



# SIENA

## 4TH SEMESTER MSW STUDENT

Seeking a position as a social worker, to utilize skills in an environment that place high value on serving the needs of individuals. And that can provide a steady growth and learning opportunity that contributes to my professional and personal growth.

### EDUCATION

#### ST. Albert's College (Autonomous), Ernakulam

Pursuing | MSW- Medical and psychiatric social work

#### ST. Teresa's College (Autonomous), Ernakulam

2020 | BA Sociology

#### St. Antony's H.S.S, Kacheripady, Ernakulam

2017 | Plus Two

#### Don Bosco Senior Secondary School, Vaduthala, Ernakulam

2015 | ICSE

### INTERNSHIPS

#### Medical social work trainee

Aster MIMS Hospital, Calicut | May 2nd 2022 onwards

#### Psychiatric Social work Trainee

Chaitanya IMH, Pune | 1st Dec - 28th Dec 2021

#### Tele-Counsellor

District Mental Health Programme, Ernakulam | April 2021 - Sep 2021

#### Lifestyle-eco warrior

Bhumi NGO | April 2021 - June 2021

#### Intern

St. Teresa's College Library, Ernakulam | Jan 2018 - Jan 2019

#### Creative-eco warrior

Bhumi NGO | April 2021 - June 2021

#### Palliative Care

Primary Health Centre, Meloor, Thrissur | May 2019

### COURSES

#### Graphic Designing

State Resource Centre, Kerala | March 2018



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teresa lane, Boat Jetty Road,  
Vaduthala P.O, Ernakulam,  
Kerala, India  
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sienalourdson1999@gmail.com



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### SKILLS

- Microsoft Office
- Graphic Designing
- Rapport Building Skill
- SPSS
- Networking Skill
- Communication Skill
- Leadership Skill

### HOBBIES

- Drawing
- Painting

### INTERESTS



Counseling

## REFERENCES

- SHYJA ANTONY  
SENIOR CLERK, DISTRICT MEDICAL  
OFFICE ERNAKULAM, HEALTH SERVICES  
DEPARTMENT, GOVT. OF KERALA

 9496625141

 shyjaantony2015@gmail.com

- LOURDSON I V  
SENIOR CLERK, NCC DEPARTMENT,  
GOVT. OF KERALA

 9995350141

 lourdsoniv67@gmail.com

## PERSONAL DETAILS

- DATE OF BIRTH  
29-09-1999
- NATIONALITY  
INDIAN
- MARITAL STATUS  
SINGLE

## ACADEMIC PROJECTS

Problems faced by kudumbashree members working in the parking sector of Indian railway with special reference to Ernakulam District| 2020

Levels of stress, depression and anxiety of parents of differently abled adolescents with special reference to cochin corporation|2022

## AWARDS RECEIVED

1st position in Documentary ,Rang online youth festival, Kites Foundation|Nov 2020

1st position in Doodle, Rang online youth festival, Kites Foundation| April 2022

3rd position in Origami, Rang online youth festival, Kites Foundation| April 2022

## OTHERS

### Assistant General Secretary

Sociology Association, ST. Teresa's College (Autonomous), Ernakulam | 2019-2020

### Volunteer

ESAF, Ernakulam

### Member of Bhoomithrasena Club constituted by Govt. of Kerala for Strengthening the commitment of students towards environmental protection

Directorate of Environment & Climate Change

### Completed Zero-Hour service Programme

St.Teresa's College Library, Ernakulam

### Volunteer

RENDEZVOUS, the inter-institutional fast organized by the Department of Sociology, St. Teresa's College (Autonomous), Ernakulam

### Participated in the State Level Interdisciplinary Seminar on Environmental Sustainability- Changing Phases

St. Teresa's College(Autonomous), Ernakulam