

# IRENE TRESA JOSEPH

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## JUNIOR DOCTOR

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## Objective

Seeking a position of Junior Doctor within a professional environment which utilizes my skills and knowledge in the field of healthcare as well as provides an opportunity for further growth and career advancement.

## Experience

### Government Medical College, Kottayam

April 2020 - April 2021

#### INTERN

Internship of 365 days at Government Medical College Kottayam including:

- 2 months in Internal Medicine
- 2 months in General Surgery
- 2 months in Obstetrics and Gynecology
- 2 months in various Primary and Community Health Care centers
- 1 month in Orthopedics
- 1 month in Pediatrics
- 2 weeks in Pulmonary Medicine
- 2 weeks in Emergency Medicine
- 2 weeks in Psychiatry
- 2 weeks each in specialty postings - Anesthesia/ENT/Ophthalmology

### Government Medical College, Kottayam

May 2021 - July 2021

#### NON-ACADEMIC JUNIOR RESIDENT

Employed as junior doctor to work primarily in duties involving COVID-19

including:

- 1 month in Covid Critical Care (ICU)
- 1 month in Covid Non-Critical Care (Internal Medicine Ward)
- 1 month in Covid Triage & Emergency

### MarSleeva Medicity, Palai

August 2021 - March 2022

#### MEDICAL OFFICER

Employed as junior doctor under Department of Pulmonology in duties involving:

- Morning and evening rounds and ward duties
- Daytime ward on call duties
- Cross consultations and ER consultations
- Organizing pulmonary rehabilitation groups
- Patient counselling regarding medication and rehab
- Involvement in TB medication distribution and PFTs
- Post-Covid Clinic OPD duties

## Skills & Abilities

- Primary assessment of patients, history & physical examination, ordering and analysis of relevant investigations and coming to a clinical diagnosis.
- Basic management of complaints and handling of emergencies.
- Suturing of wounds with local anesthesia, wound cleaning and dressing, wound debridement, ray amputation, incision and drainage, management of burns.
- Well versed in life support mechanisms such as performed >25 CPR / Observed >10 intubations and assisted in three.
- Knows intrapartum monitoring and can conduct normal delivery with episiotomy and wound suturing.
- Has assisted and performed procedures such as lumbar puncture, pleural tap, ascitic tap, bone biopsy and ICD insertion.
  - Is a motivated and hardworking person who is passionate about medicine
  - Good communication skills and excellent ability to work in a team to further patient care
  - Quick learner
  - Adaptable and flexible to various situations

## Education

Government Medical College, Kottayam

MBBS - Batch of 2015

## Achievements

- Batch Rank 7 in Final MBBS Degree Examination
- KEAM Rank 112

## Interests

- Creative writing
- Photography
- Cooking
- Drawing & Design
- Reading