1 | 27-28th November 2021, Cape Town, South Africa | “ROTATIONAL REFERENCE AXES IN TKA” | **INTERNATIONAL E- POSTER** at International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, ***ISAKOS 2021: Global***, virtual conference |
| 2 | 27-28th November 2021, Cape Town, South Africa | “ROBOTIC-ARM ASSISTED LATERAL UKA : A PROMISING EARLY FOLLOW-UP | **INTERNATIONAL E- POSTER** at International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, ***ISAKOS 2021: Global***, virtual conference |
| 3 | 21st to 25th December 2021, Goa, India | CT BASED STUDY OF FEMORAL AND TIBIAL ROTATIONAL AXES IN KNEE ARTHROPLASTY | **NATIONAL FREE PAPER** **ORAL PODIUM at 66th IOACON**, annual conference of Indian Orthopaedic Association |
| 4 | 21st to 25th December 2021, Goa, India | “MANAGEMENT DILEMMA IN TIBIAL PLATEAU FRACTURE WITH COMPARTMENT SYNDROME IN A HAEMOPHILIAC ” | **NATIONAL E- POSTER at 66th IOACON**, annual conference of Indian Orthopaedic Association |
| 5 | 24-25th September 2021 Salem, India | AN INDIAN PERSPECTIVE ON ROBOTIC-ARM ASSISTED LATERAL UNICOMPARTMENTAL REPLACEMENT” | **NATIONAL FREE PAPER at 20th OASISCON**, annual conference of Orthopaedic Association of South Indian States, virtual conference |
| 6 | 24-25th September 2021 Salem, India | “LOWER EXTREMITY AMPUTEE WITH IPSILATERAL INTERTROCHANTERIC FRACTURE” | **NATIONAL E- POSTER at 20th OASISCON**, annual conference of Orthopaedic Association of South Indian States, virtual conference |
| 7 | 14-17th October 2021, Kochi, India | ”DISTAL FEMUR REFERENCE AXES IN TKA – A CT BASED STUDY” | **INTERNATIONAL FREE PAPER** in 3rd Biennial Cochin International Orthopaedic Summit **(CIOS 2021)** virtual conference |
| 8 | 27-29th November 2020 | “SOLID ABC - ? A DECEPTIVE ENIGMA”  | **NATIONAL E- POSTER at 19TH OASISCON** annual conference of Orthopaedic Association of South Indian States, virtual conference |

PUBLICATIONS

**Undergraduate**

1. Vishal K., Dr Vinay K V., **Johncy I P**., **Morphology and morphometry of infra orbital foramen in South Indian adult dry skulls** July 2014, National Journal of Clinical Anatomy Vol 3(3):122-127
2. **Johncy Itty Panicker,** Vishal Kumar, Vinay Kumar Veerannasetty (2016). **Anthropometric Analysis of Infraorbital Foramen in Adult Indian Dry Skull.** Journal of Health and Allied Sciences NU. 06. 027-030. 10.1055/s-0040-1708636.

**Post** **under graduation**

1. Thadi Mohan, **Johncy Panicker**, Jai Thilak, Druvan Shaji, Harsha Hari,  **"SHORT-TERM OUTCOMES OF ROBOTIC LATERAL UNICOMPARTMENTAL KNEE ARTHROPLASTY : AN INDIAN PERSPECTIVE**", Indian Journal of Orthopaedics, *JOIO* (2021), <https://doi.org/10.1007/s43465-021-00555-7>
2. **Johncy Panicker**, Balu C Babu, Vipin Mohan, Dhruvan SP, Annie Jojo, Deepthi S, KK Chandrababu **“Solid aneurysmal bone cyst of proximal tibia with resemblance to telangiectatic osteosarcoma (CASE REPORT)”. (***Submitted to* ***Journal Of Orthopaedic Case Reports*)**
3. Jai Thilak, **Johncy Panicker,** Thadi Mohan, Amritaraj Satheesh, Harsha Hari**, “ A Computed Tomographic Evaluation Of Femoral And Tibial Reference Axes In Knee Arthroplasty”.** (*Submitted to* ***Journal of Arthroplasty***)

CONFERENCES and CMEs attended

**Undergraduate**

* **PHOENIX 2014 –** **International Medical Undergraduate Conference** held on24th and 25th March, 2014 at A.J. Institute of Medical Sciences Mangalore.
* **ELIXIR 2015 –** **International Medical Undergraduate Conference** held on6th and 7th March, 2015 at K S Hegde Medical Academy, Mangalore.
* **CME** on **New paradigms in Vitiligo management and Workshop on NCES and its modifications** conducted by the Department of Dermatology on 10th September, 2017 at Justice K S Hegde Charitable Hospital, Mangalore.
* ‘**Workshop on Neonatal Resuscitation** conducted by Department of Paediatrics on 19th December 2017 at Justice K S Hegde Charitable Hospital, Mangalore.

**Post** **under graduation**

* ***Amrita Fracture Course 2019*** and workshop at Amrita Institute of Medical Sciences, Kochi on 16th And 17st November 2019.
* ***19thOASISCON***, annual national conference of Orthopaedic Association Of South Indian States (Virtual Conference) on 27-29th November 2020.
* ***Amrita Fracture Course 2021*** and workshop at Amrita Institute of Medical Sciences, Kochi (Virtual Conference) on January 16-17th 2021.
* ***Amrita Bone Tumour Course 2021*** (Virtual Conference) at Amrita Institute Of Medical Sciences, Kochi on April 10-11th 2021.
* ***20th OASISCON***, annual national conference of Orthopaedic Association of South Indian States, hybrid conference on 24-25th September 2021, held in Salem, India
* 3rd Biennial Cochin International Orthopaedic Summit ***(CIOS 2021)*** on 14-17th October 2021
* ***ISSICON 2021 Virtual***, International Spine and Spinal Injuries Conference : Virtual on 18-21st November 2021
* International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, ***ISAKOS 2021: Global***, virtual conference on 27-28th November 2021
* **PG Teaching Course** at ***66th IOACON***, annual conference of Indian Orthopaedic Association**,** on 21st to 25th December 2021 held in Goa, India
* **Basic Spine Cadaveric Course** at ***66th IOACON***, annual conference of Indian Orthopaedic Association**,** on 21st to 25th December 2021 held in Goa, India
* **39th Mangalore Orthopaedic Course** at KS Hegde Hospital, Mangalore, Karnataka on 18th – 20th February 2022

**Other Activities**

**Voluntary Services:**

* Active participant in voluntary community outreach program – **GRAMA KSHEMA.** In this program, a group (4 medical students) is given complete medical responsibility of a family below the poverty line and also educate, create awareness on various infectious diseases.
* Attended two camps of 5 days each organised by **National Service Scheme(NSS)** which is an Indiangovernment sponsored public service program aimed at social service and public awareness, 2014

**Sports:**

* Member of the **Al Tawaan School (Sherwood Academy)** Senior-Boys Cricket Team.
* Member of the **Al Tawaan School (Sherwood Academy)** Junior Boys Basketball Team.
* Gold Medals in other games such as **Discus, Caroms**
* Member of the **K S Hegde Student Council as Sports Leader**

**Others:**

* Attended Vacation Bible School from Primary grade to Senior Grade.
* Served as a lecturer for Vacation Bible School.

**References**

1. **Dr. KK Chandrababu** - Professor, Department of Orthopaedics, Amrita Institute of Medical Sciences and Research Centre, Kochi, India
2. **Dr. Jai Thilak K** - Professor, Department of Orthopaedics, Amrita Institute of Medical Sciences and Research Centre, Kochi, India
3. **Dr Sukanya Shetty** - Professor, Department of Biochemistry, Justice K.S. Hegde Charitable Hospital, Mangalore, India

I, ***Johncy Itty Panicker***, hereby declare that the above mentioned information is true and to the best of my knowledge.



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Dr Johncy Itty Panicker